

## Release Yoga Studio - Palestine - Palestine

palestine

☐ I'm not a robot
 

Published on: 28/05/25	Hits: 30
Comments: 0	See comments
Votes: 3	Score: 5

[https://www.electrofitness.com/yoga-studio/palestine/release-yoga-studio-palestine-palestine\\_348495](https://www.electrofitness.com/yoga-studio/palestine/release-yoga-studio-palestine-palestine_348495)

.php



*palestine*

## *Release Yoga Studio - Palestine - Palestine*

### Discover Release Yoga Studio - Palestine, Texas

Release Yoga Studio is a haven for all yoga enthusiasts, located in the heart of Palestine, Texas. Whether you're a beginner or an experienced yogi, this studio offers an inviting atmosphere and exceptional amenities tailored to meet your needs.

### Amenities That Enhance Your Experience

At Release Yoga Studio, you will find a range of **\*\*amenities\*\*** designed to

enhance your yoga practice. The studio is equipped with a **\*\*wheelchair-accessible entrance\*\***, ensuring that everyone can join and enjoy the benefits of yoga. Additionally, there is an **\*\*assistive hearing loop\*\*** available for those who may require it, making the classes more inclusive for everyone.

## **Comfort and Convenience**

For your convenience, the studio features a **\*\*free parking lot\*\***, which includes **\*\*on-site parking\*\*** and a **\*\*wheelchair-accessible car park\*\***. This thoughtful planning makes it easier for all practitioners to access the studio without the stress of finding a spot.

## **Accessibility and Appointment Requirements**

The studio prioritizes **\*\*accessibility\*\*** not just in physical space but also in its approach to yoga. While some classes are available for drop-in participants, others may require an **\*\*appointment\*\***. This allows the instructors to focus on the individual needs of students in a more tailored environment.

## **Student-Centered Teaching Style**

The feedback from students highlights the exceptional teaching methods used at Release Yoga Studio. One student shared, "Michelle's classes are perfect for both beginners and those with more experience." This adaptability ensures that everyone can benefit from her guidance, regardless of their skill level.

## **Welcoming Atmosphere**

Newcomers often express feelings of nervousness when starting yoga. However, many have found the welcoming nature of Michelle's classes to be a game-changer. A student commented, "She has made it so easy and is incredibly welcoming." This atmosphere allows students to feel safe and supported, encouraging them to return and further explore their practice.

## **Transformative Benefits**

Students continually praise the transformative effects of the classes at Release Yoga Studio. Many report feeling significantly better both **\*\*mentally\*\*** and **\*\*physically\*\*** after each session. As one participant noted, "I absolutely do not regret taking a chance on not only yoga but Michelle." This sentiment reflects the overall experience and well-being fostered within the studio.

## **Conclusion**

Release Yoga Studio in Palestine, Texas stands out as a premier destination for anyone interested in yoga. With its emphasis on accessibility, diverse amenities, and a supportive community led by a dedicated instructor, it's a great place to embark on or deepen your yoga journey. Whether you're looking to improve your mental clarity or physical health, Release Yoga Studio is here to support you every step of the way.

## You can find us in

3120 W Oak St, 75801 Palestine, Texas - United States (US)

The phone number of the respective **Yoga studio** is +1301-876-0569

And if you want to send a WhatsApp, you can do so at +1301-876-0569

The website is Release Yoga Studio - Palestine

If you need to update any detail that you believe is not precise related to this page, we ask send us a message and we will handle it promptly. Thanks beforehand thanks.

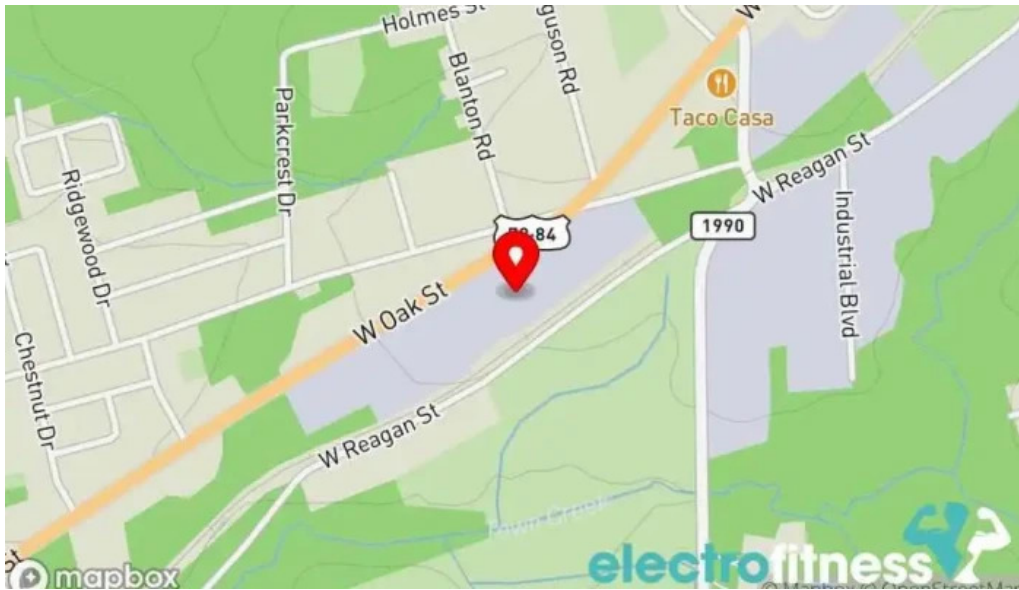
## Images



*Release yoga studio palestine palestine*



*Release yoga studio palestine street view 360deg*



*Release yoga studio palestine map*



*Release yoga studio palestine by owner*





*Release yoga studio palestine all*

## Tags

*Amenities, Planning, Toilet, Free parking lot, Parking, Assistive hearing loop, Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility, On-site parking, Appointment required*

## Related content

5.0 *	<i>Myofascial Release Works - Yakima</i>
5.0 *	<i>Bee Yoga Fusion - Greenbelt</i>
5.0 *	<i>Hot Yoga Stowe - Stowe</i>
4.9 *	<i>Yoga Amansala - Alameda</i>
5.0 *	<i>Acadiana Yoga &amp; Wellness - Lafayette</i>
5.0 *	<i>Yoga 1 Studio - Santa Fe</i>
5.0 *	<i>Pranava Yoga Studio - Santa Fe</i>
4.6 *	<i>Glomedicine - Santa Fe</i>
5.0 *	<i>FitFusion Personal Training Studio - San Antonio</i>
4.9 *	<i>Shabach Yoga Studio - Waldorf</i>

## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space

cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark

hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist



public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre

vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization