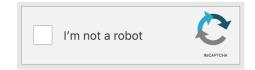


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Big White Barn Yoga - Readfield

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Big White Barn Yoga - Readfield

Explore Big White Barn Yoga Studio in Readfield, Maine

Big White Barn Yoga is not just a yoga studio; it's a serene sanctuary designed for wellness and accessibility. Located in the picturesque Readfield, this studio has become a hub for both beginners and seasoned yogis, offering a variety of classes tailored to meet different needs.

Accessibility for All

One of the standout features of Big White Barn Yoga is its commitment to **accessibility**. The studio includes a **wheelchair-accessible entrance**,

ensuring that everyone can easily enter and participate in the rejuvenating classes offered. For those utilizing wheelchairs, the **wheelchair-accessible car park** provides convenient access directly to the entrance. Inside, you will find a **wheelchair-accessible toilet**, further enhancing the inclusive environment that Big White Barn Yoga strives to maintain.

Amazing Amenities

The amenities at Big White Barn Yoga contribute significantly to the overall experience. The beautiful yoga space under the rustic barn roof creates a warm and cozy atmosphere, filled with natural light. Clients have described it as a "beautiful space" where they always leave feeling "positive, calm, and peaceful." Additionally, the studio offers fantastic massage services that complement the yoga practice. Massage therapist Ellen Donato, highly recommended by visitors, provides an exceptional experience that leaves clients feeling relaxed and comfortable. Her use of heat during massages, combined with her unique touch, has made her one of the most sought-after therapists at the studio.

Community and Instruction

The sense of community at Big White Barn Yoga is palpable. Visitors often mention the **kind and peaceful people** who contribute to the welcoming ambiance of the studio. The teachers here are not only excellent but also adapt their practices to ensure that beginners can follow along while allowing seasoned yogis to deepen their practice. With a variety of classes available, including popular sessions like yoga nidra, there is something for everyone. First-time visitors often express their intention to return, citing the beautiful building and the positive energy that fills the space.

Conclusion

If you're looking for a yoga studio that prioritizes **accessibility**, offers exceptional amenities, and fosters a warm community, Big White Barn Yoga in Readfield, Maine, is the perfect destination. With incredible instructors and a variety of classes, it's no wonder that visitors consistently rave about their experiences, making it a must-visit spot for anyone interested in health and wellness.

We are at

169 S Rd, 04355 Readfield, Maine - United States (US)

The phone of the mentioned **Yoga studio** is <u>+1207-320-8322</u> And if you want to send a WhatsApp, you can do so at+1207-320-8322

Our opening hours are:

Day Hours Monday

8:30?AM-7:30?PM

Tuesday

8?AM-6?PM

Wednesday

8?AM-2?PM

Thursday

Closed

Eriday 8:30?AM-7:30?PM

Saturday

8:30?AM-7:30?PM

Sunday

8:30?AM-7:30?PM

The website is **Big White Barn Yoga**

If necessary to change any element that you believe is incorrect related to this page, we kindly request send a message and we will fix it promptly. With anticipation we appreciate it.

Images



Big white barn yoga street view 360deg



Big white barn yoga readfield



Big white barn yoga map



Big white barn yoga all

Tags

Wheelchair-accessible car park, Wheelchair-accessible entrance, Toilet, Amenities, Accessibility, Wheelchair-accessible toilet

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