

## Club Pilates - Orlando

orlando



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orlando

## Club Pilates - Orlando

### Welcome to Club Pilates in Orlando, Florida

Club Pilates offers a unique fitness experience focused on the principles of Pilates, making it an ideal choice for individuals seeking both physical and mental well-being. Located in Orlando, this studio not only nurtures your body but also fosters a welcoming environment for all members of the community.

### Accessibility and Amenities

At Club Pilates, accessibility is a priority. The studio boasts features such as a **wheelchair-accessible entrance**, a **wheelchair-accessible toilet**, and a **wheelchair-accessible car park**. This makes it easier for everyone, including those with mobility challenges, to participate in their fitness journey. The studio is also dedicated to being a **transgender safe space**, providing an inclusive environment for all genders. Their commitment to diversity is reflected in their identity as a **Black-owned** business, making it a part of the vibrant fabric of the Orlando community.

## From the Business

Club Pilates not only emphasizes physical fitness but also offers **active military discounts** to honor those who serve. The studio encourages **planning** ahead as **appointments are required** and **recommended** to ensure a spot in classes. This system helps to manage class sizes while allowing for tailored instruction based on individual fitness levels.

## Community and Class Experience

The energy in the studio is palpable, with instructors like Alina and Kenlee receiving accolades for their supportive teaching styles. Many members appreciate how they provide consistent direction and modifications for different skill levels. One member stated, "I have been taking classes for a couple of months. I really enjoy classes with Alina and Kenlee; they are awesome!" While some members value the challenge and personal encouragement from instructors, others express the need for additional support, particularly beginners. It's recommended that newcomers start with beginner-friendly classes to ease into the experience.

## Highlighted Features

Members have praised the excellent facilities, stating: "The studio is clean, and the equipment is of high quality." Many have developed friendships within the community, enhancing their overall experience. As one satisfied member noted, "Come for the workout, stay for the instructors!" Classes range from beginner to advanced levels, ensuring something for everyone.

## Final Thoughts

Club Pilates Orlando is a fantastic place to embark on your Pilates journey. With a focus on inclusivity, accessibility, and community engagement, it offers a balanced approach to fitness that emphasizes both personal growth and support. Whether you are looking to strengthen your body or find solace in a stress-relieving workout, Club Pilates is ready to welcome you with open arms.

## Our business is found at

504 N Alafaya Trail Suite 108, 32828 Orlando, Florida - United States (US)

The phone number of said **Pilates studio** is +1407-204-9501

And if you want to send a WhatsApp, you can do so at +1407-204-9501

## Visit us during the following hours:

Day Hours  
Monday

6?AM–8:30?PM

Tuesday

6?AM–8:30?PM

Wednesday

6?AM–8:30?PM

Thursday

6?AM–8:30?PM

Friday

6?AM–7:30?PM

Saturday

7?AM–1:30?PM

Sunday

8?AM–3?PM

The website is Club Pilates

If you require to adjust any data that you consider is not accurate concerning this page, we ask deliver a message so that we will handle it as soon as possible. Thanks beforehand thanks.

## Images



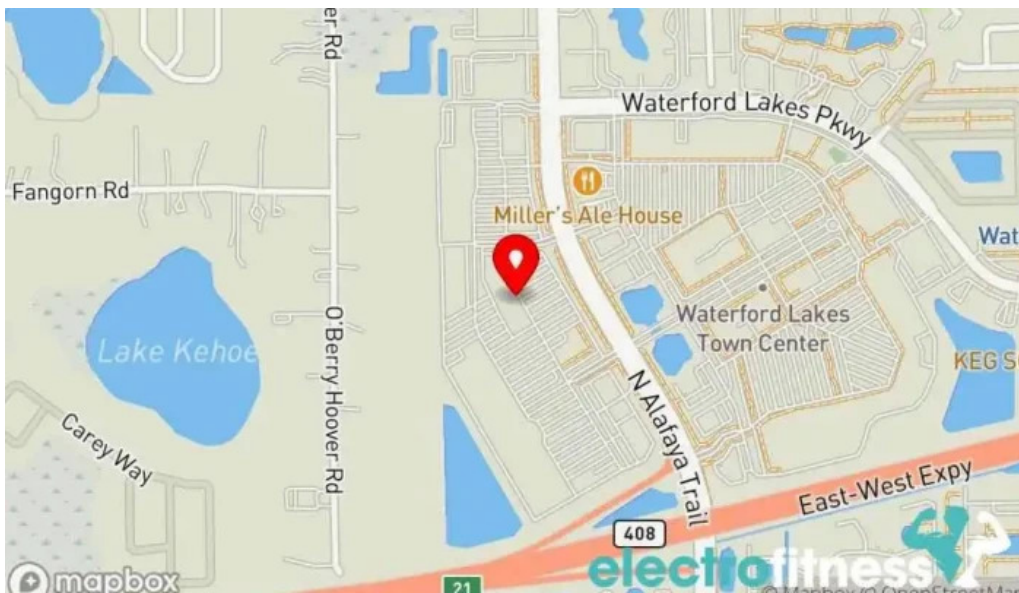
*Club pilates street view 360deg*



*Club pilates pilates studio*



*Club pilates orlando*



*Club pilates map*





# CLUB PILATES®

*Club pilates by owner*



*Club pilates all*

## Tags

*Appointment required, From the business, Wheelchair-accessible car park, Wheelchair-accessible toilet, Appointments recommended, Planning, Active military discounts, Wheelchair-accessible entrance, Transgender safe space, Identifies as Black-owned, Toilet, Crowd, Amenities, Accessibility, Highlights, LGBTQ+ friendly*

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**4.9 \*** *Club Pilates - Tempe*

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**3.9 \*** *Club Pilates - Westlake Village*

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<b>4.5 *</b>	<i>Club Pilates - Lafayette</i>
<b>4.9 *</b>	<i>Club Pilates - Aiken</i>
<b>4.9 *</b>	<i>Club Pilates - Waldorf</i>
<b>4.9 *</b>	<i>Club Pilates - Spokane</i>
<b>4.9 *</b>	<i>Imx Pilates &amp; Fitness Lafayette - Lafayette</i>
<b>3.9 *</b>	<i>Oak Hills Boxing Club - Hesperia</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center

convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist



kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex

sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization