

Zen Well Studio - White Plains

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white plains

Zen Well Studio - White Plains

Discover Zen Well Studio: A Wellness Center in White Plains, Maryland

Zen Well Studio stands out as a beacon of wellness in White Plains, Maryland. This unique center offers various services designed to cater to the diverse needs of the community while promoting health and well-being.

Service Options Tailored for Every Individual

Zen Well Studio provides an array of ****on-site services**** including Vitamin Injections, hydration treatments, yoga classes, sound healing, and Reiki sessions. Nurse Janine, the visionary behind the studio, ensures that every

client receives personalized attention. She explains each process thoroughly, making clients feel informed and comfortable, as one attendee shared their experience with the **VI peel**, highlighting the "tremendous results" they achieved.

A Family-Friendly Atmosphere

Accessibility is key at Zen Well Studio. With a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, the studio facilitates a welcoming environment for everyone. Additionally, the center embraces inclusivity by offering **family discounts** and discounts for kids, ensuring that wellness is attainable for all families.

A Commitment to Diversity

Zen Well Studio proudly identifies as both **women-owned** and **Black-owned**. This commitment to diversity fosters a compassionate and supportive space. The studio is also recognized as an **LGBTQ+ friendly** and **transgender safe space**, ensuring that every individual feels respected and accepted.

Accessibility and Language Assistance

Catering to a broad audience, Zen Well Studio understands the importance of **language assistance**. This commitment helps ensure effective communication with clients from various backgrounds, enabling a better understanding of available services.

Building Community Through Wellness

The atmosphere at Zen Well Studio is often described as inviting and serene, creating a perfect backdrop for healing and rejuvenation. Clients frequently express gratitude for the positive environment fostered by Nurse Janine and her team, noting how the studio has been a source of comfort and renewal in their lives. One client stated, "I came into Zen Well Studio feeling stressed...Janine's holistic and thoughtful approach to healing left me feeling renewed and rejuvenated."

Client Experiences Speak Volumes

Feedback from clients emphasizes the exceptional quality of care provided at Zen Well Studio. Many have praised Janine's expertise, highlighting her professional demeanor and genuine passion for wellness. As one satisfied client shared, "Zen Well Studio is a breath of fresh air...there was care, and there was a very high standard of professionalism in ensuring my comfort." The studio has become a vital part of many clients' self-care routines, with one client stating, "It's been a wonderful addition to my self-care routine," affirming the value that Zen Well Studio brings to personal wellness journeys.

Conclusion

Zen Well Studio is much more than a wellness center; it's a nurturing community dedicated to enhancing individual well-being through a diverse range of services. Its commitment to accessibility, inclusivity, and personalized care makes it a standout destination in White Plains, Maryland. Whether you seek a peaceful yoga class or effective wellness treatments, Zen Well Studio invites everyone to embark on a journey toward health and self-care.

You can find us at

4475 Printers Ct, 20695 White Plains, Maryland - United States (US)

The phone number of said **Wellness center** is +1301-848-3791
And if you want to send a WhatsApp, you can do so at +1301-848-3791

We are available at these times:

Day	Hours
Monday	Closed
Tuesday	Closed
Wednesday	9?AM–4?PM
Thursday	11?AM–7?PM
Friday	11?AM–7?PM
Saturday	6?AM–5?PM
Sunday	7?AM–2?PM

The website is Zen Well Studio

If you require to update any information that you think is incorrect related to this site, please send a message and we will adjust it as soon as possible. Thanks beforehand thank you very much.

Images



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Zen well studio wellness center



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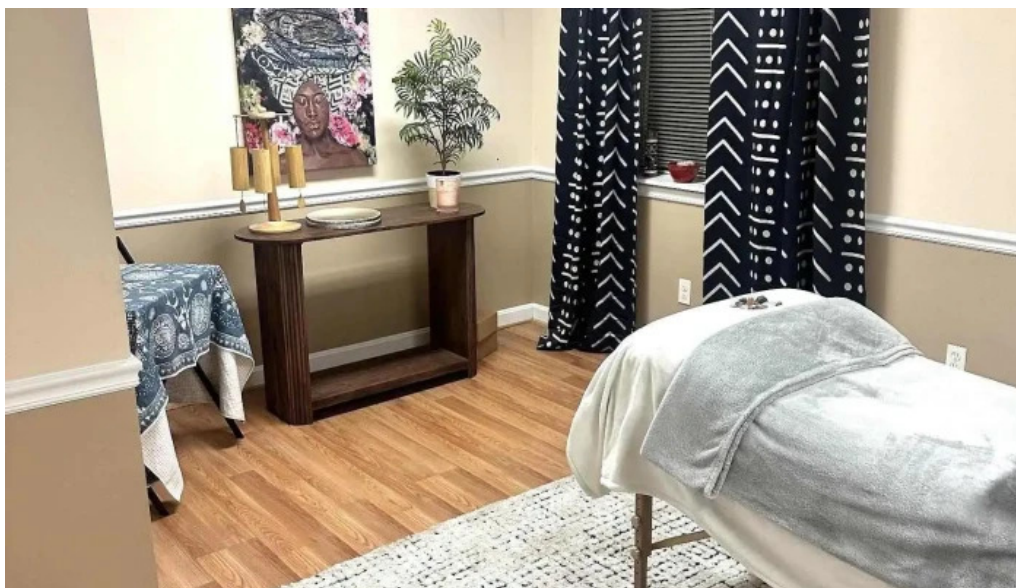


Community

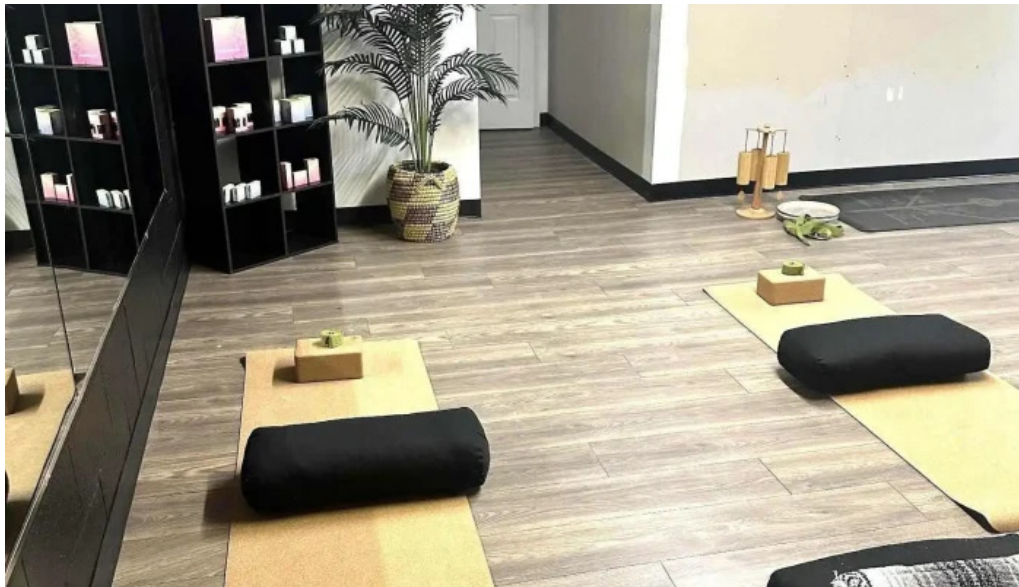


Holistic

Zen well studio latest



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Tags

Children, LGBTQ+ friendly, Wheelchair-accessible entrance, Identifies as women-owned, Discounts for kids, Nursing room, Crowd, Language assistance, Wheelchair-accessible car park, Transgender safe space, From the business, Identifies as Black-owned, Family discount, Accessibility, Service options, On-site services

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