

Soulflow Oakland - Oakland

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Soulflow Oakland - Oakland

Discover Soulflow Yoga Studio in Oakland, California

If you're searching for a yoga studio that embodies inclusivity and warmth, look no further than **Soulflow Oakland**. Located in the heart of downtown Oakland, this studio is known for its **LGBTQ+ friendly** environment and exceptional accessibility features, making it a welcoming space for everyone.

A Commitment to Accessibility

Soulflow Oakland takes pride in offering a **wheelchair-accessible entrance**, **wheelchair-accessible seating**, and a **wheelchair-accessible toilet**. These amenities ensure that all community members can enjoy their yoga practice without barriers. The studio's dedication to **accessibility** reflects its mission to create an inclusive environment for all.

A Women- and Black-Owned Business

Soulflow Oakland not only identifies as a **women-owned** establishment but also as a **Black-owned** business. This commitment to diversity shines through in every class and event they offer, creating a rich and multicultural community.

On-Site Services and Amenities

The studio offers a variety of **on-site services**, including yoga classes tailored for all levels, dance classes, Zumba, workshops, sound baths, and retreats. Classes often incorporate sliding scale pricing to ensure **financial accessibility** for everyone. With thoughtful offerings like free classes and events, Soulflow truly caters to the needs of the community.

Community-Centric Vibe

The vibrant **crowd** at Soulflow fosters a sense of connection and belonging. Many visitors have noted the supportive atmosphere where instructors learn your name and create a nurturing space for each participant. As one member stated, "It's not every yoga studio where everyone knows your name," highlighting the unique friendships formed within the studio.

An Inspiring Environment

Step inside, and you'll immediately notice the studio's breathtaking setup with open windows that allow natural light to fill the space. The serene ambiance, combined with comfortable amenities like meditation pillows, blankets, and yoga mats, creates the perfect setting for a fulfilling yoga practice. Visitors often leave feeling more grounded and energized than when they arrived.

Join the Soulflow Community

If you're in the Bay Area, make sure to check out **Soulflow Oakland**. With its intentional focus on inclusion, accessibility, and community support, this studio has become a beloved haven for many. Whether you're a novice or a seasoned yogi, you'll find a welcoming community ready to support your journey.

We are at

405 14th St, 94612 Oakland, California - United States (US)

The phone number of the respective **Yoga studio** is +1510-459-0144
And if you want to send a WhatsApp, you can do so at +1510-459-0144

We open at the following schedule:

Day	Hours
Monday	8?AM–9?PM
Tuesday	8?AM–9?PM
Wednesday	8?AM–9?PM
Thursday	8?AM–9?PM
Friday	8?AM–9?PM
Saturday	8?AM–9?PM
Sunday	8?AM–9?PM

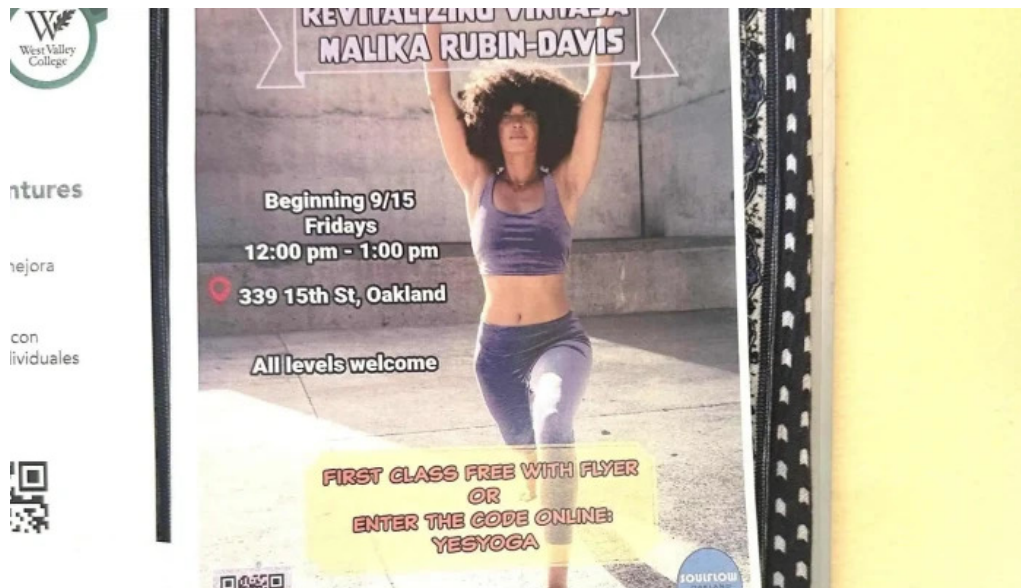
The website is Soulflow Oakland

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Images



Soulflow oakland yoga



Soulflow oakland yoga studio



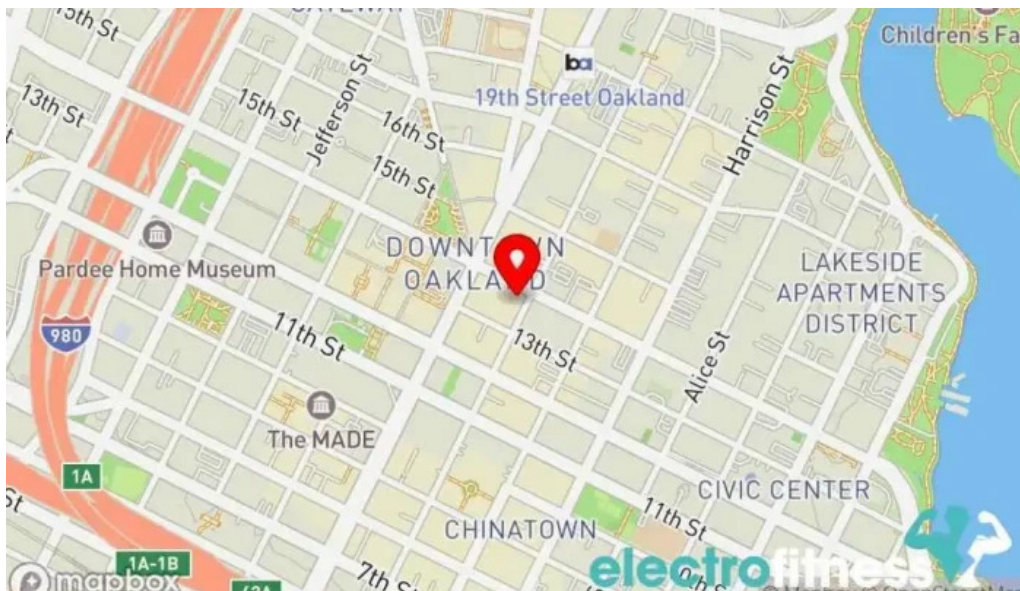
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Tags

Toilet, Wheelchair-accessible seating, LGBTQ+ friendly, Crowd, On-site services, Wheelchair-accessible toilet, From the business, Accessibility, Wheelchair-accessible entrance, Identifies as Black-owned, Amenities, Identifies as women-owned, Service options

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