

Sweat Studio - North Miami Beach

north miami beach



Published on: 28/05/25	Hits: 240
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Welcome to Sweat Studio: Your Premier Pilates Destination in North Miami Beach

Located in the vibrant community of North Miami Beach, **Sweat Studio** is a premier Pilates studio that emphasizes accessibility and inclusivity. With amenities designed to cater to everyone, including a **wheelchair-accessible car park** and a **wheelchair-accessible toilet**, Sweat Studio ensures that all individuals can enjoy their fitness journey without barriers.

A Women-Owned Business Committed to Community

Sweat Studio proudly identifies as a **women-owned business**, fostering a welcoming environment for all. The studio is much more than just a place to work out; it's a community that promotes empowerment and support among its members. Students rave about the friendly atmosphere created by Rikki and her amazing team, which makes each visit an enjoyable experience.

Amenities That Enhance Your Workout Experience

At Sweat Studio, thoughtful planning goes into every detail. The studio features **clean facilities** and a motivating ambiance, complete with high-energy playlists that enhance every workout session. From **toilets** to communal space, everything is designed with your comfort in mind. The studio offers small group classes, allowing for personalized attention and a focus on full-body workouts that keep you engaged and challenged. Plus, **appointments are recommended** to secure your spot in these popular classes!

Why Choose Sweat Studio?

Students consistently express their love for Sweat Studio, highlighting the **intense classes** and supportive instructors. As one member noted, "I have been taking classes here since November and I have learned so much about myself and my body." It's not just about sweating; it's about discovering your potential. Skyler, one of the celebrated instructors, was praised for creating an electric atmosphere during her classes. Participants leave feeling invigorated, referring to the sessions as some of the best workouts they've ever experienced. The energy is contagious, making it easy to push past your limits.

Join the Sweat Studio Community Today!

If you're seeking a workout that combines intensity, great music, and a **supportive community**, look no further than Sweat Studio. Experience the difference of being part of a studio that truly cares about your fitness journey. With inventive class options like the **30-minute Ab Attack & Booty Blast** and a focus on core strength, everyone can find a class that fits their needs. Visit Sweat Studio today and find out for yourself why so many people are hooked!

The location of our business is in

15400 Biscayne Blvd Suite 101, 33160 North Miami Beach, Florida - United States (US)

The contact line of this **Pilates studio** is $\pm 1305-627-3767$ And if you want to send a WhatsApp, you can do so at $\pm 1305-627-3767$

The website is Sweat Studio

If you need to alter any information that you feel is incorrect concerning this web, we kindly request send us a message and we will fix it promptly. Thank you in advance we appreciate it.



Sweat studio street view 360deg



Sweat studio pilates studio



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Sweat studio map



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Tags

Planning, Toilet, From the business, Amenities, Wheelchair-accessible car park, Appointments recommended, Wheelchair-accessible toilet, Accessibility, Identifies as women-owned

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