

## Solshine Yoga Studio - New Bedford

new bedford

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## *Solshine Yoga Studio - New Bedford*

### **Discover Solshine Yoga Studio in New Bedford, Massachusetts**

Solshine Yoga Studio is a haven for yoga enthusiasts and beginners alike, located in the picturesque New Bedford, Massachusetts. This unique studio offers a variety of **\*\*service options\*\*** that cater to all skill levels, ensuring everyone feels welcome and supported in their practice.

### **Service Options at Solshine Yoga Studio**

At Solshine, you can choose from an array of **\*\*online classes\*\*** and **\*\*on-site**

services\*\*. This flexibility allows you to enjoy yoga in a way that best suits your lifestyle. Whether you prefer practicing at home or joining a class with a breathtaking view of the ocean, Solshine has you covered. The studio regularly hosts beginner-friendly sessions designed to promote self-love and abundance, as well as advanced classes that challenge even the most seasoned yogis.

## **A Beautiful and Accessible Environment**

One of the standout features of Solshine Yoga Studio is its \*\*wheelchair-accessible car park\*\* and facilities. Accessibility is a priority here, ensuring that everyone can enjoy this serene environment. The studio boasts a clean, welcoming space complete with a \*\*toilet\*\* and essential \*\*amenities\*\*, including free use of yoga mats, blocks, and straps to enhance your practice.

## **Experience the Magic of Every Class**

Classes at Solshine are not just about the physical practice; they nurture the spirit, too. Many attendees mention the transformative experiences they've had, describing classes as grounding, enlightening, and calming. With instructors like Erin, Amanda, and Sarah leading sessions, students explore breath work, deep stretching, and meditation techniques that align the chakras, leaving them feeling lighter and more balanced.

## **Stunning Views and a Cozy Atmosphere**

The ambiance of Solshine Yoga Studio plays a significant role in its appeal. Large windows overlook the stunning New Bedford harbor, providing a breathtaking backdrop during sunset classes. The space is adorned with beautiful plants and spiritual artifacts, creating a tranquil environment that promotes healing and introspection.

## **Community and Inclusivity**

What sets Solshine apart is its sense of community. Instructors are known for their kindness and ability to connect with each student, fostering an inclusive atmosphere where everyone feels comfortable, regardless of their level of experience. Reviews highlight the welcoming energy, making it a beloved place for people to gather, share, and grow together.

## **Join the Solshine Family**

With a range of classes available for all abilities, Solshine Yoga Studio invites you to become part of its vibrant community. Many have found their yoga "home" here, where every class feels rejuvenating and uplifting. Whether you're a beginner or a seasoned practitioner, Solshine offers a supportive space to deepen your practice and prioritize your well-being. Book your class today and experience the joy and peace that awaits you at Solshine Yoga Studio!

**You can find us in**

127 W Rodney French Blvd #1623, 02744 New Bedford, Massachusetts - United States (US)

The contact phone of this **Yoga studio** is +1508-287-1056

And if you want to send a WhatsApp, you can do so at +1508-287-1056

## **Visit us during the following hours:**

Day Hours  
Monday  
*Open 24 hours*  
Tuesday  
*Open 24 hours*  
Wednesday  
*Open 24 hours*  
Thursday  
*Open 24 hours*  
Friday  
*Open 24 hours*  
Saturday  
*Open 24 hours*  
Sunday  
*Open 24 hours*

The website is Solshine Yoga Studio

If necessary to update any element that you consider is not accurate regarding this site, we urge you to send us a message and we will adjust it quickly. Thanks beforehand we appreciate it.

## **Images**



*Solshine yoga studio yoga*



*Solshine yoga studio yoga studio*



*Solshine yoga studio videos*



*Solshine yoga studio street view 360deg*



*Solshine yoga studio photos*



*Solshine yoga studio new bedford*



*Solshine yoga studio map*



*Solshine yoga studio location*

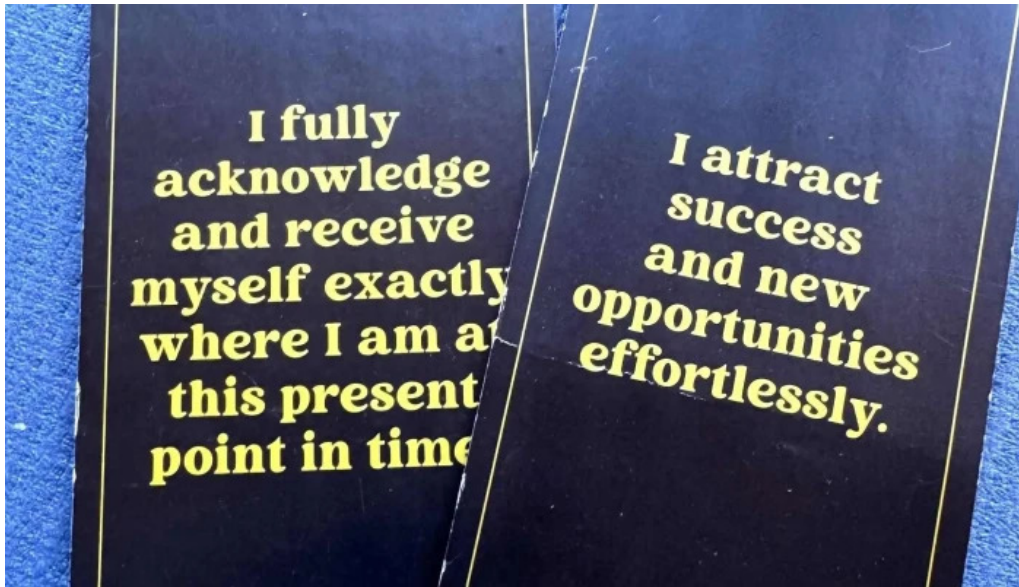


*Solshine yoga studio instagram*



*Solshine yoga studio how to get there*





*Solshine yoga studio discounts*



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*Solshine yoga studio all*



*Solshine yoga studio address*

## Tags

*Toilet, Online classes, On-site services, Service options, Accessibility, Amenities, Wheelchair-accessible car park*

## Related content

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4.8 \* *GoodWolf Power Yoga Studio - Lafayette*

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4.9 \* *Align Yoga - Pleasant Hill*

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5.0 \* *The Space Yoga Studio - Lafayette*

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4.1 \* *Priority Fitness - Bedford*

4.9 *	<i>Abilene Yoga House + - Abilene</i>
5.0 *	<i>Sc Faith Yoga - Abbeville</i>
5.0 *	<i>Raga Yoga - Walnut Creek</i>
5.0 *	<i>Belly Dance! Studio - Walnut Creek</i>
5.0 *	<i>Abingdon Yoga Center - Abingdon</i>
4.3 *	<i>Club Studio - Walnut Creek</i>

## Categories

amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
grocery store
gym
gymnastics center
hair salon

health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school

swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization