

Ocean Ayurveda+Yoga - South Lake Tahoe

south lake tahoe

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Ocean Ayurveda+Yoga - South Lake Tahoe

Discovering Ocean Ayurveda + Yoga in South Lake Tahoe, California

If you're looking for a unique yoga experience that emphasizes wellness and holistic health, ****Ocean Ayurveda + Yoga**** in South Lake Tahoe is the perfect destination. This studio not only offers a variety of classes but also ensures accessibility for all its visitors.

Accessibility for Everyone

One of the standout features of ****Ocean Ayurveda + Yoga**** is its commitment

to accessibility. The studio is designed to accommodate individuals of all abilities, making it a welcoming space for everyone.

Wheelchair-Accessible Car Park

For those who require additional support, the **wheelchair-accessible car park** provides convenience and ease of access. Whether you're attending a yoga class or participating in an Ayurvedic workshop, having a designated space makes your visit stress-free.

Holistic Approach to Wellness

At Ocean Ayurveda + Yoga, the focus is on nurturing both the body and mind. The instructors are skilled in various yoga styles and integrate Ayurvedic principles to enhance the overall experience. This holistic approach not only promotes physical health but also encourages mental clarity and emotional balance.

Join the Community

Becoming part of the Ocean Ayurveda + Yoga community means engaging with like-minded individuals who prioritize wellness and personal growth. The inclusive environment fosters connections and friendships that extend beyond the yoga mat. In conclusion, if you're in South Lake Tahoe, don't miss the opportunity to explore **Ocean Ayurveda + Yoga**. With its dedication to accessibility and holistic health, it's a haven for anyone looking to deepen their yoga practice while embracing a healthy lifestyle.

You will find us at

2520 Lake Tahoe Blvd #11, 96150 South Lake Tahoe, California - United States (US)

The phone number of this **Yoga instructor** is +1530-539-4477

And if you want to send a WhatsApp, you can do so at +1530-539-4477

Our business hours are:

Day	Hours
Monday	8?AM–8?PM
Tuesday	8?AM–8?PM
Wednesday	8?AM–8?PM
Thursday	

8?AM–8?PM

Friday

8?AM–8?PM

Saturday

8?AM–8?PM

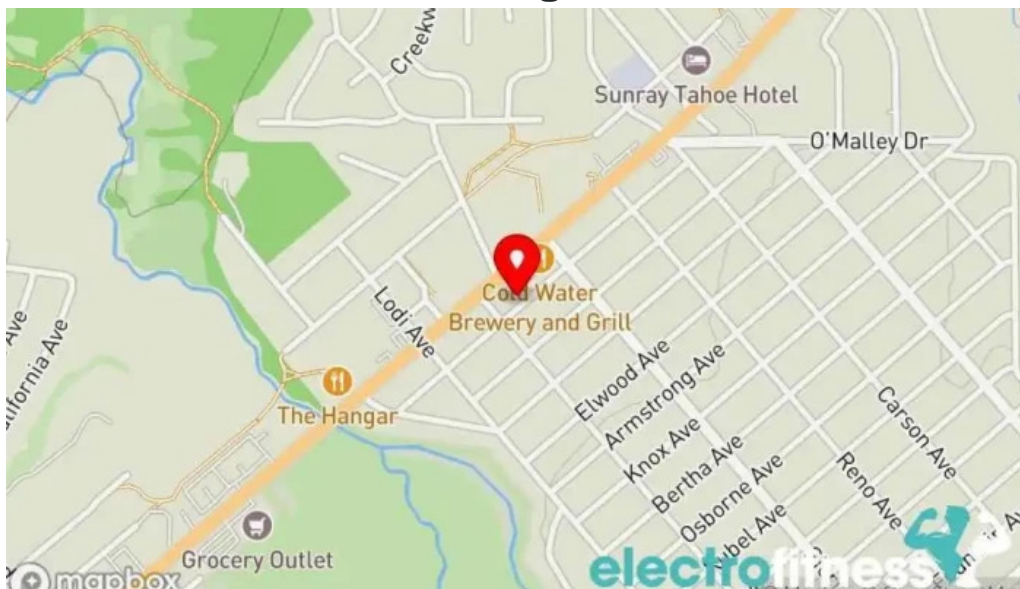
Sunday

8?AM–8?PM

The website is [Ocean Ayurveda+Yoga](#)

If you wish to update any data that you think is not precise concerning this portal, please forward a message so we can we will fix it quickly. With anticipation thanks.

Images



Ocean ayurvedayoga map



Ocean ayurvedayoga all



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Tags

Wheelchair-accessible car park, Accessibility

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coworking space
cultural center
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dance company
dance school
day spa
disability services and support organization

disc golf course
dollar store
educational institution
elementary school
exercise equipment store
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outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
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yoga instructor
yoga studio
youth center
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