

## Chickasaw Nation Wellness Center - Ada

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## *Chickasaw Nation Wellness Center - Ada*

### **Discovering the Chickasaw Nation Wellness Center in Ada, Oklahoma**

The **Chickasaw Nation Wellness Center** is a premier fitness destination located in Ada, Oklahoma. This modern facility stands out for its commitment to health and wellness, making it accessible to everyone in the community.

#### **Accessibility for All**

One of the key features of the Chickasaw Nation Wellness Center is its **accessibility**. The center boasts a **wheelchair-accessible car park**,

ensuring that individuals with mobility challenges can easily navigate to the facility. From the moment you arrive, you'll notice the thoughtful design that prioritizes inclusivity.

## **Welcoming Environment**

Upon entering the wellness center, visitors are greeted by a **\*\*wheelchair-accessible entrance\*\*** that sets the tone for an inviting atmosphere. The building is modern and airy, filled with natural light thanks to its numerous windows. High ceilings create a spacious feel, helping members enjoy their workouts without feeling confined.

## **State-of-the-Art Equipment**

The Chickasaw Nation Wellness Center features a variety of new and well-maintained equipment. The weight room includes free weights, dumbbells, and barbells, catering to all fitness enthusiasts. For cardio lovers, the beautiful cardio room ensures a good sweat session, while upstairs, a dedicated HIIT area houses equipment like rowers, ropes, and kettlebells.

## **Additional Amenities**

Members appreciate the clean and modern locker rooms, complete with towels for those who enjoy a post-workout shower. Additionally, a snack shack provides convenient options for those seeking a quick bite after their workout routine.

## **Community Focus**

This wellness center is committed to serving the entire community. Visitors often highlight the friendly staff and the clean, well-equipped environment that fosters a positive workout experience. Whether you're trying out water aerobics or simply looking to maintain your health, the Chickasaw Nation Wellness Center is designed to support your fitness journey. In conclusion, the Chickasaw Nation Wellness Center in Ada, Oklahoma, offers an exceptional fitness experience that prioritizes accessibility and a welcoming atmosphere for all. With top-notch facilities and a strong community focus, this center is perfect for anyone looking to improve their physical and mental well-being.

## **We are located at**

*230 Seabrook Rd, 74820 Ada, Oklahoma - United States (US)*

The phone of said **Wellness center** is +1580-310-9661

And if you want to send a WhatsApp, you can do so at +1580-310-9661

## Our service hours are:

### Day Hours

Monday

5:30?AM–8?PM

Tuesday

5:30?AM–8?PM

Wednesday

5:30?AM–8?PM

Thursday

5:30?AM–8?PM

Friday

5:30?AM–7?PM

Saturday

8?AM–12?PM

Sunday

Closed

The website is [Chickasaw Nation Wellness Center](#)

In case you want to change any element that you feel is not precise related to this web, please send a message so we can we will handle it at the earliest convenience. With anticipation thank you very much.

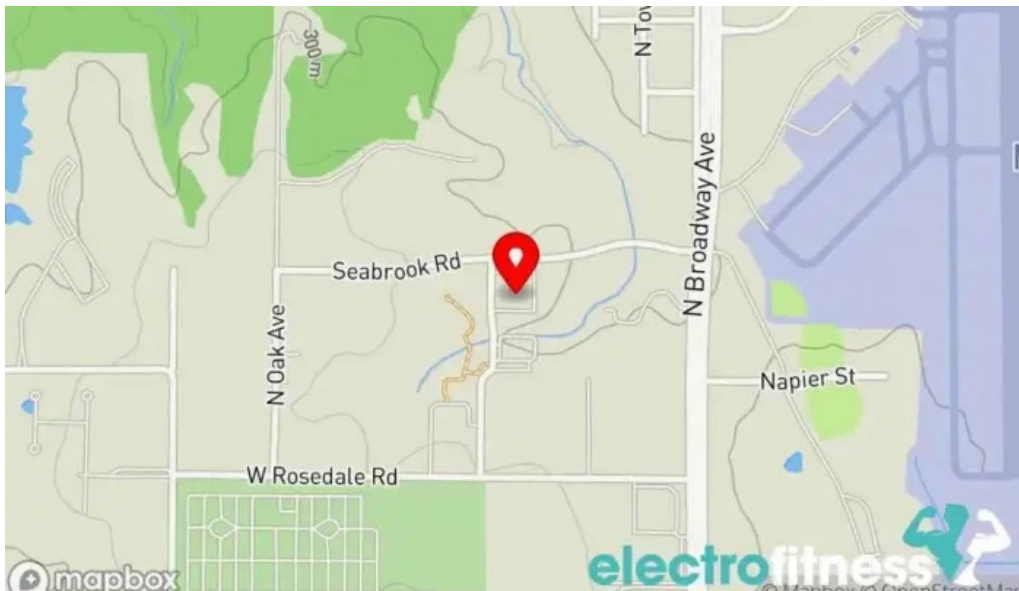
## Images



*Chickasaw nation wellness center videos*



*Chickasaw nation wellness center street view 360deg*



*Chickasaw nation wellness center map*



*Chickasaw nation wellness center by owner*



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## Tags

*Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park*

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5.0 \* *Poppy Movement & Wellness - Walnut Creek*

5.0 \* *Collective Wellness of Abilene - Abilene*

5.0 \* *water+yoga - Absecon*

5.0 \* *Ascend Wellness Studio - Lafayette*

## Categories

amusement park ride

arena
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athletic club
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body shaping class
boot camp
boxing gym
boxing ring
children's party service
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coffee shop
community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school

kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization