

## Sumits Yoga Littleton - Littleton

littleton

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### *Sumits Yoga Littleton - Littleton*

#### **Welcome to Sumits Yoga Littleton: A Space for Everyone**

Sumits Yoga in Littleton, Colorado, is not just a yoga studio; it's a welcoming community that caters to all practitioners, regardless of their experience level. With an emphasis on **\*\*accessibility\*\***, Sumits Yoga ensures a comfortable experience for everyone with features such as a **\*\*wheelchair-accessible entrance\*\*** and a well-maintained **\*\*wheelchair-accessible toilet\*\***.

#### **Exceptional Amenities for All**

At Sumits Yoga, you can expect exceptional amenities designed to enhance

your practice. The **\*\*wheelchair-accessible car park\*\*** allows easy access for those who need it. Inside, the studio boasts clean and spacious facilities, including showers and restrooms, ensuring a pleasant environment for everyone. As one satisfied visitor noted, “The facility is spotless, the workout a good one... the experience was refreshing overall.”

### **A Community Like No Other**

The community atmosphere at Sumits Yoga in Littleton has been described as feeling like family. Many practitioners, including healthcare workers, appreciate the inclusive nature of the studio, highlighted by generous discounts for those in the medical field. One enthusiastic member shared, “This place has become a second home! The community feels like family and the environment is so warm.”

### **Expertise and Guidance from Professional Instructors**

The quality of instruction at Sumits Yoga is another reason customers keep coming back. With knowledgeable and friendly teachers, each class delivers a unique experience tailored to individual needs. “All the instructors here are absolutely incredible,” expressed a devoted attendee. From hot yoga sessions to new vinyasa classes, every student is encouraged to embrace their own practice without judgment.

### **Experience the Heat**

Hot yoga at Sumits Yoga is a transformative experience, with classes set in a room maintained at 98 degrees and 80% humidity. This setting promotes deep stretching and detoxification, as many students have discovered. One newcomer remarked, “I was first intimidated... but I always leave feeling centered, happy, and at peace.”

### **Your Journey Starts Here**

Whether you are a seasoned yogi or a complete beginner, Sumits Yoga Littleton offers a nurturing environment where everyone is welcome. With its commitment to **\*\*accessibility\*\***, expert instructors, and an engaging community, this studio stands out as a top choice for anyone looking to deepen their practice. Come and discover why so many have chosen Sumits as their home for yoga!

### **You can reach us at**

*151 W Mineral Ave #119B, 80120 Littleton, Colorado - United States (US)*

The contact phone of the respective **Yoga studio** is +1303-927-7393  
And if you want to send a WhatsApp, you can do so at +1303-927-7393

## Our opening hours are:

Day Hours  
Monday

5:30?AM–7?PM

Tuesday

5:30?AM–5:30?PM

Wednesday

5:30?AM–5:30?PM

Thursday

5:30?AM–7?PM

Friday

5:30?AM–4?PM

Saturday

6:30?AM–4?PM

Sunday

8?AM–6?PM

The website is [Sumits Yoga Littleton](#)

If you wish to alter any detail that you think is incorrect related to this page, please forward a message and we will adjust it promptly. Thanks beforehand thank you very much.

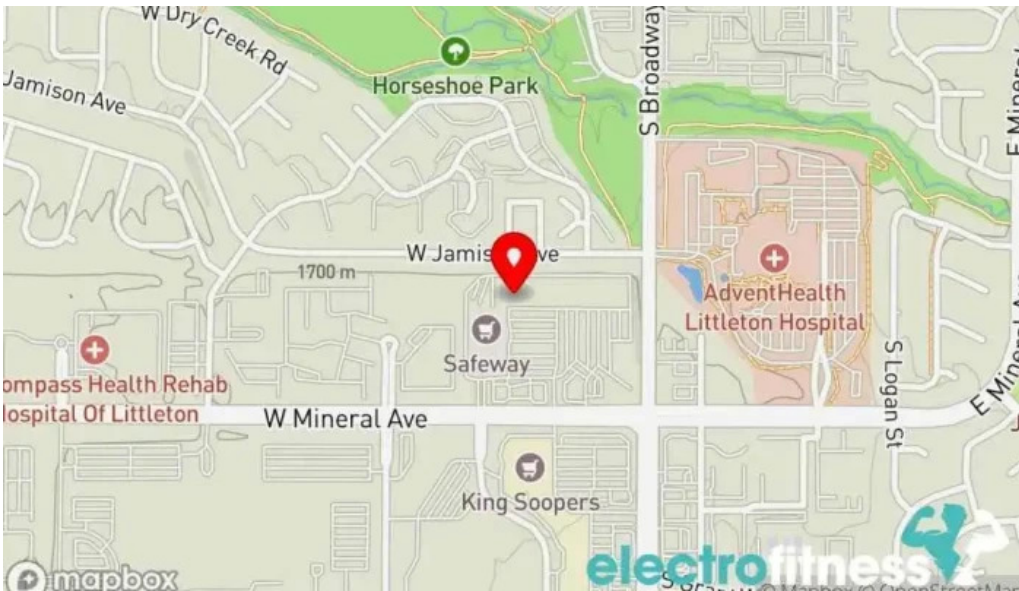
## Images



*Sumits yoga littleton yoga*



*Sumits yoga littleton street view 360deg*



*Sumits yoga littleton map*



*Sumits yoga littleton littleton*



*Sumits yoga littleton by owner*



*Sumits yoga littleton all*

## Tags

*Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Toilet, Amenities, Wheelchair-accessible car park*

## Related content

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5.0 \* *Abingdon Yoga Center - Abingdon*

5.0 \* *Acadiana Yoga & Wellness - Lafayette*

4.8 \* *GoodWolf Power Yoga Studio - Lafayette*

5.0 \* *The Space Yoga Studio - Lafayette*

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## Categories

amusement park ride

arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school

massage therapist
meditation center
non-profit organization
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization