


Hotworx - Gainesville, FL - University Towne Center - Gainesville

gainesville

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Published on: 04/05/25	Hits: 1323
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Discover HOTWORX - Gainesville, FL: Your Ultimate Wellness Hub

Located in University Towne Center, HOTWORX - Gainesville offers a unique fitness experience that combines infrared sauna technology with effective workout routines. With their emphasis on ****accessibility****, HOTWORX ensures everyone feels welcome and comfortable during their fitness journey.

Wheelchair-Accessible Features

The studio boasts a ****wheelchair-accessible entrance**** and ****toilet****, making it an inclusive space for all guests. Furthermore, they have a ****wheelchair-accessible car park****, allowing easy access for those with mobility challenges. This commitment to ****accessibility**** is essential in creating an environment where everyone can enjoy the benefits of fitness.

A Unique Sauna Experience

HOTWORX integrates the healing properties of heat into its workouts through its state-of-the-art saunas. Members can engage in a variety of classes ranging from yoga to high-intensity interval training (HIIT), all while enjoying the therapeutic effects of infrared heat. This innovative approach not only enhances calorie burn but also aids in muscle recovery and detoxification.

Amenities That Enhance Your Visit

When you step into HOTWORX, you'll appreciate the carefully maintained amenities that contribute to an excellent workout experience. Despite some recent concerns about cleanliness, many guests highlight the fully equipped facility that includes a ****wheelchair-accessible toilet**** and well-organized sauna rooms. Staff members like Dhanya and Cole have been praised for their friendliness and professionalism, contributing to a welcoming atmosphere.

Planning Your Visit

Appointments are recommended to secure your spot in various classes. Whether you're considering a spontaneous session or a planned routine, booking ahead can ensure you get the most out of your visit. You'll find that HOTWORX accommodates a range of schedules with their 24/7 access, perfect for busy individuals looking to fit a workout into their day.

Addressing Concerns and Recommendations

While many reviews express appreciation for the supportive staff and unique workout offerings, some guests have experienced issues with equipment maintenance and cleanliness. It's important to communicate any concerns directly with management to ensure a swift resolution. Hotworx encourages feedback and strives to improve its facilities continually.

Join the Community

For anyone in Gainesville, HOTWORX offers a refreshing alternative to traditional gyms. The sense of community among members and staff fosters motivation and support. Newcomers can take advantage of a free trial class to discover the benefits firsthand. In summary, whether you are seeking a ****wheelchair-accessible entrance**** or wanting to sweat it out in a rejuvenating sauna, HOTWORX - Gainesville provides a tailored fitness experience designed for everyone. Don't miss your chance to be part of this innovative health hub.

You can reach us at

3265 SW 34th St Suite 4, 32608 Gainesville, Florida - United States (US)

The phone of the respective **Yoga studio** is +1352-505-6211

And if you want to send a WhatsApp, you can do so at +1352-505-6211

Our opening hours are:

Day Hours
Monday
11?AM–4?PM
Tuesday
Closed
Wednesday
11?AM–8?PM
Thursday
11?AM–8?PM
Friday
11?AM–8?PM
Saturday
11?AM–8?PM
Sunday
9?AM–6?PM

The website is HOTWORX - Gainesville, FL - University Towne Center

If you need to adjust any information that you feel is not accurate about this portal, we urge you to deliver a message and we will correct it as soon as possible. With anticipation thank you very much.

Images



Hotworx gainesville fl university towne center gainesville

My name is Jaiene Delloff and I would like to cancel my membership effective immediately under the 3-day cancellation law in Florida. I was here on 02-22-20 during staffed hours at 1:24pm; however no staff was here. I have also email a copy of my cancellation. Please email back as soon as you receive this.

Jaiene Delloff

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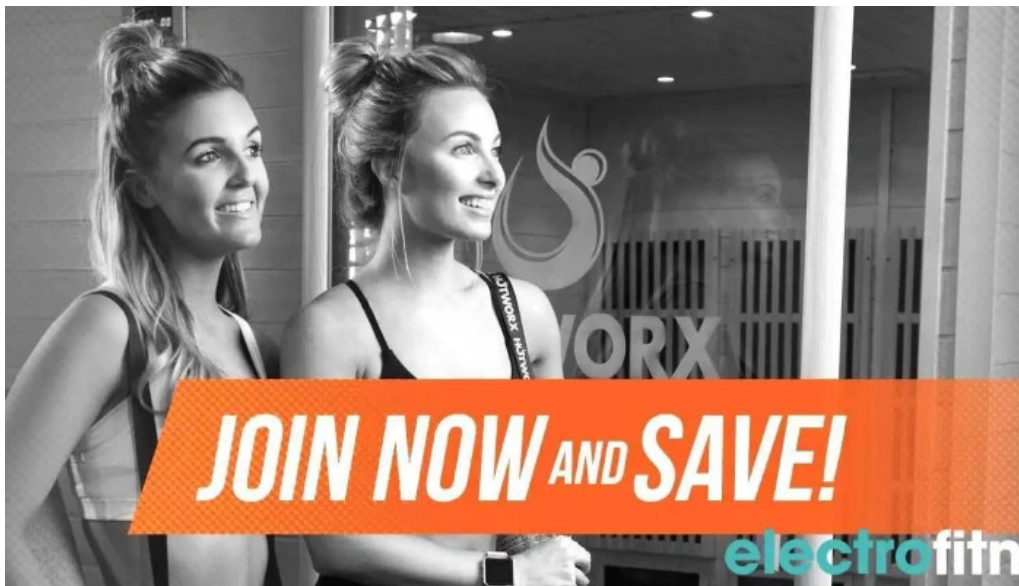
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country club
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cultural center
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facial spa
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fitness equipment wholesaler
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