

## creACTIVE Yoga & Wellness Center - Alabaster

alabaster

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## *creACTIVE Yoga & Wellness Center - Alabaster*

### Welcome to creACTIVE Yoga & Wellness Center in Alabaster, Alabama

If you're searching for a holistic health experience in Alabaster, look no further than **creACTIVE Yoga & Wellness Center**. This women-owned and veteran-owned establishment has quickly become a beloved community hub, combining wellness offerings with creative art classes and delightful dining options.

## A Range of Service Options

At creACTive, you will find diverse **service options** tailored to fit your lifestyle. Whether you are looking to relax through yoga, indulge in art sessions, or enjoy some nutritious meals, this center has it all. From **on-site services** like yoga classes to engaging art workshops, your body and mind can find rejuvenation here.

## Cozy Amenities for Everyone

Visitors rave about the **amenities** available at creACTive. Enjoy complimentary **Wi-Fi** while sipping on freshly brewed coffee or indulging in a healthy meal from their café. The center also boasts a **wheelchair-accessible entrance**, making it welcoming for everyone. Families will appreciate the **gender-neutral toilets** and **wheelchair-accessible toilet**, ensuring comfort and convenience for all guests.

## A Family-Friendly Environment

CreACTive is also **good for kids**, offering classes designed to engage young minds and bodies. Parents can participate in **yoga**, while their children enjoy creative activities like painting or art classes. The center's inviting atmosphere fosters a sense of community, perfect for family bonding.

## Accessibility for All

Accessibility is a core value at creACTive. With a **wheelchair-accessible car park** and facilities, no one is left behind. Creating a supportive environment extends beyond physical accessibility; the welcoming staff strives to make every visitor feel valued and appreciated. As one patron put it, "It's such a welcoming and supportive environment."

## Celebrating Community and Creativity

From the moment you walk in, you'll feel the positive energy that makes this place special. Many visitors highlight the warmth of the staff, especially Eileen, who is described as a phenomenal instructor. Eileen's commitment to understanding how each participant feels before class truly sets a tone of inclusivity and care.

## Experience the Unique Blend of Yoga and Wellness

Whether you're a beginner or an advanced yogi, creACTive offers **yoga classes** that cater to all levels. Consider trying out their unique trapeze yoga

class, which has received rave reviews for its fun and invigorating environment. “The hardest part of doing yoga is showing up,” says one frequent attendee, highlighting how easy it is to integrate this practice into your life at creACTive.

## Join the Community

So why wait? If you are in Birmingham or the surrounding areas, be sure to visit **creACTive Yoga & Wellness Center**. It’s not just a place to practice yoga—it’s a vibrant community hub where art, wellness, and friendship come together. Join us and discover everything this amazing center has to offer!

### Our address is

200 1st St S, 35007 Alabaster, Alabama - United States (US)

The contact phone of the respective **Yoga studio** is +1205-918-3305

And if you want to send a WhatsApp, you can do so at +1205-918-3305

## We look forward to seeing you at:

Day Hours  
Monday

8–11?AM

Tuesday

Closed

Wednesday

9–10?AM 5–7:30?PM

Thursday

Closed

Friday

Closed

Saturday

9–10?AM 5–7:30?PM

Sunday  
Closed

The website is creACTive Yoga & Wellness Center

If you wish to alter any data that you consider is not accurate related to this web, we ask forward a message and we will adjust it promptly. With anticipation thanks for your cooperation.

## Images



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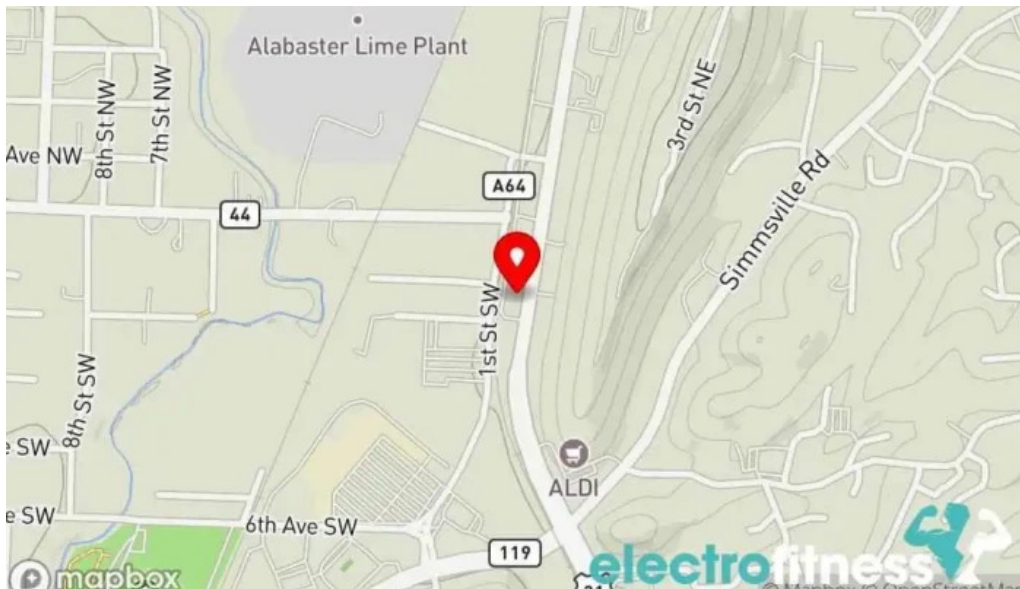


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## Tags

*From the business, Wheelchair-accessible entrance, Wheelchair-accessible car park, Children, Toilet, Gender-neutral toilets, Identifies as veteran-owned, Wheelchair-accessible toilet, Identifies as women-owned, Service options, Accessibility, On-site services, Good for kids, Amenities, Wi-Fi*

## Related content

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**5.0 \*** *Lake Champlain Yoga & Wellness - Essex*

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**5.0 \*** *Balance Yoga: A Community Wellness Center - Richmond*

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<b>4.9 *</b>	<i>Rejuvenate Wellness Center - Kirksville</i>
<b>5.0 *</b>	<i>Bee Yoga Fusion - Greenbelt</i>
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<b>4.0 *</b>	<i>Sage Yoga Center - Abilene</i>
<b>5.0 *</b>	<i>Zen Riot Yoga &amp; Wellness Studio - Boise</i>
<b>4.5 *</b>	<i>University of North Dakota : Wellness Center - Grand Forks</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center



convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist

kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex

sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization