

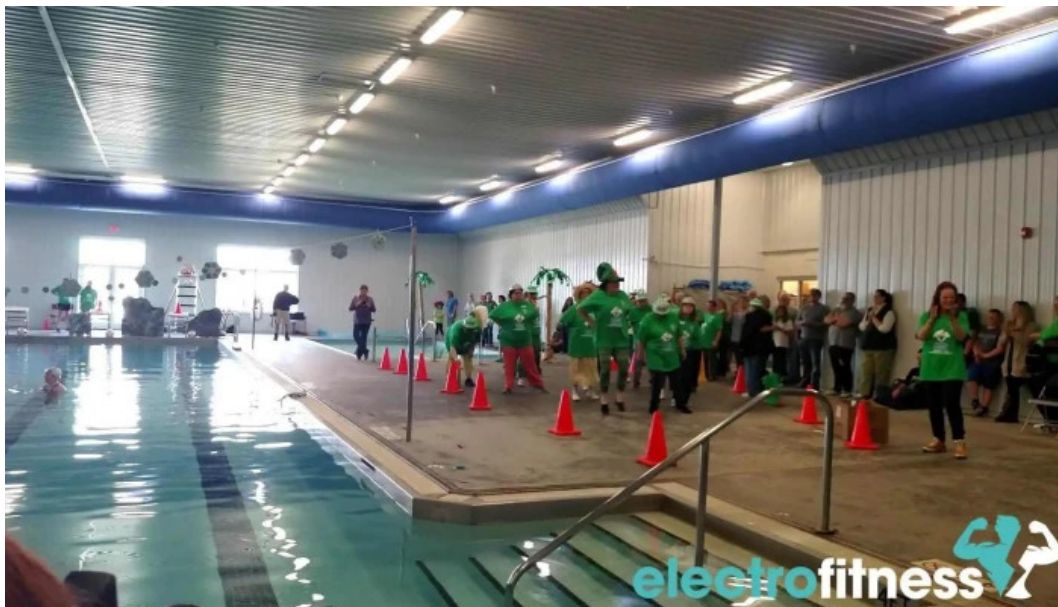
Alleghany Wellness Center - Sparta

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https://www.electrofitness.com/wellness-center/sparta/alleghany-wellness-center-sparta_284691.php



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Alleghany Wellness Center - Sparta

Discovering Alleghany Wellness Center in Sparta, North Carolina

The **Alleghany Wellness Center**, located in Sparta, North Carolina, serves as a vital hub for health and fitness in the community. With its range of facilities and a friendly atmosphere, it welcomes visitors from all walks of life, including those with accessibility needs.

Accessibility Features

One of the standout features of the Alleghany Wellness Center is its commitment to **accessibility**. The facility offers a wheelchair-accessible car

park, ensuring that individuals with mobility challenges can conveniently visit the center. Moreover, the **wheelchair-accessible entrance** provides easy access to the main areas of the center, making it welcoming for everyone. Additionally, the presence of a **wheelchair-accessible toilet** reflects the facility's dedication to inclusivity.

What People Are Saying

Feedback about Alleghany Wellness Center has been mixed, highlighting both the positives and the areas for improvement. Many users appreciate the warm swimming pools and the variety of exercise equipment available. Some have expressed their excitement about joining due to the pleasant environment and helpful staff. However, concerns about the **cost** have been raised. One visitor noted that the daily fee had increased significantly, making it less accessible for frequent visitors. This feedback emphasizes the need for the center to review its pricing structure to keep it inviting for patrons.

Facility Highlights

Despite some criticisms, many users acknowledge the valuable amenities at the center. The swimming pool is a highlight, especially for families seeking swimming lessons. Yet, several parents have voiced concerns about the accessibility of the pool area, particularly when it comes to entering through locker rooms. Additionally, users have commented on the cleanliness of the facility and the presence of friendly staff. However, some issues, such as malfunctioning equipment and the absence of lifeguards, have received attention. This suggests that while the facility has a supportive environment, there are operational challenges that need addressing.

Conclusion

Overall, the Alleghany Wellness Center stands out as an essential location for health and fitness in Sparta. It is equipped with features that promote inclusivity, such as a **wheelchair-accessible car park** and **entrances**. While there are areas for improvement, particularly concerning pricing and maintenance, the overall sentiment reflects a desire for this community hub to thrive. For those looking to enhance their wellness journey, the Alleghany Wellness Center remains a noteworthy option, combining accessibility and a family-friendly atmosphere amidst its ongoing evolution.

You can come to our business at

63 Wellness Wy, 28675 Sparta, North Carolina - United States (US)

The phone number of said **Wellness center** is +1336-372-2944

And if you want to send a WhatsApp, you can do so at +1336-372-2944

We are open during the following hours:

Day Hours

Monday
Closed

Tuesday

6?AM–8:30?PM

Wednesday

6?AM–8:30?PM

Thursday

6?AM–8:30?PM

Friday

6?AM–8:30?PM

Saturday

6?AM–8:30?PM

Sunday

8?AM–4?PM

The website is [Alleghany Wellness Center](#)

If you wish to update any data that you consider is not precise about this web, please send a message so that we will correct it quickly. With anticipation thank you very much.

