

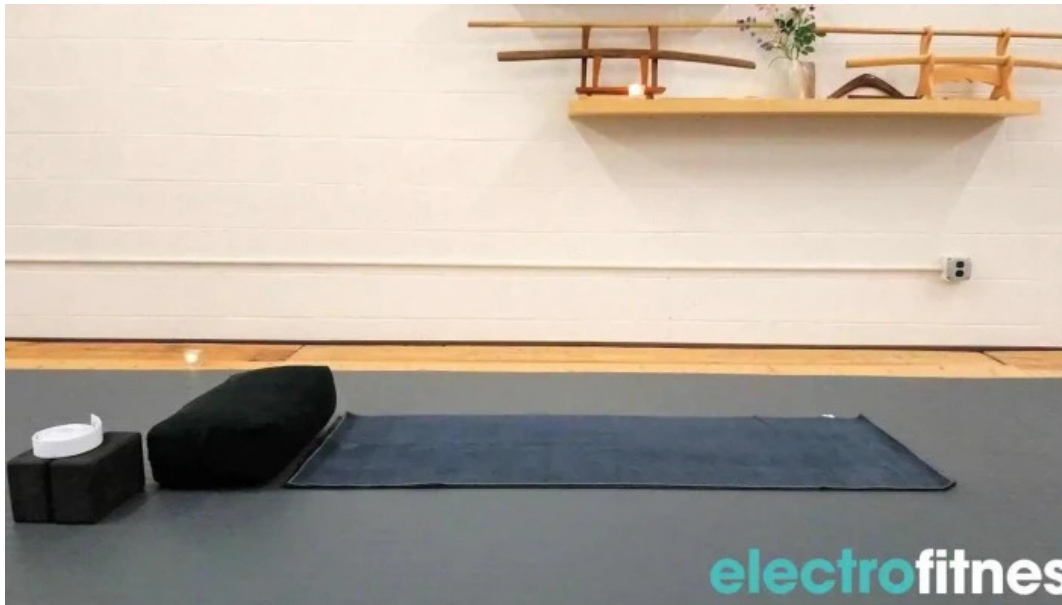
## Stefan Edmund Yoga - Waldorf

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## Stefan Edmund Yoga - Waldorf

### Discovering Stefan Edmund Yoga in Waldorf, Maryland

If you are seeking a transformative yoga experience, look no further than **\*\*Stefan Edmund Yoga\*\*** located in the heart of **\*\*Waldorf, Maryland\*\***. This studio is more than just a place to practice; it is a community that welcomes everyone with open arms.

### Amenities That Enhance Your Experience

At Stefan Edmund Yoga, you'll find a variety of **\*\*amenities\*\*** designed to elevate your practice. The studio provides a peaceful atmosphere where

practitioners can connect with their bodies and minds. With an emphasis on creating an **awesome atmosphere**, it's no wonder people rave about the environment that fosters both relaxation and personal growth.

### **Accessibility for Everyone**

Accessibility is a key focus at Stefan Edmund Yoga. The studio boasts a **wheelchair-accessible car park**, making it easy for individuals with mobility challenges to join the classes. The inclusion of **gender-neutral toilets** ensures that all guests feel comfortable and respected during their visit.

### **Convenience with Parking Options**

Finding a place to park should never be a hassle when you're heading to a yoga class. At Stefan Edmund Yoga, visitors can enjoy the convenience of a **free parking lot** right outside the studio. This means you can focus on your practice without worrying about finding a spot.

### **Adaptable Classes for Every Level**

One of the standout features of Stefan Edmund Yoga is its adaptability. As highlighted by attendees, the classes are tailored to accommodate **any level of practice**. Whether you are a beginner or an experienced yogi, you will find a class that suits your needs. Additionally, the option for **available online sessions** makes it easier than ever to stay connected and continue your practice from home.

### **Join a Community of Great People**

The sense of community at Stefan Edmund Yoga is palpable. Participants have consistently noted the great people they meet in classes, making the experience not just about yoga but about building connections. This supportive environment is perfect for those looking to deepen their practice while forming lasting friendships. In summary, if you're in Waldorf, Maryland, and searching for a welcoming and inclusive yoga studio, **Stefan Edmund Yoga** should be at the top of your list. With its exceptional amenities, accessibility options, and supportive community, you are sure to leave feeling rejuvenated and inspired.

### **Our establishment is located at**

*70 Industrial Park Dr Unit 1B, 20602 Waldorf, Maryland - United States (US)*

### **You can visit us at the following hours:**

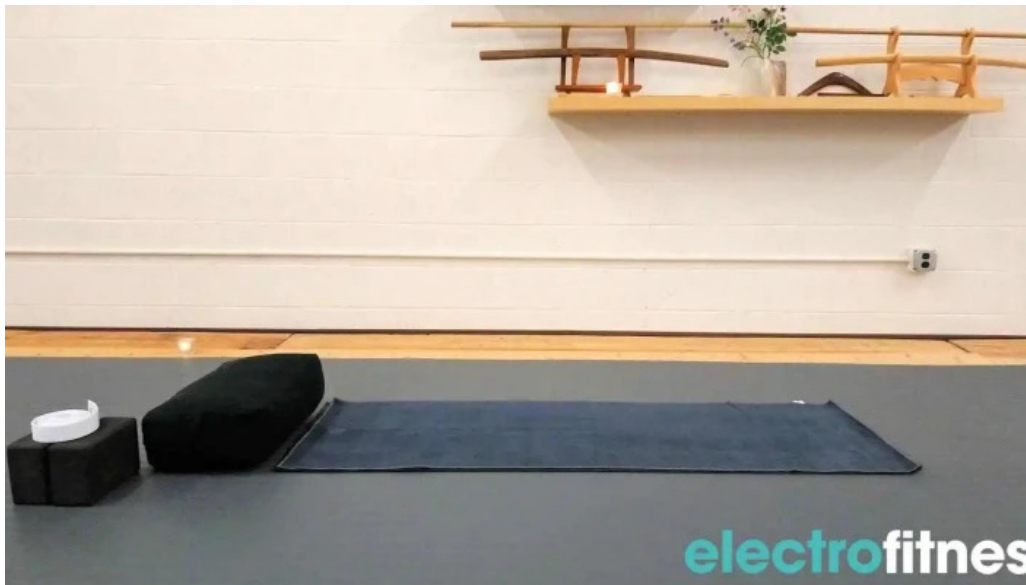
Day Hours  
Monday  
Closed

Tuesday  
5:30–7:30?PM  
Wednesday  
Closed  
Thursday  
Closed  
Friday  
Closed  
Saturday  
Closed  
Sunday  
Closed

The website is [Stefan Edmund Yoga](#)

If you wish to change any information that you believe is incorrect concerning this site, we ask send a message so that we will correct it quickly. Thank you in advance we appreciate it.

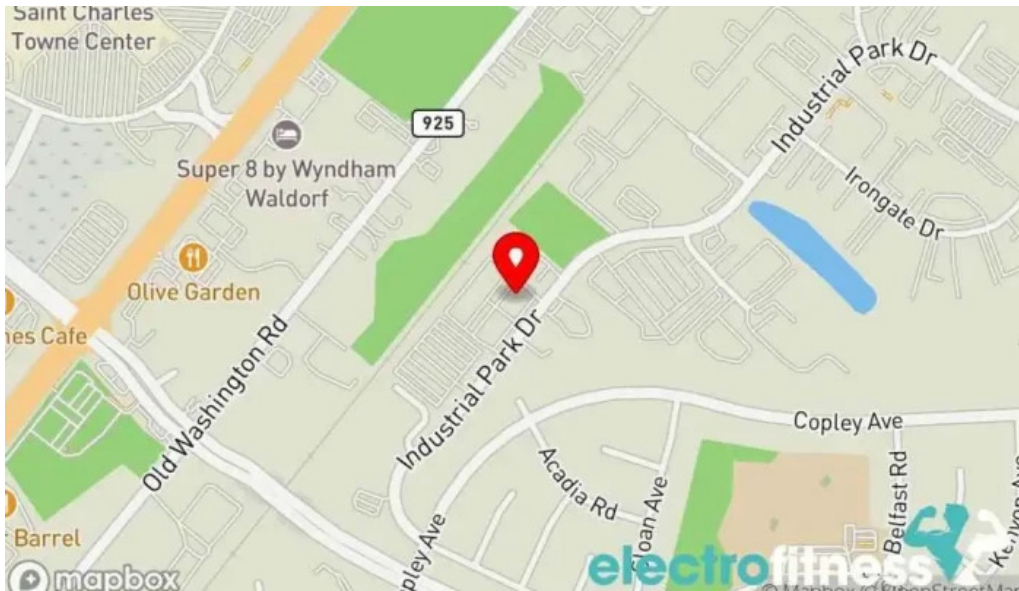
## Images



*Stefan edmund yoga waldorf*



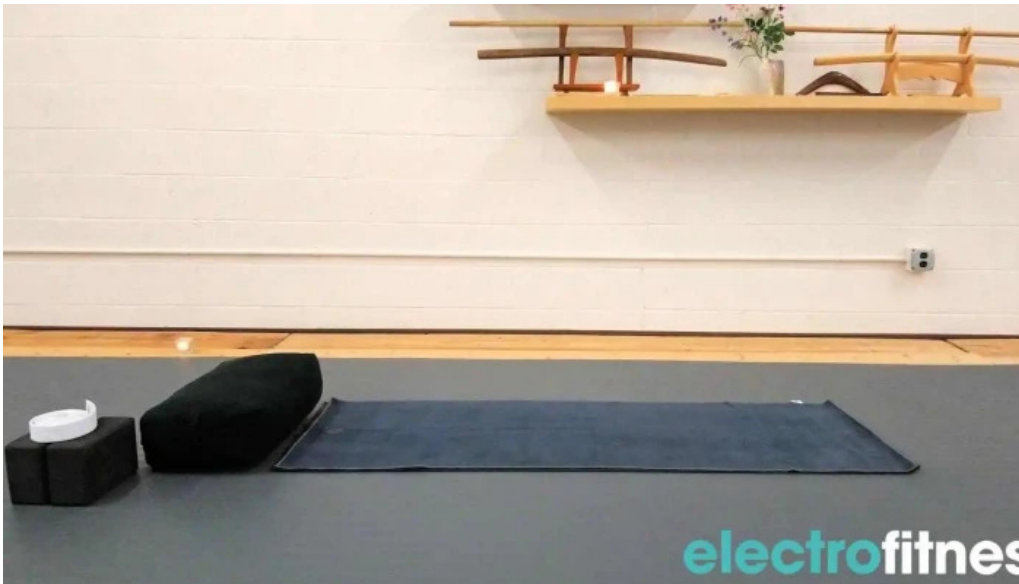
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## Tags

[Amenities](#), [Parking](#), [Gender-neutral toilets](#), [Free parking lot](#), [Accessibility](#), [Wheelchair-accessible car park](#)

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coffee shop
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convenience store
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dance school
dollar store
elementary school
exercise equipment store
fitness center
golf club
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
hiking area
hospital

hotel
indoor cycling
jujitsu school
karate school
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
non-profit organization
park
personal trainer
physical fitness program
physical therapy clinic
pickleball court
pilates studio
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
spa and health club
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio