

Phoenix Pilates and Rossiter Center - Phoenix

phoenix

☐ I'm not a robot
 

Published on: 01/05/25	Hits: 30
Comments: 0	See comments
Votes: 3	Score: 5

https://www.electrofitness.com/pilates-studio/phoenix/phoenix-pilates-and-rossiter-center-phoenix_257724.php



phoenix

Phoenix Pilates and Rossiter Center - Phoenix

Welcome to Phoenix Pilates and Rossiter Center

Located in the heart of Phoenix, Arizona, ****Phoenix Pilates and Rossiter Center**** stands out as a premier destination for fitness enthusiasts. With a focus on personalized training, this studio offers a variety of services tailored to meet individual needs.

Outdoor Services

Phoenix Pilates is embracing the natural beauty of Arizona by offering

****outdoor services**** that allow clients to enjoy their workouts in a refreshing environment. This unique option is perfect for those looking to connect with nature while enhancing their physical fitness.

Planning Your Visit

When planning your visit to Phoenix Pilates, it is advisable to book an appointment as it is required for all sessions. Appointments are recommended to ensure you receive the personal attention needed for an effective workout.

Amenities at Phoenix Pilates

Phoenix Pilates boasts a range of ****amenities**** designed to enhance your overall experience: - ****Gender-Neutral Toilets:**** The studio is committed to inclusivity, featuring gender-neutral toilets for the comfort of all clients. - ****Wheelchair-Accessible Facilities:**** Accessibility is a priority here, with a wheelchair-accessible entrance and toilet, as well as a wheelchair-accessible car park to accommodate all guests.

On-Site Services

From private sessions with skilled instructors to engaging group classes, ****on-site services**** are tailored specifically to client needs. Deborah Lavinsky, a standout instructor, has received rave reviews for her ability to accommodate individual physical limitations while ensuring an effective workout. Clients appreciate the wide selection of Pilates equipment available, which allows for modifications suited to their personal fitness goals.

Online Classes

In addition to the in-studio experience, ****online classes**** are offered, providing flexibility for those who prefer to workout from home or cannot make it to the studio. This option ensures that everyone can continue their Pilates journey regardless of their location.

Testimonials from Satisfied Clients

Clients have shared their experiences at Phoenix Pilates, highlighting the effectiveness of the workouts: - "I take private Pilates sessions with Deborah. She is extremely knowledgeable, accommodating my physical limitations to give me a good workout." - "Amazing Transformation! Deborah Lavinsky is the most precise and personal trainer I have ever had! I love the studio, my Mat Pilates workouts, and the other classes Deborah offers!"

Join Us at Phoenix Pilates and Rossiter Center

Whether you're interested in a ****full body workout**** through barre classes or excellent stretching and muscle work with roller classes, Phoenix Pilates and Rossiter Center has something for everyone. Identifying as a women-owned business, this studio fosters a welcoming environment for all who seek to

enhance their well-being. Make sure to visit or book an appointment today to experience the vibrant community and transformative fitness programs offered at Phoenix Pilates!

The location of our business is in

12037 S 45th St, 85044 Phoenix, Arizona - United States (US)

The contact phone of the mentioned **Pilates studio** is +1602-318-5068
And if you want to send a WhatsApp, you can do so at +1602-318-5068

Our service hours are:

Day	Hours
Monday	7?AM–6?PM
Tuesday	7?AM–6?PM
Wednesday	7?AM–6?PM
Thursday	Closed
Friday	Closed
Saturday	7?AM–6?PM
Sunday	7?AM–6?PM

The website is Phoenix Pilates and Rossiter Center

If you wish to update any data that you believe is not accurate concerning this portal, we urge you to deliver a message so that we will correct it at the earliest convenience. With anticipation thanks for your cooperation.

Images



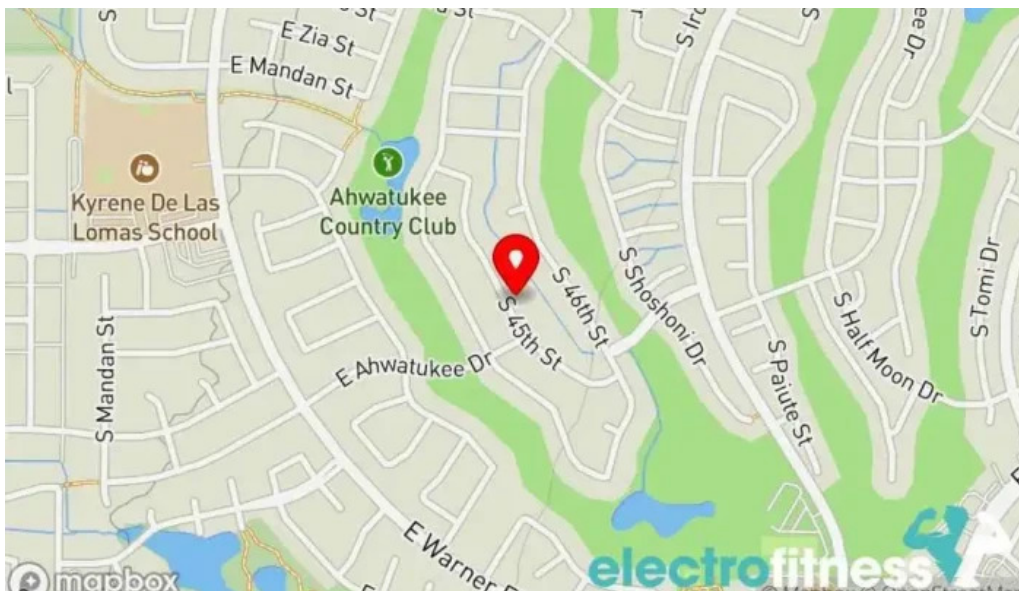
Phoenix pilates and rossiter center yoga



Phoenix pilates and rossiter center street view 360deg



Phoenix pilates and rossiter center phoenix



Phoenix pilates and rossiter center map



Phoenix pilates and rossiter center by owner



Phoenix pilates and rossiter center all

Tags

Wheelchair-accessible car park, Outdoor services, From the business, Gender-neutral toilets, Identifies as women-owned, Accessibility, Amenities, Toilet, Appointments recommended, Online classes, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Appointment required, Planning, Service options, On-site services

Related content

4.9 * *Bodhi Pilates - Highlands Ranch*

5.0 * *Pilates Plus - Centennial*

5.0 * *Pilates Plus - Westlake Village Thousand Oaks - Thousand Oaks*

5.0 *	<i>The Pilates Den - Williston</i>
5.0 *	<i>Essential Physical Therapy & Pilates - Montpelier</i>
3.6 *	<i>Common Core Pilates - Walnut Creek</i>
4.9 *	<i>Imx Pilates & Fitness Lafayette - Lafayette</i>
4.5 *	<i>Teague Classical Pilates - Agoura Hills</i>
5.0 *	<i>A Fine Balance Pilates & Dance - Centennial</i>
4.5 *	<i>Contra Costa Pilates Center - Walnut Creek</i>

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor

country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school

massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket

swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization