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#### The Studio at Nourish Wellness - Yakima

yakima



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# yakima

## The Studio at Nourish Wellness - Yakima

## Discover The Studio at Nourish Wellness in Yakima, Washington

The Studio at Nourish Wellness is a gem located in Yakima, Washington, offering a unique experience for yoga enthusiasts and newcomers alike. With its commitment to accessibility and a welcoming atmosphere, this wellness center stands out as a perfect choice for everyone.

## **Accessibility at The Studio**

One of the standout features of The Studio at Nourish Wellness is its

\*\*wheelchair-accessible car park\*\*. This thoughtful inclusion ensures that everyone can easily access the facility without any barriers. The \*\*wheelchair-accessible entrance\*\* further enhances their commitment to inclusivity, making it a welcoming space for individuals with varying needs.

## **A Welcoming Environment**

Many visitors have praised the instructors at The Studio, highlighting their experience and nurturing approach. Megan, one of the fabulous instructors, creates a comfortable environment for her students. According to a recent review, "She offers multiple modifications to meet you where you're at and has a very soothing demeanor." This adaptability ensures that each individual can practice yoga at their own pace, fostering a sense of community and support.

### **Convenient Location and Exciting Offerings**

Located conveniently near the freeway, The Studio at Nourish Wellness is easy to reach for both locals and travelers. As one visitor noted, "The studio is lovely and the location is very convenient." This makes it an excellent option for those looking to incorporate wellness into their busy lives. Exciting new classes are also on the horizon, including kids' yoga and "mommy and me" sessions. This expansion demonstrates the center's dedication to catering to families and creating a diverse range of offerings for all ages.

### An Affordable Yoga Experience

What's more surprising is the affordability of the classes, with drop-in sessions priced at only \$12. As noted by a satisfied visitor, "No idea how they're able to support a business with drop-in yoga at \$12 a class, but definitely worth supporting this gem!" This pricing model makes it accessible for many, allowing individuals to prioritize their wellness without financial strain.

#### Conclusion

In conclusion, The Studio at Nourish Wellness in Yakima, Washington, is more than just a wellness center; it is a community-focused haven for yoga practice. With features like a \*\*wheelchair-accessible car park\*\*, \*\*accessibility\*\*, and a warm environment led by experienced instructors, it is ideal for individuals of all backgrounds. Whether you are a seasoned yogi or a beginner, The Studio is ready to welcome you on your wellness journey.

#### You can visit us at the address:

1111 N 35th Ave Ste. 120, 98902 Yakima, Washington - United States (US)

The contact phone of said **Wellness center** is <u>+1509-969-6214</u> And if you want to send a WhatsApp, you can do so at<u>+1509-969-6214</u>

### We open at the following schedule:

Day Hours Monday

Closed

Tuesday

8:30?AM-5?PM

Wednesday

8:30?AM-6:45?PM

Thursday

8:30?AM-5?PM

Eriday 8:30?AM-7?PM

Saturday

8:30?AM-12?PM

Sunday

9:30-10:30?AM

### The website is The Studio at Nourish Wellness

If you wish to adjust any information that you believe is not correct concerning this portal, please forward a message so that we will handle it as soon as possible. With anticipation thanks.

## **Images**



The studio at nourish wellness yakima



The studio at nourish wellness street view 360deg



The studio at nourish wellness map



The studio at nourish wellness by owner



The studio at nourish wellness all

## **Tags**

Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance

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boot camp
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counselor
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spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service

weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
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