

One Love Mind Body - Aberdeen

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One Love Mind Body - Aberdeen

One Love Mind Body Yoga Studio in Aberdeen, Maryland

Located in the heart of Aberdeen, Maryland, **One Love Mind Body Yoga Studio** offers a serene and welcoming environment for practitioners of all levels. This studio is dedicated to enhancing the well-being of its members through a variety of classes and amenities.

Amenities at One Love Mind Body

One Love Mind Body boasts a range of **amenities** designed to enhance your yoga experience. These include:

Spacious and tranquil yoga rooms Restrooms with shower facilities Yoga props catering to different practice styles A cozy lounge area for relaxation before and after classes

Accessibility Features

The studio prioritizes inclusivity and offers several **accessibility** features to accommodate all individuals. One notable feature is the **wheelchair-accessible car park**, ensuring easy access for those with mobility challenges. Additionally, the entrance to the studio is designed to be **wheelchair-accessible**, allowing for a smooth transition into the yoga space.

Restroom Facilities

In keeping with its commitment to accessibility, One Love Mind Body provides **accessible restrooms** that are equipped to cater to those who may need additional support during their visit.

Conclusion

With its focus on enhancing the yoga experience through various **amenities** and a strong commitment to **accessibility**, One Love Mind Body Yoga Studio stands out as a premier destination for yoga enthusiasts in Aberdeen, Maryland.

We are positioned at

3726 Churchville Rd Suite B, 21001 Aberdeen, Maryland - United States (US)

The contact phone of this **Yoga studio** is +1443-903-7987

And if you want to send a WhatsApp, you can do so at +1443-903-7987

We are open during the following hours:

Day Hours

Monday

Closed

Tuesday

6?AM–7:30?PM

Wednesday

6:30?AM–8:30?PM

Thursday

6?AM–7:30?PM

Friday

6?AM–7?PM

Saturday

6?AM–7?PM

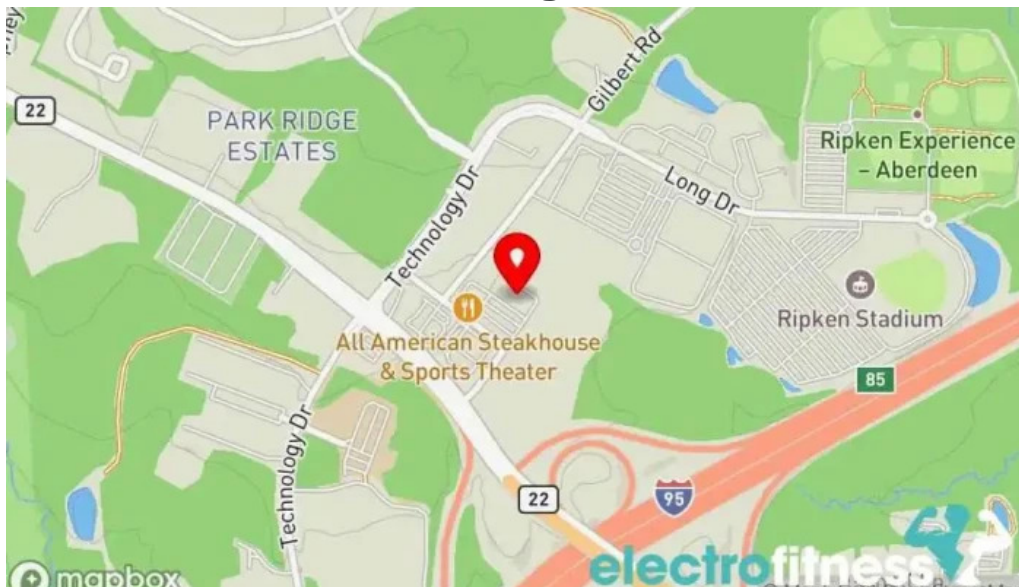
Sunday

Closed

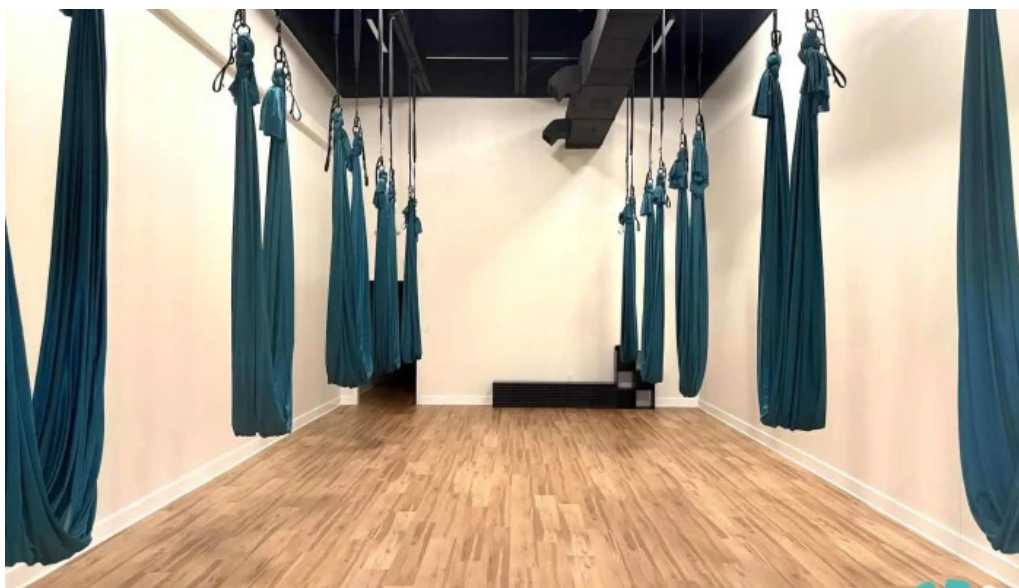
The website is [One Love Mind Body](#)

If you wish to adjust any detail that you consider is not correct regarding this site, we ask send a message and we will correct it promptly. In advance thanks for your cooperation.

Images



One love mind body map



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Tags

Amenities, Toilet, Wheelchair-accessible car park, Accessibility

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