

Sumits Yoga DTC/Inverness - Englewood

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Sumits Yoga DTC/Inverness - Englewood

Discover Sumits Yoga DTC/Inverness: Your Go-To Yoga Studio in Englewood, Colorado

If you're looking for a place to immerse yourself in the world of yoga, look no further than ****Sumits Yoga DTC/Inverness****. Nestled in Englewood, Colorado, this studio has become a beloved sanctuary for yogis of all levels. Here are some ****highlights**** that make this studio a favorite among locals.

Class Offerings and Atmosphere

At Sumits Yoga, participants can enjoy a variety of classes, particularly the popular **Sumits 60** session. Many reviews praise the instructors, especially Noelle, who is recognized for her fantastic teaching style. The hot and humid environment creates an intense experience that allows practitioners to sweat it out, promoting detoxification and muscle warmth. With class options lasting either 60 or 80 minutes, each session features a consistent sequence that blends traditional practices with Vinyasa flow styles.

Accessibility Features

Sumits Yoga is committed to inclusivity. The studio boasts a **wheelchair-accessible entrance** along with a **wheelchair-accessible toilet** and convenient **wheelchair-accessible car park**. Guests can also find **free parking**, making it hassle-free to attend classes. Those planning their visits will be happy to know that **appointments are recommended** to ensure an optimal experience.

Facilities and Amenities

The studio prides itself on maintaining **clean and well-equipped facilities**. Reviewers have commented on the immaculate nature of the changing rooms and **on-site services**. Although some guests noted that the space can feel cramped during busy classes, they appreciate the friendly atmosphere and helpful staff. **On-site parking** is available alongside **free of charge street parking**, allowing for easy access regardless of peak times.

Military Discounts and Online Classes

For those serving in the military, Sumits Yoga offers **active military discounts**, showing appreciation for their service. In addition, the studio provides **online classes**, allowing members to practice from home when needed while still feeling connected to the vibrant community.

Community and Environment

Visitors frequently commend the warm and welcoming vibe at Sumits Yoga. From the amazing instructors to the supportive community, there is a sense of unity among practitioners. Many describe their experiences as transformative, highlighting not only the workout but also the meditative aspect of their practice.

Conclusion

Whether you are new to yoga or looking to deepen your practice, **Sumits Yoga DTC/Inverness** stands out as an exceptional choice. With its diverse offerings, accessibility options, and friendly community, it's no wonder that so many individuals leave feeling revitalized and content. Don't hesitate—plan your visit today and experience yoga like never before!

You can come to our business at

10111 Inverness Main St A-1, 80112 Englewood, Colorado - United States (US)

The phone number of this **Yoga studio** is +1720-389-6528

And if you want to send a WhatsApp, you can do so at +1720-389-6528

We look forward to seeing you at:

Day Hours
Monday
5:30AM–8:45PM
Tuesday
5:30AM–8:45PM
Wednesday
5:30AM–8:45PM
Thursday
5:30AM–8:45PM
Friday
5:30AM–7:15PM
Saturday
6:30AM–5:45PM
Sunday
7:30AM–5:45PM

The website is Sumits Yoga DTC/Inverness

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Images



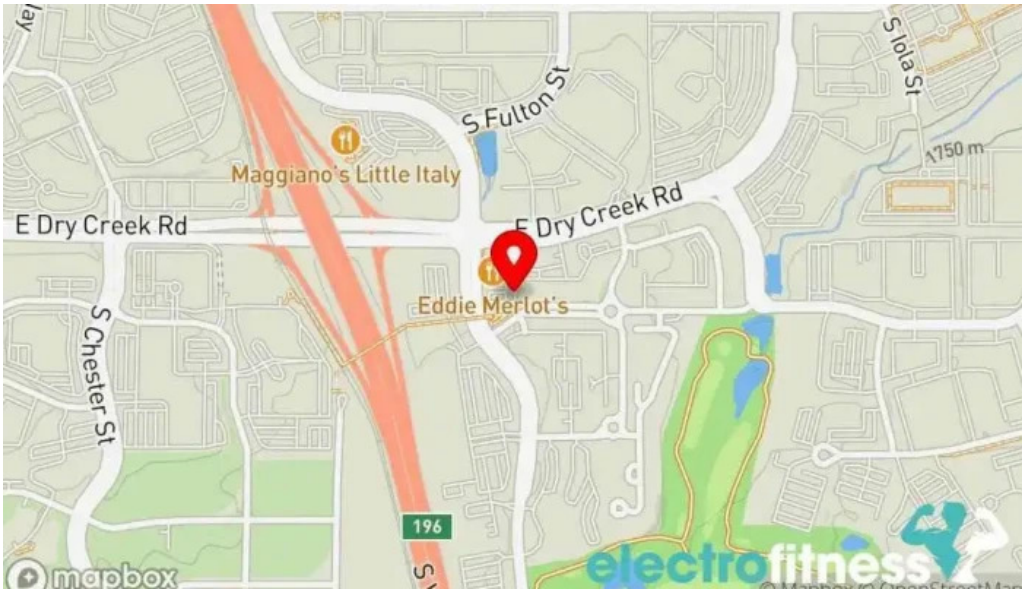
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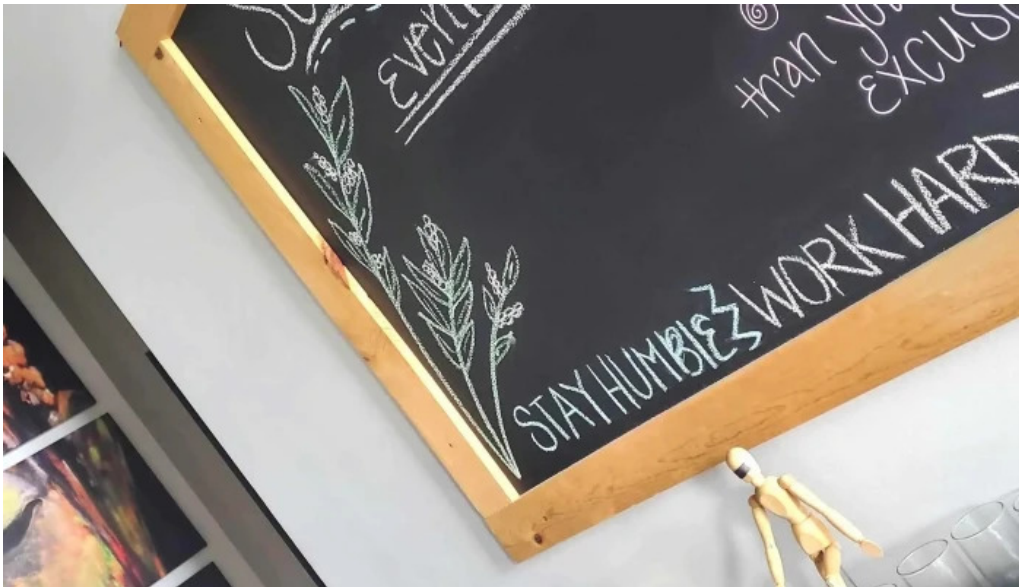
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Tags

Wheelchair-accessible toilet, Free of charge street parking, Wheelchair-accessible car park, Planning, Parking, Service options, Highlights, Active military discounts, Amenities, Wheelchair-accessible entrance, Appointments recommended, Online classes, Accessibility, Free parking lot, Toilet, On-site parking, On-site services

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