

Electro Fitness: Best Electro Fitness

Lake Ashton li Cdd Health & Fitness Center - Winter Haven

winter haven



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Exploring the Health & Fitness Center at Lake Ashton II CDD

The Sports Club at Lake Ashton II CDD in Winter Haven, Florida, is not just a fitness center; it is a hub of community activity designed for residents and visitors alike. As more people move to this beautiful area, the accessibility features of the facility stand out, making it an ideal location for everyone.

Accessibility Features

One of the key aspects of the Health & Fitness Center is its commitment to

accessibility. The **wheelchair-accessible entrance** ensures that all members can easily enter the facility without any barriers. Additionally, the **wheelchair-accessible car park** accommodates those who may need special assistance, allowing for a seamless experience when visiting the center.

Planning Your Visit

For residents like those currently renting while waiting for their new homes to be completed, planning a visit to the fitness center is a great way to meet new friends and enjoy the community atmosphere. Many have shared their excitement about exploring the amenities and classes available at the fitness center.

Membership Requirements

To fully enjoy the offerings of the Lake Ashton II CDD Health & Fitness Center, a **membership is required**. This membership opens the door to various fitness programs and events tailored for all ages and fitness levels, allowing members to engage with experienced instructors and partake in various activities designed for a vibrant lifestyle.

A Community-Focused Experience

From comments about the friendly atmosphere to the enjoyment of attending personal events, such as weddings, it is clear that the Sports Club fosters strong relationships among its members. The safety of the gated community adds an extra layer of comfort, especially for those living in retirement. With plenty of activities available, including interaction with local wildlife like alligators and turtles, residents never run out of things to do.

Conclusion

The Health & Fitness Center at Lake Ashton II CDD is more than just a place to work out; it is a community hub that prioritizes accessibility and enjoyment for all its members. Whether you are planning to move here or visiting family, the welcoming environment and extensive facilities are bound to impress. Don't miss out on being part of this vibrant community!

The location of our premises is

6052 Pebble Beach Blvd, 33884 Winter Haven, Florida - United States (US)

The phone of the mentioned **Sports club** is <u>+1863-595-1562</u> And if you want to send a WhatsApp, you can do so at<u>+1863-595-1562</u>

Our business hours are:

Day Hours
Monday
6?AM-10?PM
Tuesday
6?AM-10?PM
Wednesday
6?AM-10?PM
Thursday
6?AM-10?PM
Eriday
6?AM-10?PM
Saturday
6?AM-10?PM
Sunday
6?AM-10?PM

The website is Lake Ashton II CDD Health & Fitness Center

If you wish to modify any information that you think is not accurate regarding this web, please send a message and we will adjust it promptly. Thank you in advance thanks for your cooperation.

Images



Lake ashton ii cdd health fitness center winter haven



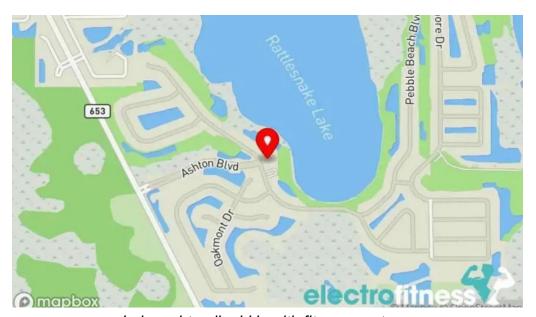
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Lake ashton ii cdd health fitness center sports club



Lake ashton ii cdd health fitness center map



Lake ashton ii cdd health fitness center by owner



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Tags

Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility, Planning, Membership required

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health consultant
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karate school
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kinesiotherapist
martial arts club
martial arts school
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massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
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nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
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parking lot
parkour spot
personal trainer
pharmacy

physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
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