

## Pink Salt Wellness - Oakland

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## *Pink Salt Wellness - Oakland*

### Welcome to Pink Salt Wellness: A Sanctuary for All

Located in the beautiful Oakland, California hills, **Pink Salt Wellness** is not just a yoga studio; it's a vibrant community that identifies as both **LGBTQ+ owned** and **Latino-owned**. This inclusive space caters to everyone, ensuring that all individuals feel welcomed and empowered on their wellness journey.

### Planning Your Visit

When planning your trip to Pink Salt Wellness, you can expect a range of amenities designed for comfort and accessibility. The studio features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easy for all visitors to participate in classes. Additionally, there is a **wheelchair-accessible toilet** available on-site, ensuring that everyone has access to essential facilities.

## On-Site Services and Classes

Pink Salt Wellness offers an array of **on-site services**, including regular yoga classes and specialized sessions like **Yogalates** and **Sculpt Yoga**. Many patrons rave about the qualified instructors, such as Krystle and Carmela, who provide extraordinary guidance tailored to various levels of experience. With a strong emphasis on care and gentleness, students find themselves transported to a state of bliss during each session.

## Online Classes for Everyone

For those who prefer practicing at home, **Pink Salt Wellness** also provides online classes, allowing participants to enjoy guided sessions no matter where they are. However, it's recommended to make **appointments** to ensure personalized attention during your journey.

## A Welcoming Community

The atmosphere at Pink Salt Wellness is described by many as warm and inviting. As one visitor noted, "The studio is always clean, well-stocked with equipment, and bathed in the sweetest warmth and light." This welcoming environment is enhanced by the friendly and knowledgeable staff who create a supportive community for all yogis.

## Unique Amenities

In addition to yoga classes, Pink Salt Wellness features a **sauna** that many patrons find beneficial for relaxation and recovery. The unique salt wall adds to the calming aesthetic, enhancing the overall experience for visitors looking for tranquility and rejuvenation.

## Customer Testimonials

Many customers have shared their positive experiences at Pink Salt Wellness. One user mentioned the transformative nature of Krystle's yogalates sessions, which significantly aided in their recovery from injuries and improved overall wellbeing. Others have highlighted the variety of class options, stating that it's

great for practitioners of all levels, from beginners to seasoned yogis.

## Join the Experience

Whether you are looking to deepen your practice or seek guidance for your first yoga class, Pink Salt Wellness provides an environment that encourages personal growth and healing. With its dedicated instructors, beautiful setting, and commitment to inclusivity, this studio is truly a gem in the Bay Area. Come and discover the inviting space at Pink Salt Wellness, where you can embrace yoga, community, and wellness—regardless of your background or experience!

## We are at

4400 Keller Ave Suite 220, 94605 Oakland, California - United States (US)

The phone number of the respective **Yoga studio** is +1510-697-8537

And if you want to send a WhatsApp, you can do so at +1510-697-8537

## We look forward to seeing you at:

Day Hours

Monday

9:45–11:30?AM 5–8:30?PM

Tuesday

6:30–7:45?AM 9:45?AM–1?PM 6:15–7:45?PM

Wednesday

9:45–11?AM 5:30–8:15?PM

Thursday

6:30–7:45?AM 9:45?AM–2?PM

Friday

8:45?AM–12:30?PM

Saturday

9:45?AM–12:15?PM 4:30–7:15?PM

Sunday

6:30–7:45?AM 11:15?AM–1?PM 4:30–7:45?PM

The website is Pink Salt Wellness

If you wish to update any information that you feel is incorrect related to this site, please send us a message and we will correct it promptly. Thank you in advance thanks.

## Images



*Pink salt wellness yoga*



*Pink salt wellness videos*

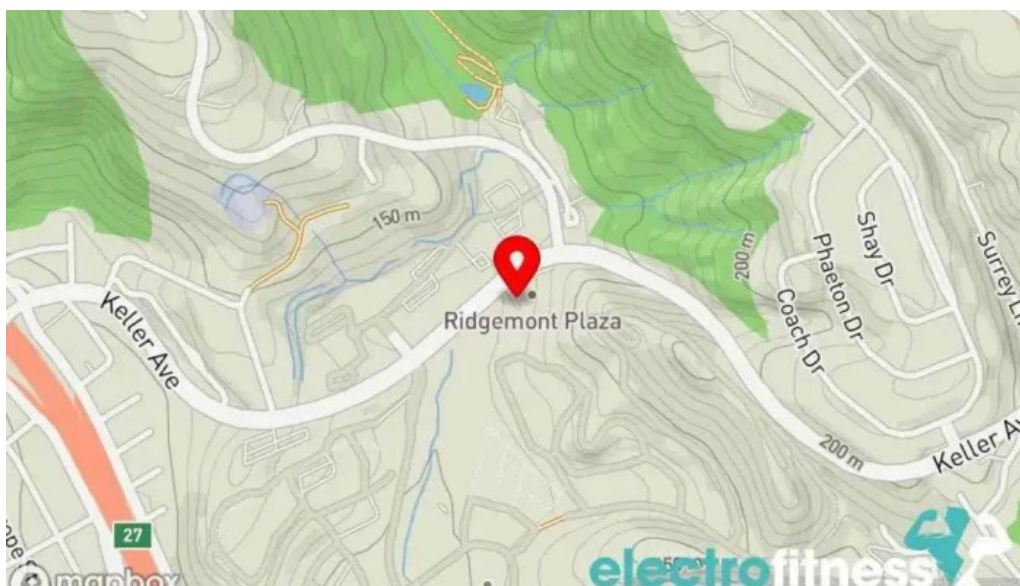


*Pink salt wellness street view 360deg*



*Pink salt wellness oakland*





*Pink salt wellness map*



*Pink salt wellness all*

## Tags

*Wheelchair-accessible toilet, Toilet, Amenities, On-site services, Appointments recommended, Identifies as LGBTQ+ owned, Wheelchair-accessible car park, Identifies as Latino-owned, Service options, Sauna, Planning, From the business, Identifies as women-owned, Accessibility, Online classes, Wheelchair-accessible entrance*

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<b>5.0 *</b>	<i>Kripalu Yoga and Wellness Center - Adams Center</i>
<b>4.5 *</b>	<i>Vibe Gym and Wellness Collective - Denver</i>
<b>4.7 *</b>	<i>Powerform - Oakland</i>
<b>4.6 *</b>	<i>Physiofit Texas Gym and Wellness Center - Dallas</i>
<b>4.6 *</b>	<i>Level Up Boxing &amp; Fitness - Lanham</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center

convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist



kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex

sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
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training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization