

Healthy Mind and Body of the Rockies - Centennial

centennial

I'm not a robot 
reCAPTCHA

Published on: 30/03/25	Hits: 123
Comments: 0	See comments
Votes: 118	Score: 3.6

https://www.electrofitness.com/yoga-studio/centennial/healthy-mind-and-body-of-the-rockies-centennial_178058.php



centennial

Healthy Mind and Body of the Rockies - Centennial

Discover Healthy Mind and Body of the Rockies in Centennial, Colorado

Welcome to **Healthy Mind and Body of the Rockies**, a premier **yoga studio** located in the heart of Centennial, Colorado. This tranquil environment offers a unique fusion of yoga practices that cater to individuals of all skill levels, making it an ideal spot for both beginners and experienced yogis.

Amenities That Enhance Your Experience

The studio boasts a variety of **amenities** designed to enhance your yoga experience. From spacious practice rooms to comfortable changing areas, every detail has been carefully considered to provide a relaxing atmosphere.

Additionally, participants can enjoy:

High-quality yoga mats and props available for use Complimentary tea and water stations Clean and well-maintained facilities

Accessibility for Everyone

At **Healthy Mind and Body of the Rockies**, inclusivity is a priority. The studio features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can join in on the journey towards wellness. Accessibility is a key consideration, allowing individuals with mobility challenges to experience the benefits of yoga without barriers.

Restroom Facilities

Convenience is important during your visit, which is why the studio is equipped with clean and accessible **toilet** facilities. You can feel at ease knowing that your comfort and needs are being met throughout your time here.

Your Journey Awaits

If you're looking for a welcoming atmosphere, comprehensive amenities, and a commitment to accessibility, look no further than **Healthy Mind and Body of the Rockies**. Join our yoga community today and embark on a journey towards a healthier mind and body.

You will find us at

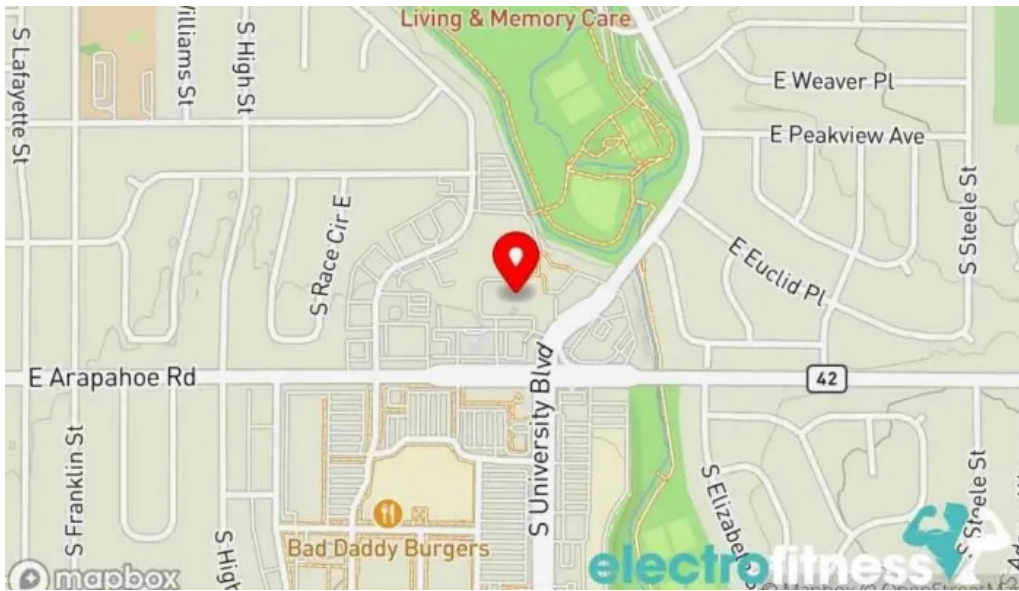
2305 E Arapahoe Rd Suite 123, 80121 Centennial, Colorado - United States (US)

The phone of the respective **Yoga studio** is +1303-223-0250

And if you want to send a WhatsApp, you can do so at +1303-223-0250

If you wish to update any element that you think is not correct regarding this site, please send a message so that we will correct it quickly. With anticipation thanks.

Images



Healthy mind and body of the rockies map



Healthy mind and body of the rockies centennial



Healthy mind and body of the rockies all

Tags

Wheelchair-accessible car park, Accessibility, Toilet, Amenities, Wheelchair-accessible entrance

Related content

5.0 * *One Love Mind Body - Aberdeen*

5.0 * *Brazilian Body Works - Lafayette*

4.8 * *Body Works Fitness & Training Center - Abingdon*

4.8 * *Body by Lee - Abingdon*

5.0 * *The Fit Body Coach - Abilene*

4.3 * *Lafayette Body Roque Fitness - Lafayette*

4.8 * *Perfect Body By Marília Dias - Abington*

5.0 * *Perfected Physique - Absecon*

5.0 * *Body Worx Physical Therapy & Performance - Abilene*

4.7 * *Red Lerille's Health & Racquet Club - Lafayette*

Categories

amusement park ride

arena

association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist

meditation center
non-profit organization
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization