

The Pilates Den - Williston

williston

☐ I'm not a robot
 

Published on: 21/04/25	Hits: 10
Comments: 0	See comments
Votes: 1	Score: 5

https://www.electrofitness.com/pilates-studio/williston/the-pilates-den-williston_218783.php



williston

The Pilates Den - Williston

The Pilates Den: A Premier Pilates Studio in Williston, Vermont

Welcome to **The Pilates Den**, a leading Pilates studio located in the heart of Williston, Vermont. Known for its commitment to wellness and community, The Pilates Den offers a variety of on-site services tailored to meet the needs of every individual.

Accessibility and Inclusivity

At The Pilates Den, accessibility is a top priority. The studio features a **wheelchair-accessible car park**, ensuring that everyone can easily access the facilities. This commitment to inclusivity allows all clients to enjoy their Pilates journey without barriers.

A Women-Owned Business

The Pilates Den proudly **identifies as women-owned**, emphasizing empowerment and support for women in the community. The studio fosters a welcoming atmosphere where individuals can focus on their health and fitness goals while building strong connections.

Amenities and Service Options

Clients at The Pilates Den can benefit from various **amenities**, designed to enhance their experience. From high-quality Pilates equipment to relaxing spaces for post-class reflection, the studio ensures that every detail contributes to a positive environment.

Flexible Class Options

Understanding the demands of modern life, The Pilates Den offers **online classes** alongside in-studio sessions. This flexibility allows clients to maintain their routine whether they prefer the studio environment or the comfort of their home.

Convenient Facilities

The Pilates Den is equipped with essential facilities, including a **toilet** for added convenience. This attention to detail ensures that clients can fully focus on their practice without distractions.

Planning Your Visit

To get the most out of your experience, it is **recommended to make appointments** in advance. This helps ensure that you secure your preferred class times and receive personalized attention from our skilled instructors.

Experience The Pilates Den Today

Discover the benefits of Pilates at The Pilates Den in Williston, Vermont. With a focus on accessibility, a supportive environment, and a range of service options, this studio is dedicated to helping you achieve your wellness goals.

You can reach us at

228 Sundown Dr, 05495 Williston, Vermont - United States (US)

The phone of the mentioned **Pilates studio** is +1802-318-6378

And if you want to send a WhatsApp, you can do so at +1802-318-6378

You can visit us at the following hours:

Day Hours
Monday

Closed

Tuesday

Closed

Wednesday

8:30?AM–5?PM

Thursday

8:30?AM–5?PM

Friday

8:30?AM–5?PM

Saturday

8:30?AM–5?PM

Sunday

8:30?AM–5?PM

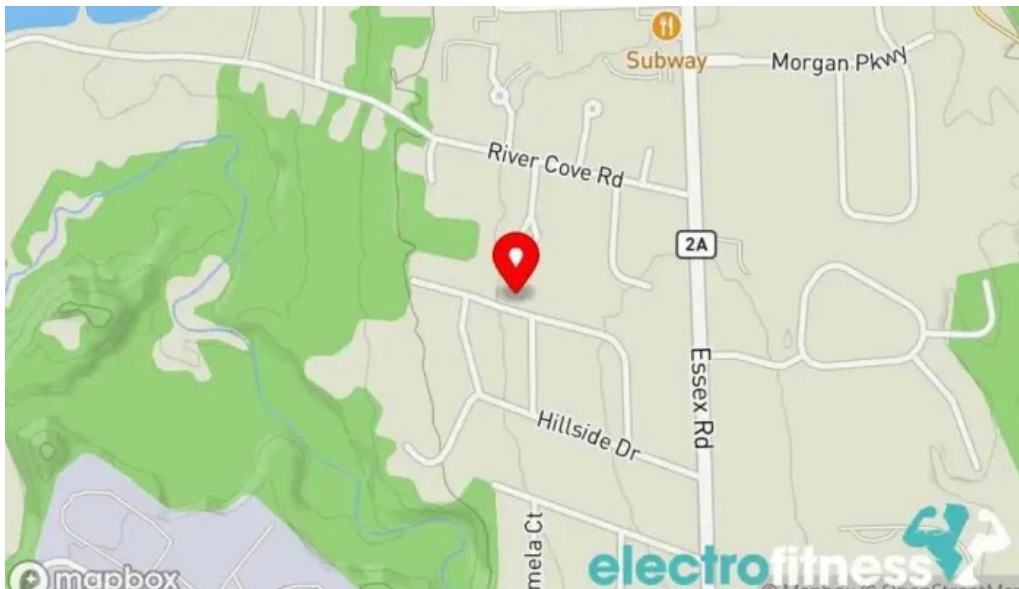
The website is The Pilates Den

If you need to modify any element that you believe is not correct about this web, please deliver a message and we will adjust it at the earliest convenience. Thank you in advance thank you very much.

Images



The pilates den williston



The pilates den map



The pilates den all

Tags

On-site services, Amenities, Identifies as women-owned, Accessibility, Appointments recommended, Wheelchair-accessible car park, From the business, Planning, Service options, Toilet, Online classes

Related content

5.0 *	<i>Pilates Plus - Centennial</i>
4.9 *	<i>Bodhi Pilates - Highlands Ranch</i>
3.6 *	<i>Common Core Pilates - Walnut Creek</i>
5.0 *	<i>Mouv Pilates Studio - Crown Point</i>
5.0 *	<i>A Fine Balance Pilates & Dance - Centennial</i>
5.0 *	<i>Cranky Pilates - Walnut Creek</i>
4.9 *	<i>Imx Pilates & Fitness Lafayette - Lafayette</i>
5.0 *	<i>Mighty Pilates Lafayette - Lafayette</i>
4.9 *	<i>Club Pilates - Waldorf</i>
4.6 *	<i>Club Pilates - Eagle</i>

Categories

academic department
acupuncture clinic
amusement park ride
animal feed store
arena
association / organization
athletic club
auditorium
bar
basketball club
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa

hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
summer camp organizer

supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization