


## Central Spokane Ymca - Ymca of the Inland Northwest - Spokane spokane

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*spokane*

## *Central Spokane Ymca - Ymca of the Inland Northwest - Spokane*

### **Welcome to Central Spokane YMCA: Your Community Recreation Center**

The Central Spokane YMCA, part of the YMCA of the Inland Northwest, serves as a vital hub for fitness, family activities, and community connectivity in Spokane, Washington. This facility offers a range of amenities that cater to diverse needs, ensuring accessibility for all members.

### **Accessibility Features**

A key consideration at the Central Spokane YMCA is **accessibility**. The center features a **wheelchair-accessible entrance**, allowing easy entry for individuals with mobility challenges. Additionally, there is a **wheelchair-accessible car park**, making it convenient for visitors who require special accommodations.

### **Swimming Pool and Other Amenities**

One of the prime attractions of the YMCA is its **swimming pool**. It provides a perfect setting for both leisure and fitness activities. Whether you're looking to swim laps or enjoy a fun family day, the pool caters to all ages. There are also spa facilities, including a hot tub and a steam room, contributing to a holistic wellness experience. The Central Spokane YMCA is not just about fitness; it's an excellent venue for hosting events such as **kids' birthday parties**. Many families have found it to be a great location to celebrate their children's special days amidst fun activities.

### **Sports Facilities for Active Families**

For those interested in sports, the YMCA boasts a spacious **basketball court** that is frequently available for recreation, making it easier for families to engage in physical activities together. Member reviews express satisfaction with the availability and functionality of the sporting amenities, although some note areas for improvement regarding equipment maintenance.

### **A Family-Friendly Environment**

The YMCA is praised for its welcoming atmosphere and commitment to community building. Many parents appreciate the **Child Watch** services, which provide valuable childcare while they work out. Staff members are often noted for their friendliness, remembering children's names and catering to their individual needs. However, feedback has highlighted occasional concerns regarding staff responsiveness and communication.

### **Member Experience**

Despite some critiques regarding high membership fees and inconsistent facility maintenance, the overall sentiment remains positive. Many members express gratitude for the sense of community fostered at the Central Spokane YMCA. The facility offers numerous classes and family-friendly programs, creating a nurturing environment where individuals and families can pursue health and wellness goals.

### **Final Thoughts**

In conclusion, the Central Spokane YMCA is more than just a gym; it's a community resource that empowers individuals and families to lead healthier lives. With its **wheelchair-accessible features**, engaging amenities, and emphasis on child-centric services, it continues to be a cherished space for

residents of Spokane. Whether you are looking to improve your fitness or find a place for your kids' activities, the Central Spokane YMCA is dedicated to meeting the needs of its diverse members.

### **You can find us at**

930 N Monroe St, 99201 Spokane, Washington - United States (US)

The contact line of the mentioned **Recreation center** is +1509-777-9622  
And if you want to send a WhatsApp, you can do so at +1509-777-9622

### **You can visit us at the following hours:**

Day	Hours
Monday	5?AM–9?PM
Tuesday	5?AM–9?PM
Wednesday	5?AM–9?PM
Thursday	7?AM–9?PM
Friday	9?AM–8?PM
Saturday	5?AM–9?PM
Sunday	5?AM–9?PM

The website is Central Spokane YMCA - YMCA of the Inland Northwest

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## **Images**



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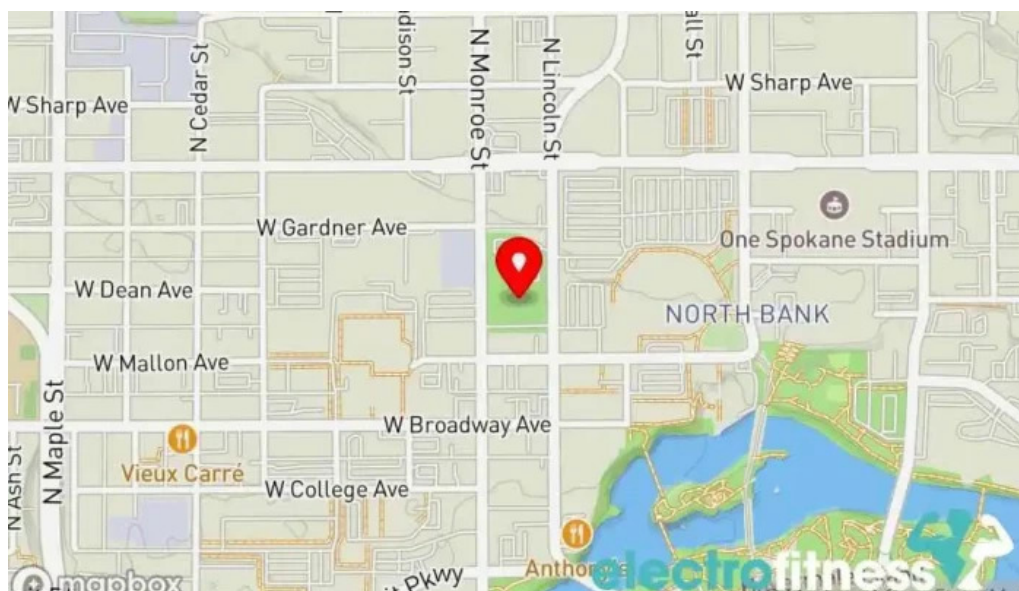


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## Tags

*Wheelchair-accessible entrance, Accessibility, Children, Swimming pool, Amenities, Wheelchair-accessible car park, Basketball court, Good for kids birthday*

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academic department
acupuncture clinic
after school program
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amusement park ride
animal feed store
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aquatic centre
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bar
basketball club
basketball court
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store

counselor
country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club



martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
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public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school

summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
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training centre
vitamin & supplements store
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