


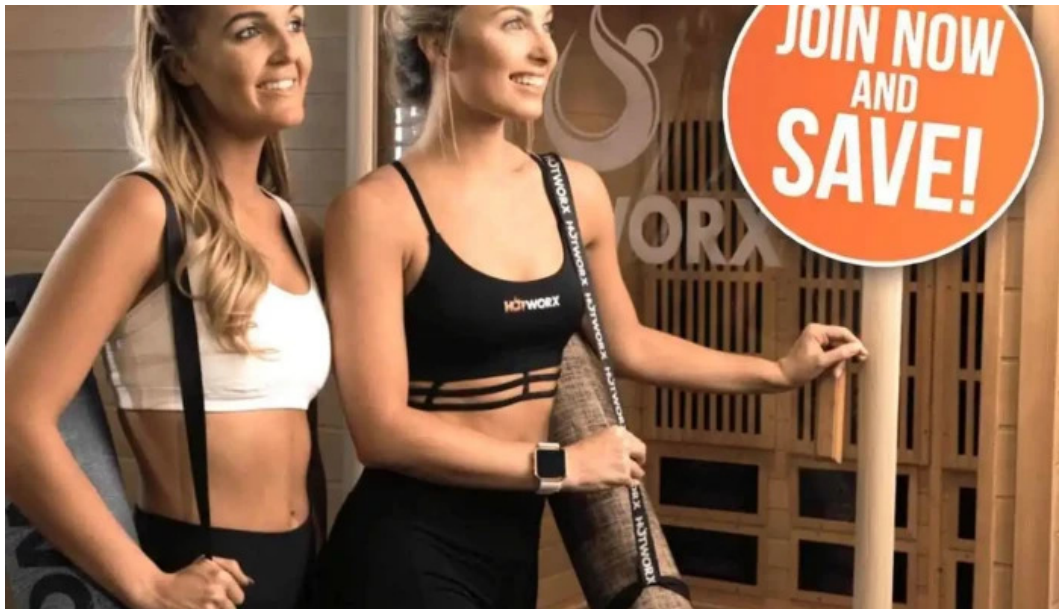
Hotworx - Highlands Ranch, Co - Highlands Ranch Town Center - Highlands Ranch

highlands ranch

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highlands ranch

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Discover HOTWORX - Highlands Ranch, CO

Located in the heart of Highlands Ranch Town Center, **HOTWORX** offers a unique fitness experience that combines innovative workout techniques with the benefits of infrared heat. This state-of-the-art studio is designed for those

seeking efficient and intense workouts without the traditional gym atmosphere.

Workout in the Sauna

One of the standout features of HOTWORX is its use of **infrared saunas**. These specialized saunas provide an array of health benefits, including weight loss, detoxification, and reduced muscle soreness. Members have reported feeling rejuvenated and energized after each session, making it a favorite choice for those looking to optimize their workout routines.

Accessibility and Amenities

Planning a visit to HOTWORX is made easy with its **wheelchair-accessible entrance, wheelchair-accessible toilets, and wheelchair-accessible car park**. This commitment to accessibility ensures everyone can enjoy the facilities comfortably. The studio also offers a clean environment and a variety of **on-site services** aimed at enhancing your overall experience.

Service Options and Appointments

HOTWORX recommends making **appointments** for classes to ensure a spot during peak hours. With numerous classes available throughout the week, members appreciate the flexibility to choose timings that best fit their schedules. Whether you're a fitness newbie or a seasoned athlete, you'll find the right class for you.

Community and Support

Members rave about the supportive community at HOTWORX, emphasizing the friendly and welcoming nature of the staff. Owners Wanda and Taryn are dedicated to creating a family-like environment, often greeting members by name and fostering a sense of belonging.

What Members Are Saying

Testimonials from members highlight the effectiveness of the workouts and the positive impact on their fitness journeys. Many describe HOTWORX as more than just a gym; it's a place where they can reset, recharge, and see real results:

"I've never been one for regular gyms, but this workout makes me feel amazing!" "The infrared heat has been incredible for my shoulder and hip injuries." "Every session leaves me feeling rejuvenated and focused!"

Final Thoughts

If you're in Highlands Ranch, CO, and looking for a workout experience that combines efficiency with comfort, look no further than HOTWORX. From its innovative sauna workouts to its commitment to accessibility and community, this studio truly has it all. Join today and start your journey toward a healthier, more active lifestyle!

We are situated in

9325 Dorchester St Ste 123, 80126 Highlands Ranch, Colorado - United States (US)

The phone of the respective **Yoga studio** is +1720-328-0039

And if you want to send a WhatsApp, you can do so at +1720-328-0039

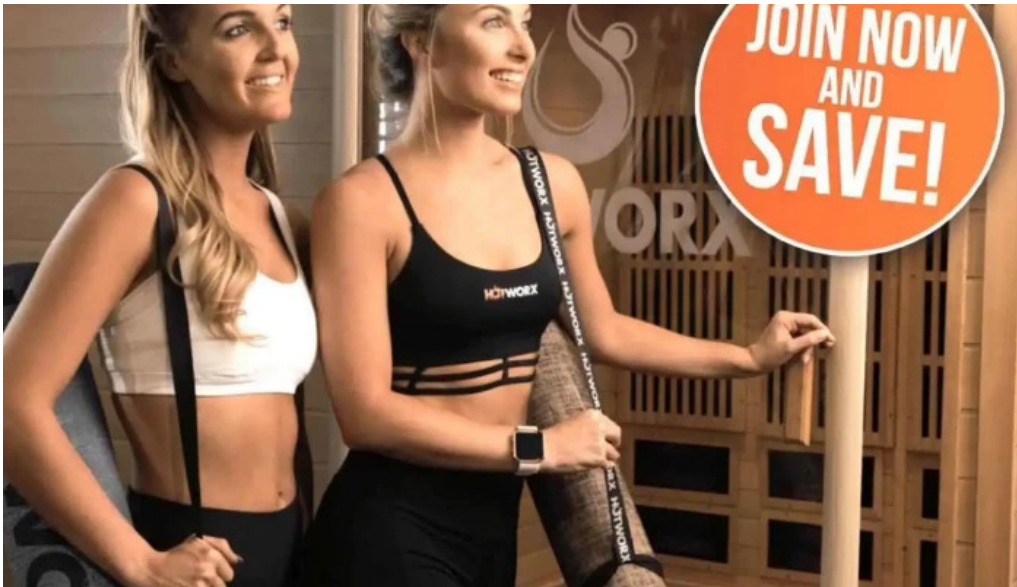
We are open during the following hours:

Day Hours
Monday
11?AM–8?PM
Tuesday
11?AM–8?PM
Wednesday
11?AM–8?PM
Thursday
11?AM–8?PM
Friday
9?AM–6?PM
Saturday
11?AM–4?PM
Sunday
Closed

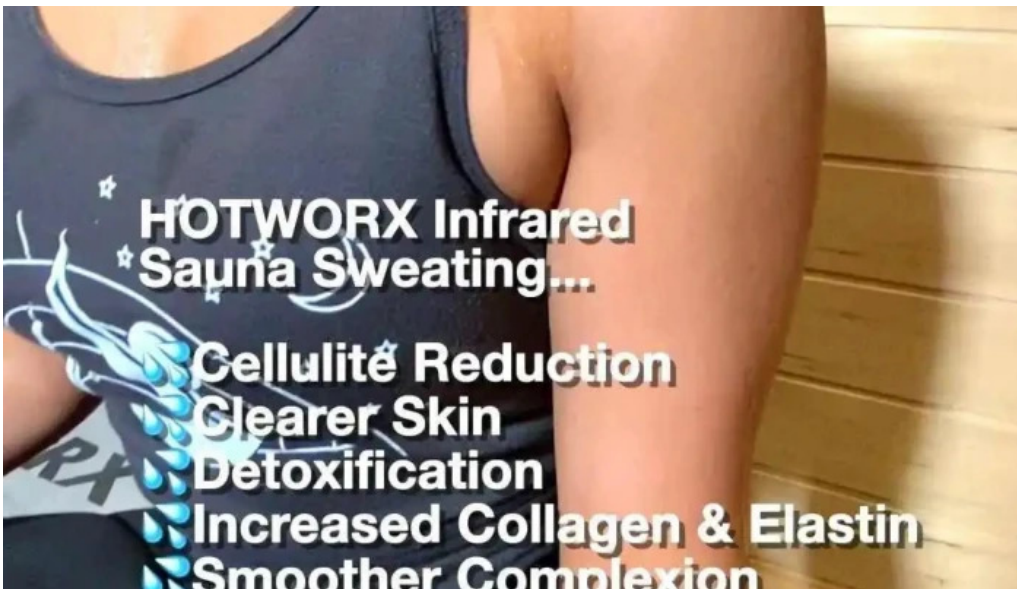
The website is HOTWORX - Highlands Ranch, CO - Highlands Ranch Town Center

If you need to adjust any information that you consider is not correct concerning this site, we ask send a message and we will adjust it at the earliest convenience. Thank you in advance we appreciate it.

Images



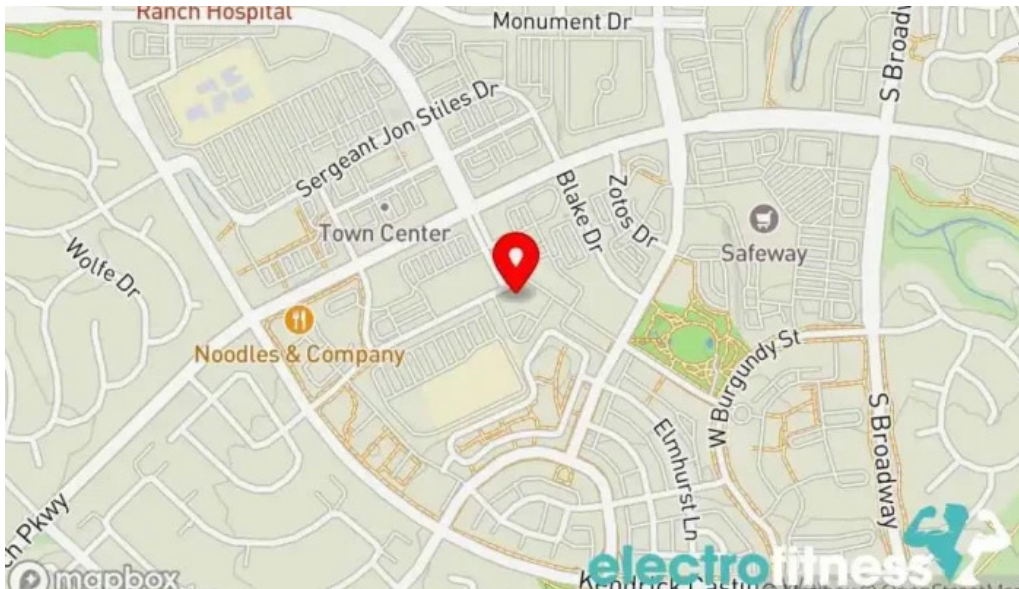
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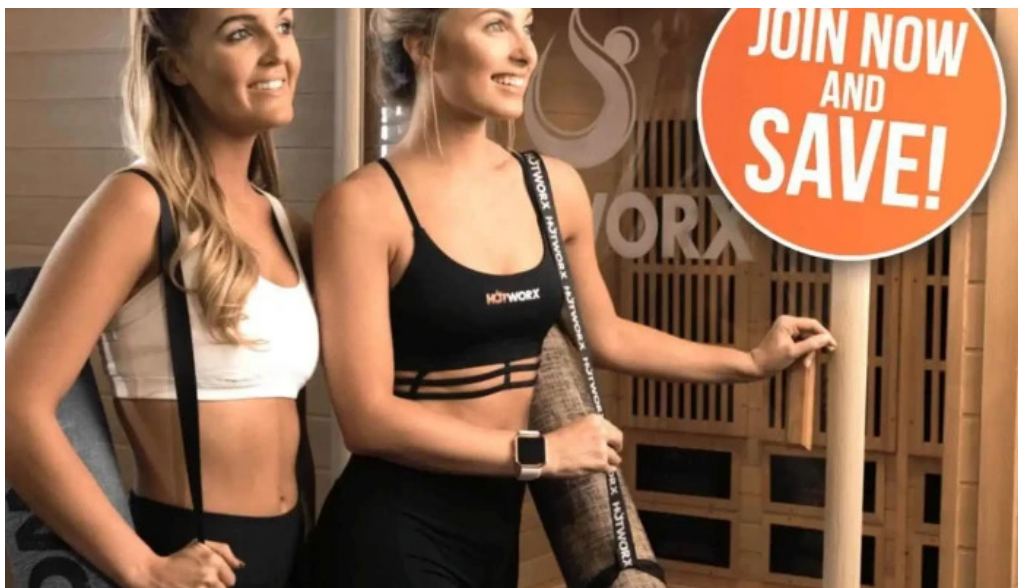
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Tags

Toilet, Accessibility, On-site services, Wheelchair-accessible car park, Sauna, Appointments recommended, Amenities, Service options, Wheelchair-accessible toilet, Planning, Wheelchair-accessible entrance

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