

Old School Yoga - Montpelier

montpelier

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Old School Yoga - Montpelier

Discovering Old School Yoga Studio in Montpelier, Vermont

If you are searching for a serene place to enhance your yoga practice, Old School Yoga is a gem located in the heart of Montpelier, Vermont. This studio offers a unique blend of traditional yoga teachings and a welcoming atmosphere, making it a favorite among locals and visitors alike.

Amenities that Enhance Your Experience

At Old School Yoga, the focus is not only on the practice itself but also on providing the best ****amenities**** to support each individual's journey. Some of

the notable features include: - ****Spacious Practice Areas****: The studio boasts ample space for classes, ensuring that everyone can practice comfortably without feeling cramped. - ****Clean Facilities****: Hygiene is paramount at Old School Yoga. With well-maintained ****toilet**** facilities, you can feel at ease during your visit. - ****Yoga Props****: The studio provides various props such as blocks, straps, and blankets, allowing practitioners of all levels to enhance their yoga experience.

A Community-Centric Approach

Old School Yoga fosters a strong sense of community among its members. The supportive environment encourages individuals to connect, share experiences, and grow together in their yoga journey. Whether you're a seasoned yogi or just starting out, you'll find a welcoming space here.

Your Next Yoga Adventure Awaits

With its prime location and exceptional ****amenities****, Old School Yoga in Montpelier, Vermont, is a must-visit for anyone looking to deepen their yoga practice. Experience the blend of tradition and comfort that makes this studio truly special. Come and explore what Old School Yoga has to offer!

We are based in

26 State St Suite 4 2nd floor, 05602 Montpelier, Vermont - United States (US)

The contact phone of the respective **Yoga studio** is +1802-498-7257

And if you want to send a WhatsApp, you can do so at +1802-498-7257

We are available at these times:

Day	Hours
Monday	Closed
Tuesday	5:30–7?PM
Wednesday	5:30–7?PM
Thursday	Closed
Friday	5:30–7?PM
Saturday	5:30–7?PM

Sunday
Closed

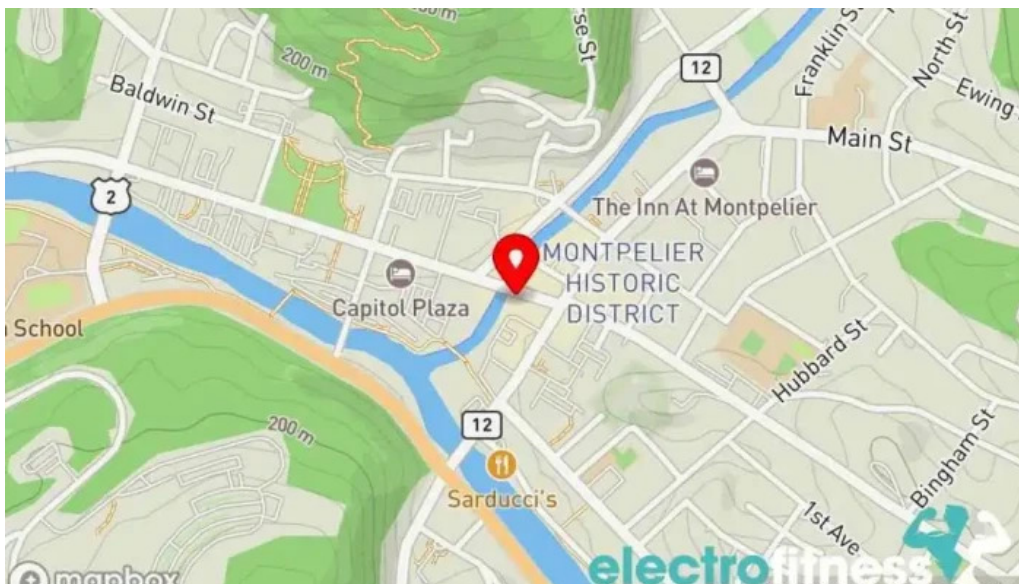
The website is [Old School Yoga](#)

If you wish to adjust any detail that you feel is incorrect about this page, we kindly request forward a message so we can we will correct it at the earliest convenience. With anticipation thank you very much.

Images



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Tags

Toilet, Amenities

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