

Higher Than Altitude - Englewood

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Discover the Wellness Center Higher Than Altitude in Englewood, Colorado

If you are looking for a transformative wellness experience, look no further than ****Higher Than Altitude (HTA)**** in Englewood, Colorado. HTA is not just a fitness center; it's a community committed to helping individuals achieve their wellness goals through personalized training and a supportive atmosphere.

Accessibility for All

One of the standout features of Higher Than Altitude is its commitment to **accessibility**. The center offers a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can enjoy the benefits of a healthier lifestyle without barriers. This commitment to inclusivity makes HTA a welcoming place for individuals of all abilities.

Personalized Training with Adam

Clients rave about working with Adam, a dedicated coach who provides **personal attention** and a customized approach to fitness. As one member shared, "His passion, personal attention, and customized approach is highly motivating and very encouraging." With Adam's guidance, many have experienced incredible transformations, from losing significant weight to achieving personal fitness milestones such as climbing the challenging 14,000-foot peaks of Colorado.

The Road to Overall Wellness

The journey to wellness is a lifelong endeavor, and HTA recognizes this truth. Members emphasize the importance of not settling for anything less than expert guidance. As expressed by one client, "Adam's coaching skills, workouts, and team outings provide you with a wealth of skills to help you achieve your lifetime wellness goals." This philosophy empowers clients to reach for their dreams and maintain their progress toward a healthier life.

Transformative Results

The testimonials from HTA members are nothing short of inspiring. One individual described how Adam helped them transform their mindset, stating, "I believe in myself today." After eight months of dedicated training, they lost 50 lbs, saw improvements in blood pressure, and gained unparalleled energy levels. Another member, previously self-conscious and overweight, was able to run their first half-marathon with Adam's support.

A Community That Motivates

At Higher Than Altitude, the supportive community plays an essential role in each member's success. Another client noted, "Coach Adam gave me the confidence I needed to do whatever I wanted to achieve." Members often find themselves achieving goals they never thought possible, like finishing first in their age group at trail races or completing a half Ironman. The environment at HTA fuels motivation, camaraderie, and lasting friendships.

Join the HTA Family

Don't hesitate to take the first step towards a healthier you by trying out a week of free workouts at Higher Than Altitude. Become part of a family that supports your wellness journey every step of the way. With **wheelchair-accessible facilities** and personalized training programs led by passionate coaches like

Adam, there's no better place to embark on your path to overall wellness.

We are located at

88 Inverness Cir E UNIT L107, 80112 Englewood, Colorado - United States (US)

The contact phone of this **Wellness center** is +1303-653-8905

And if you want to send a WhatsApp, you can do so at +1303-653-8905

We look forward to seeing you at:

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7?AM–8?PM
Tuesday
7?AM–8?PM
Wednesday
7?AM–8?PM
Thursday
7?AM–8?PM
Friday
7?AM–8?PM
Saturday
9?AM–5?PM
Sunday
9?AM–5?PM

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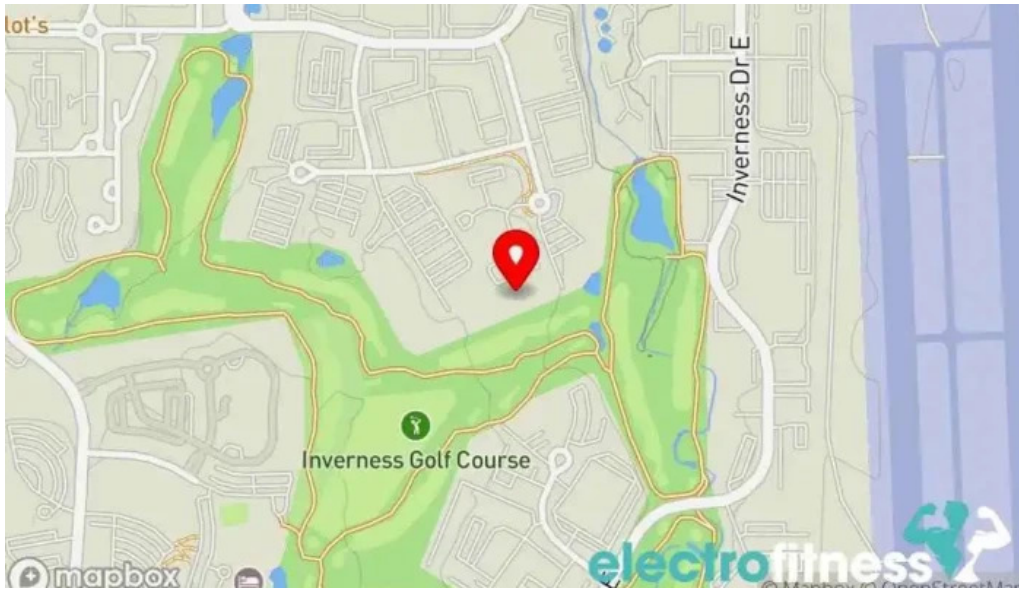
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Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park

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