

Roots : A Yoga and Movement Studio - Oakland

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Roots : A Yoga and Movement Studio - Oakland

Roots Yoga Studio: A Unique Women-Owned Space in Oakland, Maryland

Nestled in the serene environment of Oakland, Maryland, **Roots Yoga Studio** stands out as a dedicated space for yoga and movement. Identifying as **women-owned**, this studio celebrates the empowerment and community spirit that resonates deeply among its patrons.

A Brief History

Though Roots Yoga Studio has faced challenges, including a period of closure, it remains a cherished memory for many locals. The community is eager for updates regarding its reopening and current operational hours. Past visitors have fondly recalled their experiences, particularly highlighting the exceptional skills of instructors Jade and Brittany, who garnered praise for their teaching styles.

Community Feedback

The appreciation for Roots Yoga Studio is evident through numerous testimonials. One enthusiastic attendee remarked, “**Fantastic class on Thursday eve!!** Teacher was excellent/great class! If I lived in this area, this would be my location for all my yoga classes.” This reflects the high-quality instruction and welcoming atmosphere that the studio aims to provide.

Diverse Offerings

Roots Yoga Studio is not only known for traditional yoga classes, but also features **buti yoga** sessions and a vibrant vinyasa cafe. This blend of movement, music, and motivational energy creates an uplifting environment that many find irresistible. Another visitor expressed their delight with, “**Awesome buti yoga studio and vinyasa cafe.** Great music, motivation, atmosphere, and vibes!”

Conclusion

As we look forward to the potential reopening of Roots Yoga Studio, the community's enthusiasm remains palpable. This **women-owned** establishment promises a unique blend of yoga, empowerment, and connection, making it a beloved destination for those seeking wellness in Oakland, Maryland. Keep an eye out for updates and support this incredible local gem!

We are based in

19509 Garrett Hwy, 21550 Oakland, Maryland - United States (US)

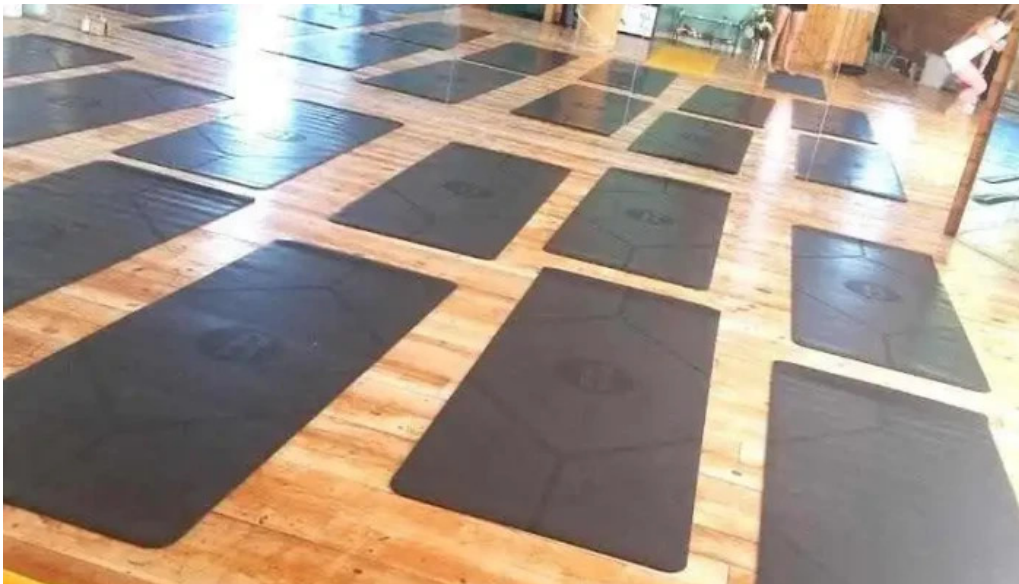
The phone number of the respective **Yoga studio** is +1970-922-8576
And if you want to send a WhatsApp, you can do so at +1970-922-8576

If necessary to change any information that you consider is not accurate related to this site, please forward a message so we can we will fix it quickly. In advance thanks for your cooperation.

Images



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Roots a yoga and movement studio map



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Tags

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Comments

Anna Adams	09-05-25 13:37
What a fantastic buti yoga studio and vinyasa cafe! The music is great, the motivation is on point, and the atmosphere and vibes are simply amazing!	

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