

Modernize My Fight - Agoura Hills

agoura hills

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Modernize My Fight: A Premier Self-Defense School in Agoura Hills, California

If you're looking for an empowering and welcoming self-defense school, **Modernize My Fight** in Agoura Hills, California is the place to be. With a strong focus on both physical fitness and mental well-being, this school is dedicated to helping individuals of all ages develop essential self-defense skills in a supportive environment.

Accessibility and Amenities

Modernize My Fight is designed with accessibility in mind. The facility features a **wheelchair-accessible entrance** and a **wheelchair-accessible toilet**, ensuring that everyone can participate in classes comfortably. There is also a **wheelchair-accessible car park**, making it easy for those with mobility challenges to visit the gym. Additionally, the school offers a **free parking lot** for the convenience of all members.

Service Options and Class Availability

At Modernize My Fight, you will find a variety of **service options** tailored to meet different needs. The school provides both **on-site services** and **online classes**, allowing flexibility for anyone interested in learning self-defense techniques. Whether you prefer the camaraderie of group classes or the personalized attention of private lessons, Modernize My Fight has something for everyone.

A Community of Support and Growth

The atmosphere at Modernize My Fight is one of encouragement and family-like support. Many students, including children and adults, have reported significant improvements in their confidence, strength, and overall mental acuity since joining the school. Coaches Ari and Dale are renowned for their patience, motivational teaching style, and commitment to each individual's growth, making every class a rewarding experience.

Emphasis on Real-Life Self-Defense Techniques

Students learn practical self-defense strategies that go beyond traditional martial arts training. Classes focus on real-life scenarios, empowering students to handle potential threats effectively while building core strength and agility. As one parent noted, their child saw remarkable improvement in her confidence and physical health through the combative classes, showcasing how effective Modernize My Fight's training methods can be.

Family-Friendly Environment

Modernize My Fight values inclusivity, offering family classes that engage multiple generations in learning self-defense together. This community-oriented approach not only teaches vital skills but also fosters friendships and strengthens family bonds.

Why Choose Modernize My Fight?

Choosing Modernize My Fight means joining a vibrant community dedicated to personal growth and safety. With its outstanding instructors, accessible facilities, and focus on practical self-defense techniques, it's no wonder so many people rave about their experiences here. Whether you're a beginner or have years of martial arts experience, Modernize My Fight is committed to helping you achieve your goals.

Take the first step towards a stronger, more confident you by exploring the classes offered at Modernize My Fight — where skill-building meets fun!

You will find us at

28708 Roadside Dr Suite D, 91301 Agoura Hills, California - United States (US)

The phone of this **Self defense school** is +1805-551-1435

And if you want to send a WhatsApp, you can do so at +1805-551-1435

Our service hours are:

Day	Hours
Monday	9:30?AM–12?PM
Tuesday	Closed
Wednesday	10?AM–7:30?PM
Thursday	10?AM–7:30?PM
Friday	10?AM–7:30?PM
Saturday	10?AM–7:30?PM
Sunday	10?AM–7:30?PM

The website is Modernize My Fight

If you wish to alter any detail that you feel is incorrect related to this portal, we ask deliver a message so that we will correct it quickly. With anticipation thank you very much.

Images



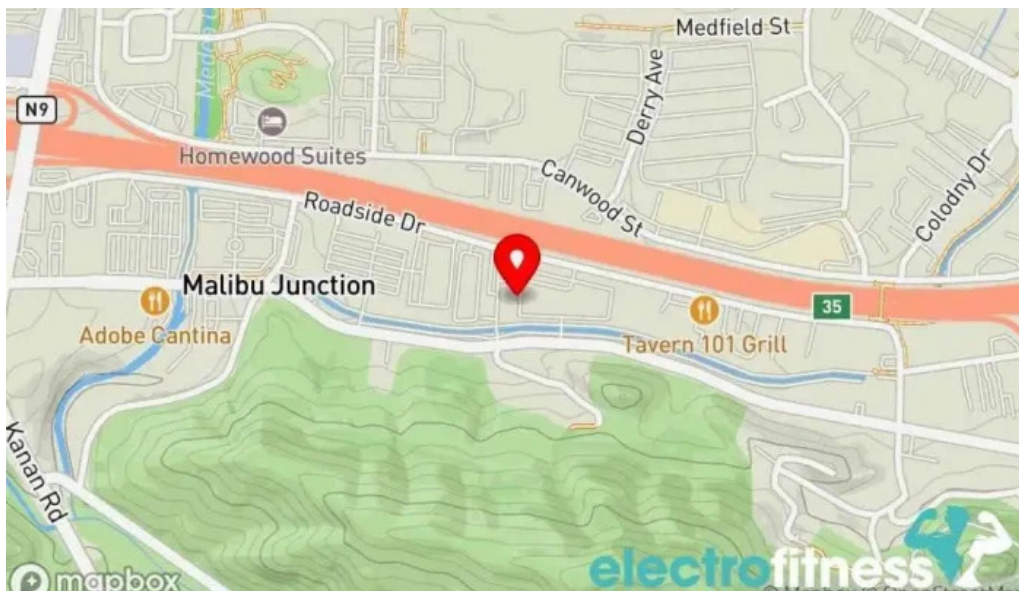
Modernize my fight street view 360deg



Modernize my fight self defense school



Modernize my fight promotion



Modernize my fight map



Modernize my fight community



Modernize my fight by owner



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Tags

Parking, Online classes, Service options, Wheelchair-accessible toilet, Wheelchair-accessible entrance, On-site services, Amenities, Free parking lot, Wheelchair-accessible car park, Toilet, Accessibility

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