

Optimum Performance Sports - Ash Center - Fort Wayne

fort wayne

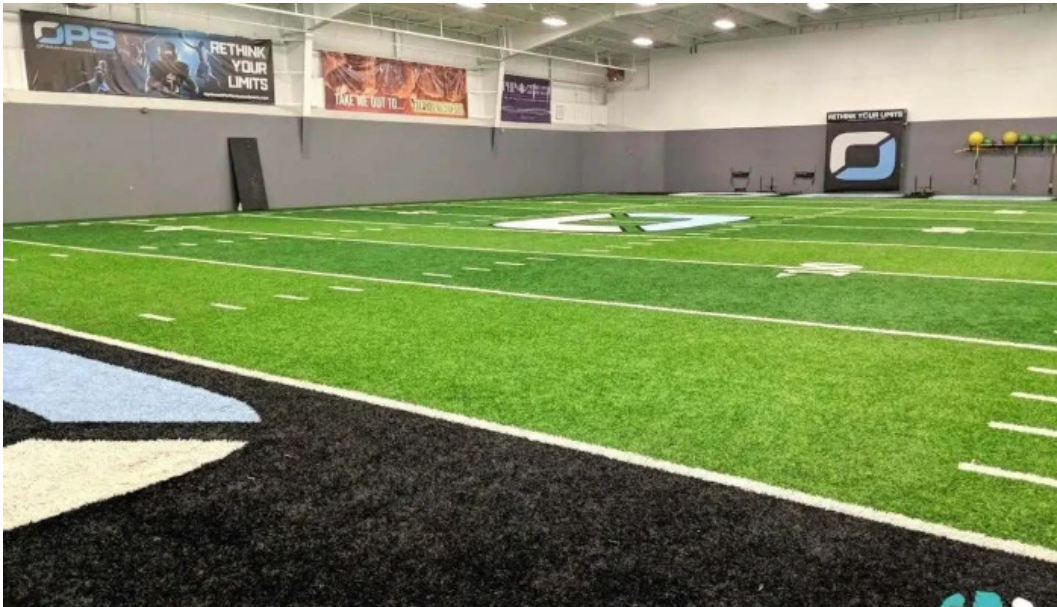
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Optimum Performance Sports - Ash Center - Fort Wayne

Exploring the Optimum Performance Sports - Ash Center in Fort Wayne, Indiana

Optimum Performance Sports (OPS) is a premier sports complex located in Fort Wayne, Indiana. This state-of-the-art facility not only caters to various fitness levels but also ensures that everyone, including those with disabilities, can enjoy its amenities thanks to ****its wheelchair-accessible entrance**** and ****wheelchair-accessible car park****.

Family-Friendly Environment

OPS has quickly become a favorite for families. Many visitors express their love for the diverse range of activities available. Families can engage in various sports, with children enjoying the track and basketball courts while parents participate in group classes. One happy visitor mentioned, "I love all the different classes it has to offer," highlighting the facility's ability to cater to individual preferences and promote family health and wellness.

Classes and Instructors

The variety of classes offered at OPS sets it apart from other gyms. Reviewers consistently praise the knowledgeable and friendly instructors. One member stated, "The instructors are all very encouraging and helpful," emphasizing the supportive atmosphere fostered within the community. From adult performance classes to cardio and weight training, there is something for everyone.

Facility Cleanliness and Amenities

Cleanliness is a significant aspect of any gym experience, and OPS excels in this area. Visitors have noted, "By far the cleanest gym I've ever been to!" The facility's attention to hygiene, along with its well-maintained child watch center, makes it an attractive option for parents. Additionally, the separate saunas for men and women enhance the overall experience by providing a space for relaxation after workouts.

Community and Motivation

One of the standout features of OPS is its sense of community. Many users find motivation in the welcoming environment. A member shared, "If you want a sense of community, this is your spot!" This spirit of camaraderie encourages individuals to achieve their fitness goals while building friendships along the way.

Accessibility Matters

The commitment to accessibility at OPS is commendable. With a ****wheelchair-accessible entrance**** and ****wheelchair-accessible car park****, the facility ensures that everyone can benefit from its offerings. This inclusivity allows individuals with disabilities to engage in fitness activities comfortably and safely.

Conclusion

Whether you're looking to start your fitness journey or seeking a family-friendly environment with diverse options, the Optimum Performance Sports - Ash Center is an excellent choice. With great staff, a variety of classes, and an emphasis on cleanliness and accessibility, OPS serves as a model for community-focused sports complexes. Visit OPS today and discover why so many rave about this outstanding facility in Fort Wayne, Indiana.

