

Yoga Es Vida - New Bedford

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Yoga Es Vida - New Bedford

Discover Yoga Es Vida: A Bilingual Yoga Studio in New Bedford, MA

Yoga Es Vida is a vibrant yoga studio located in the heart of New Bedford, Massachusetts, that identifies as Latino-owned. This unique space is designed to create an inviting and inclusive atmosphere for all participants, making it a perfect choice for both beginners and experienced yogis alike.

Amenities That Enhance Your Experience

At Yoga Es Vida, the amenities are tailored to provide comfort and convenience. The studio features clean ****toilet facilities**** and offers ****on-site**

services** to enhance your practice. Whether you want to attend a class or simply relax, the studio provides a beautiful environment that encourages you to surrender to the moment.

Good for Kids: Family-Friendly Classes

One of the highlights of Yoga Es Vida is its family-friendly approach. The studio is known for being **good for kids**, making it an excellent choice for parents looking to introduce their children to the benefits of yoga. With classes designed to engage younger audiences, families can enjoy this wellness journey together.

Service Options: Diverse Offerings

Yoga Es Vida provides a variety of **service options** including **online classes** to accommodate different preferences and schedules. Whether you prefer practicing in the studio or at home, you'll find flexible options that nurture your well-being.

Outdoor Services

For those who love to connect with nature, Yoga Es Vida also offers **outdoor services**. These classes allow participants to enjoy yoga in fresh air, adding an extra layer of tranquility to your practice.

Community and Culture

With a distinct Latin vibe, Yoga Es Vida enriches the yoga experience by incorporating modern Hispanic music into classes. This cultural connection creates a welcoming environment where participants feel at home. The warm, friendly instructors like Tahais and Bethany are recognized for their ability to make everyone comfortable and engaged throughout the class.

Active Military Discounts

Recognizing the dedication of military personnel, Yoga Es Vida offers **active military discounts**. This initiative demonstrates the studio's commitment to serving the community and making wellness accessible to all.

From the Business: Client Testimonials

Client feedback reflects the warmth and inclusivity of Yoga Es Vida. One attendee mentioned, "Tahais made me feel so comfortable and allowed me to truly surrender myself to the class." Another participant highlighted the calming atmosphere, stating, "The ambiance is unmatched!" These experiences emphasize the studio's ability to nurture both body and mind. In conclusion, Yoga Es Vida is more than just a yoga studio; it's a community hub that supports wellness through culturally rich practices and a welcoming environment. Whether you're seeking relaxation, connection, or a new way to enhance your well-being, this studio is highly recommended for anyone on their

yoga journey.

Our business is found at

127 W Rodney French Blvd Artisan Center section, Suite 2-11, 2nd floor, 02744 New Bedford, MA - United States (US)

We open at the following schedule:

Day	Hours
Monday	5:30–7?PM
Tuesday	Closed
Wednesday	Closed
Thursday	5:30–7?PM
Friday	Closed
Saturday	5:30–7?PM
Sunday	Closed

The website is [Yoga Es Vida](#)

If necessary to alter any detail that you believe is not correct related to this portal, please send us a message and we will adjust it quickly. Thanks beforehand thank you very much.

Images



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Tags

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