

Central Spokane Ymca - Ymca of the Inland Northwest - Spokane

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Welcome to Central Spokane YMCA: Your Community Recreation Center

The Central Spokane YMCA, part of the YMCA of the Inland Northwest, serves as a vital hub for fitness, family activities, and community connectivity in Spokane, Washington. This facility offers a range of amenities that cater to diverse needs, ensuring accessibility for all members.

Accessibility Features

A key consideration at the Central Spokane YMCA is **accessibility**. The center features a **wheelchair-accessible entrance**, allowing easy entry for individuals with mobility challenges. Additionally, there is a **wheelchair-accessible car park**, making it convenient for visitors who require special accommodations.

Swimming Pool and Other Amenities

One of the prime attractions of the YMCA is its **swimming pool**. It provides a perfect setting for both leisure and fitness activities. Whether you're looking to swim laps or enjoy a fun family day, the pool caters to all ages. There are also spa facilities, including a hot tub and a steam room, contributing to a holistic wellness experience. The Central Spokane YMCA is not just about fitness; it's an excellent venue for hosting events such as **kids' birthday parties**. Many families have found it to be a great location to celebrate their children's special days amidst fun activities.

Sports Facilities for Active Families

For those interested in sports, the YMCA boasts a spacious **basketball court** that is frequently available for recreation, making it easier for families to engage in physical activities together. Member reviews express satisfaction with the availability and functionality of the sporting amenities, although some note areas for improvement regarding equipment maintenance.

A Family-Friendly Environment

The YMCA is praised for its welcoming atmosphere and commitment to community building. Many parents appreciate the **Child Watch** services, which provide valuable childcare while they work out. Staff members are often noted for their friendliness, remembering children's names and catering to their individual needs. However, feedback has highlighted occasional concerns regarding staff responsiveness and communication.

Member Experience

Despite some critiques regarding high membership fees and inconsistent facility maintenance, the overall sentiment remains positive. Many members express gratitude for the sense of community fostered at the Central Spokane YMCA. The facility offers numerous classes and family-friendly programs, creating a nurturing environment where individuals and families can pursue health and wellness goals.

Final Thoughts

In conclusion, the Central Spokane YMCA is more than just a gym; it's a community resource that empowers individuals and families to lead healthier lives. With its **wheelchair-accessible features**, engaging amenities, and emphasis on child-centric services, it continues to be a cherished space for

residents of Spokane. Whether you are looking to improve your fitness or find a place for your kids' activities, the Central Spokane YMCA is dedicated to meeting the needs of its diverse members.

You can find us at

930 N Monroe St, 99201 Spokane, Washington - United States (US)

The contact line of the mentioned **Recreation center** is +1509-777-9622
And if you want to send a WhatsApp, you can do so at +1509-777-9622

You can visit us at the following hours:

- Day Hours
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5?AM-9?PM
- Tuesday
5?AM-9?PM
- Wednesday
5?AM-9?PM
- Thursday
7?AM-9?PM
- Friday
9?AM-8?PM
- Saturday
5?AM-9?PM
- Sunday
5?AM-9?PM

The website is Central Spokane YMCA - YMCA of the Inland Northwest

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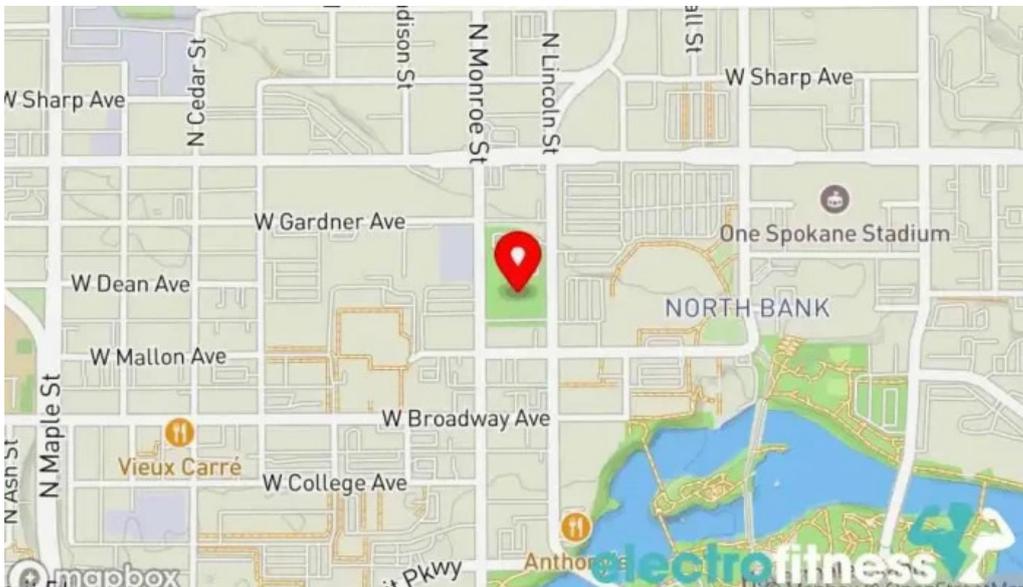
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Tags

Wheelchair-accessible entrance, Accessibility, Children, Swimming pool, Amenities, Wheelchair-accessible car park, Basketball court, Good for kids birthday

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