You can come to our business at

1701 Freeman St, 46802 Fort Wayne, Indiana - United States (US)

The phone of the mentioned **Sports complex** is +1260-479-3497

And if you want to send a WhatsApp, you can do so at +1260-479-3497

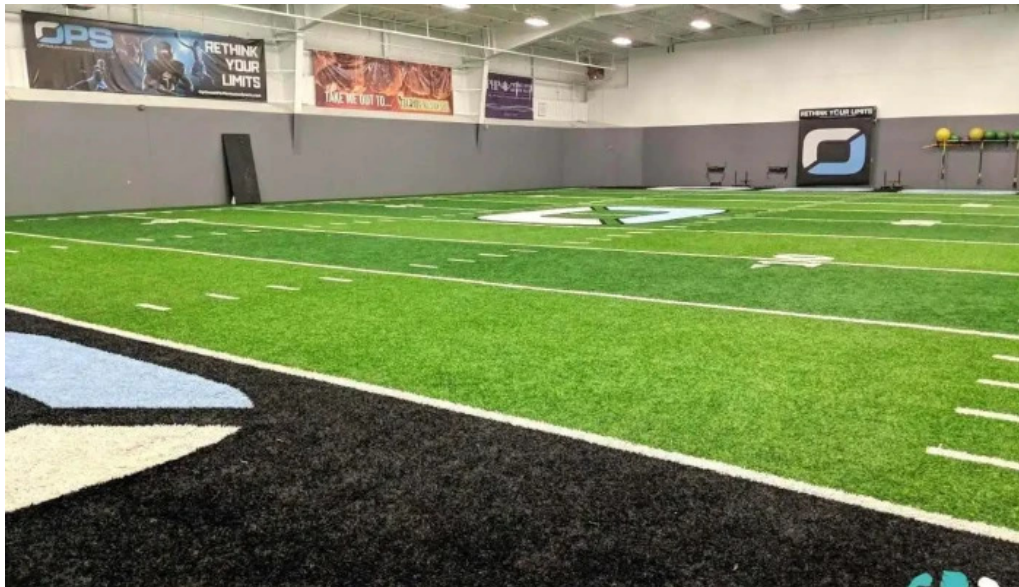
Our business hours are:

Day	Hours
Monday	8?AM–7?PM
Tuesday	8?AM–7?PM
Wednesday	8?AM–7?PM
Thursday	8?AM–7?PM
Friday	9–11?AM
Saturday	Closed
Sunday	8?AM–7?PM

The website is Optimum Performance Sports - Ash Center

If you need to adjust any information that you consider is incorrect concerning this web, we ask send us a message and we will adjust it at the earliest convenience. In advance thanks for your cooperation.