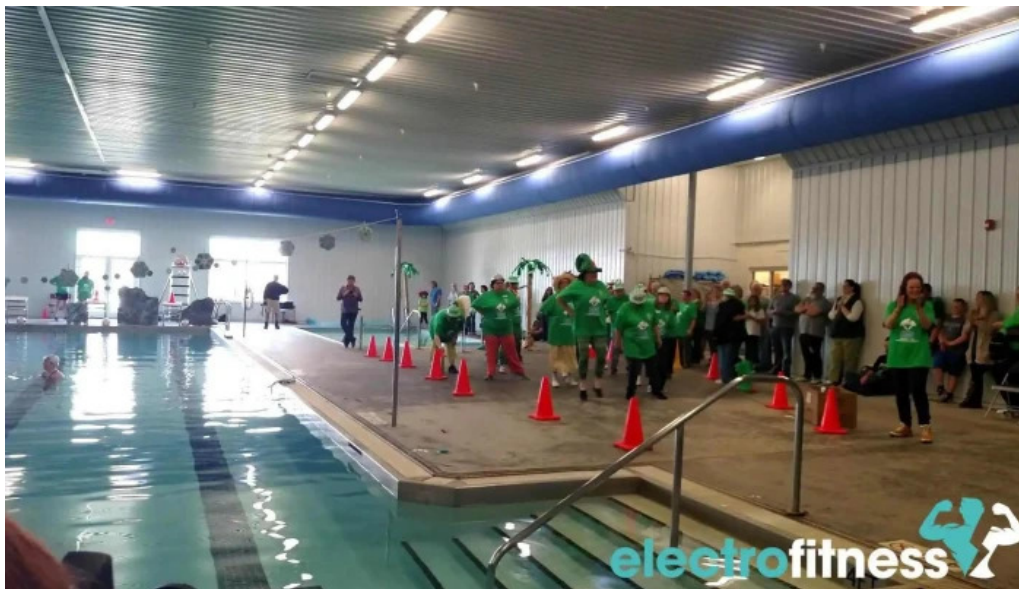
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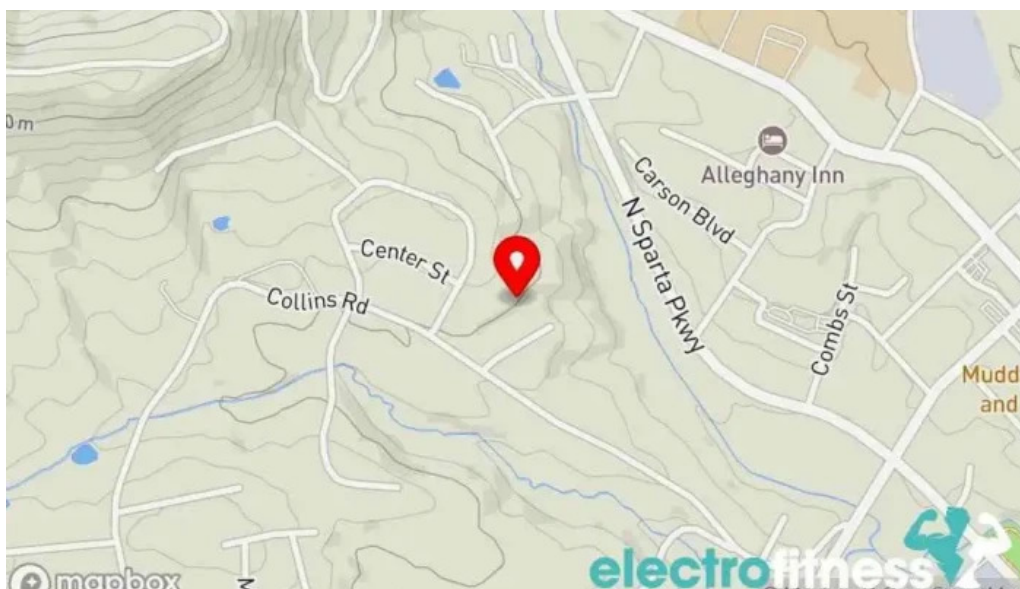
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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility, Wheelchair-accessible toilet

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Comments

Deborah Garcia	09-05-25 01:53
<p><i>I absolutely love this place. I have some health issues and working out really helps me feel better.</i></p> <p><i>The only thing that bothers me is how many folks don't bother to clean the equipment after they've used it. It would be great if they could enforce that rule, just for everyone's hygiene!</i></p>	

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rock climbing gym
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school
school district office
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shooting range
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sports massage therapist
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supermarket
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