

Southwest Recreation Center - Gainesville

gainesville



Published on: 04/05/25	Hits: 4770
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Southwest Recreation Center - Gainesville

Exploring the Southwest Recreation Center in Gainesville, Florida

The **Southwest Recreation Center** is a premier fitness facility located in the heart of Gainesville, Florida. This expansive center is designed to cater to all fitness enthusiasts, offering a wide range of amenities and services that ensure an enjoyable workout experience for everyone.

Accessibility and Amenities

One of the key features of the Southwest Recreation Center is its commitment

to **accessibility**. The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easy for all guests to access the gym. Additionally, the center offers **gender-neutral toilets**, ensuring a comfortable experience for all users.

Sports Facilities

For sports lovers, the recreation center doesn't disappoint. It features several courts, including a **basketball court** and a **tennis court**, which provide ample opportunities for both casual games and structured leagues. These facilities are well-maintained and designed to accommodate various skill levels, from beginners to advanced players.

Workout Environment

Visitors often comment on the friendly and welcoming atmosphere of the center. Many newcomers have expressed relief at finding a space that is not intimidating but encouraging. With a decent amount of equipment available and many workout groups, it's an ideal place to start or continue a fitness journey. However, some users have noted that during peak hours, the gym can become crowded, making it difficult to access certain machines. This has led to requests for additional equipment, particularly in the weight training area, where members have highlighted the need for more machines like the prone hamstring curl and chest fly/rear delt machines.

Overall Experience

Reviewers frequently highlight the cleanliness and spaciousness of the Southwest Recreation Center. Despite occasional overcrowding, especially in the evening, the facility manages to maintain a high standard of hygiene. Visitors appreciate the extended hours, allowing access until midnight, and the absence of recording devices, which contributes to a more private workout environment. While some have raised concerns regarding operational hours and the process for gaining access to the gym, the overall sentiment remains positive. The staff is often described as friendly and helpful, contributing to a pleasant experience for visitors.

Conclusion

The Southwest Recreation Center stands out as a fantastic option for UF students and community members alike. With its diverse amenities, commitment to accessibility, and welcoming atmosphere, it's clear why many choose this facility as their go-to fitness destination in Gainesville. Whether you're looking to join a workout group, play a game of basketball, or simply use the extensive gym equipment, this center has something for everyone.

We are positioned at

The contact phone of the mentioned **Recreation center** is $\pm 1352-846-1081$ And if you want to send a WhatsApp, you can do so at $\pm 1352-846-1081$

Our opening hours are:

Day Hours Monday Closed Tuesday Closed Wednesday 10?AM–10?PM Thursday Closed Friday 10?AM–10?PM Saturday 5:30?AM–12?AM Sunday 5:30?AM–7?PM

The website is Southwest Recreation Center

If you need to adjust any information that you feel is not correct about this site, we urge you to deliver a message and we will handle it as soon as possible. In advance we appreciate it.

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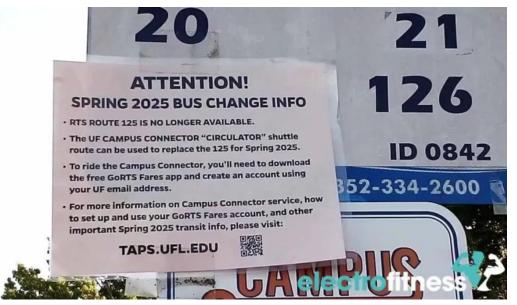
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Wheelchair-accessible car park, Amenities, Basketball court, Wheelchair-accessible entrance, Gender-neutral toilets, Has a tennis court, Accessibility

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