Images



Optimum performance sports ash center fort wayne



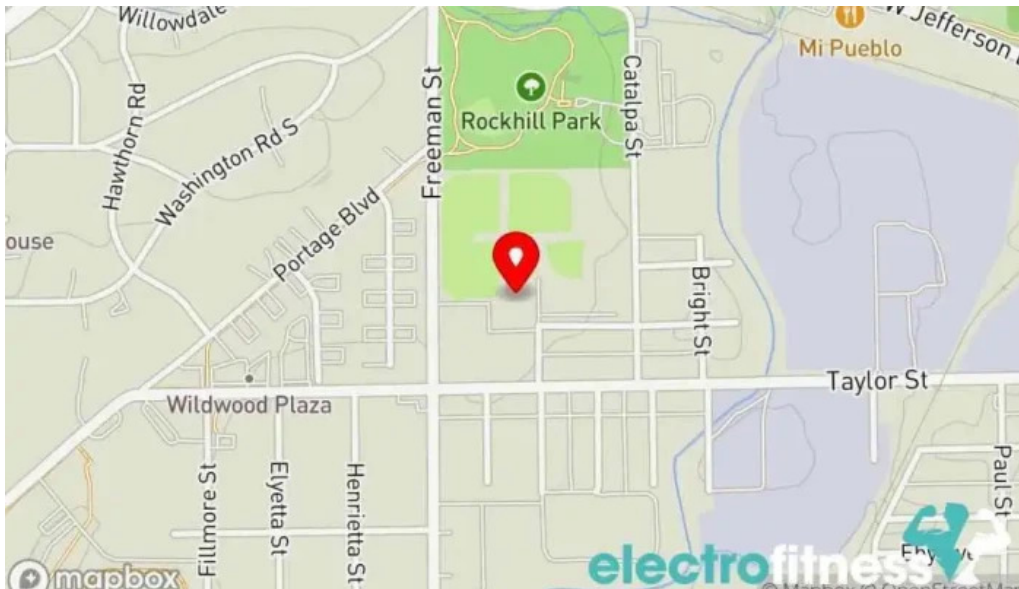
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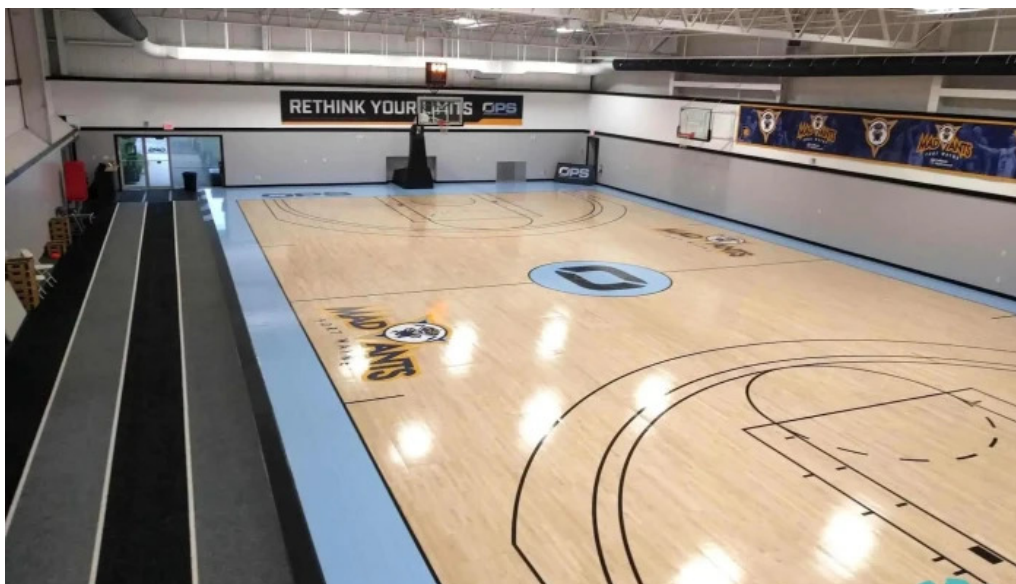
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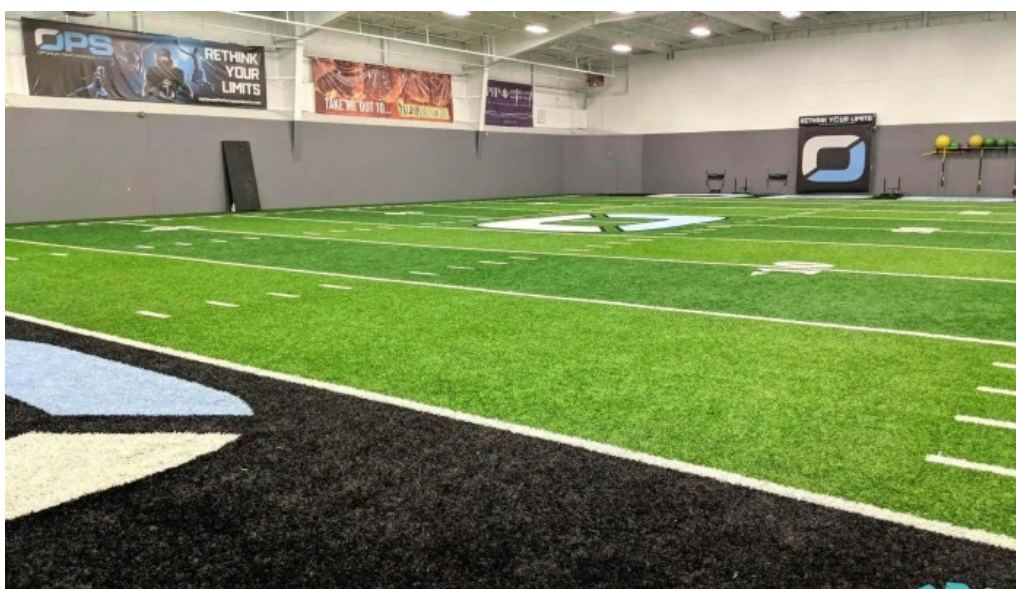
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Tags

Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance

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