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Santa Fe Buddha Yoga Wellness Academy - Santa Fe

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Santa Fe Buddha Yoga Wellness Academy - Santa Fe

Welcome to Santa Fe Buddha Yoga Wellness Academy

Nestled in the heart of Santa Fe, New Mexico, **Santa Fe Buddha Yoga Wellness Academy** stands out as a nurturing space dedicated to holistic well-being and yoga practices. This women-owned studio is designed not only for physical fitness but also for mental clarity and emotional healing.

A Unique Experience Awaits

Visitors often describe their time at the academy as transformative. One attendee shared, "I want to take Marianne home with me; she is good for my soul." Marianne, the owner and instructor, offers customized sessions tailored to individual needs, ensuring that every participant feels valued and supported.

On-Site Services and Amenities

The studio is equipped with various **amenities** that enhance the yoga experience. Participants can enjoy: **Wi-Fi** connectivity, perfect for those who wish to stay connected while enjoying their wellness journey. **Accessibility** features, including a wheelchair-accessible car park, ensure that everyone feels welcome. A clean and comfortable **toilet**, adding to the overall convenience for visitors. **On-site services** such as personalized yoga sessions and guided meditations are staples of the academy.

Online Classes

For those unable to visit in person, the academy also offers **online classes**. This flexibility allows participants to engage in their practice from the comfort of their homes, making it accessible to people across various locations.

A Community Focused on Wellness

Santa Fe Buddha Yoga Wellness Academy emphasizes community and inclusiveness. As one satisfied participant noted, "Marianne is a very bright spirit! I love her emphasis on flexibility, balance, and vigor." The studio fosters an environment where every individual can explore their capabilities without judgment.

Personalized Yoga Sessions

Marianne's approach is centered around understanding each student's unique needs. She actively engages with her clients, asking about any physical issues or limitations before classes begin. This level of care ensures effective and safe practice, making her an outstanding teacher.

Transformative Healing Journey

Many attendees embark on healing journeys while visiting the academy. "I searched for a year before I found Marianne and her Santa Fe studio. She totally excelled," remarked one satisfied yogi. This reflects the studio's commitment to providing tailored sessions that resonate deeply with participants.

Join the Santa Fe Yoga Community

If you're seeking a welcoming environment with exceptional **service options** and a focus on individual wellness, look no further than Santa Fe Buddha Yoga Wellness Academy. Whether you join for in-person classes in the sunlit Adobe home studio or opt for online sessions, you are sure to find a supportive community dedicated to your growth. Come experience the magic of yoga with Marianne and discover how it can positively impact your life.

We are positioned at

837 E Alameda St, 87501 Santa Fe, New Mexico - United States (US)

The contact phone of this **Yoga studio** is <u>+1575-802-3013</u>
And if you want to send a WhatsApp, you can do so at+1575-802-3013

We open at the following schedule:

Day Hours
Monday
9?AM-6?PM
Tuesday
9?AM-6?PM
Wednesday
9?AM-6?PM
Thursday
9?AM-6?PM
Eriday
9?AM-6?PM
Saturday
9?AM-6?PM
Sunday
9?AM-6?PM

The website is **SANTA FE BUDDHA YOGA WELLNESS ACADEMY**

In case you want to alter any information that you feel is not precise concerning this page, please forward a message so we can we will correct it promptly. With anticipation thanks for your cooperation.

Images



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Santa fe buddha yoga wellness academy santa fe



Santa fe buddha yoga wellness academy map



Santa fe buddha yoga wellness academy by owner



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Tags

Accessibility, Online classes, Wheelchair-accessible car park, From the business, Toilet, On-site services, Service options, Identifies as women-owned, Wi-Fi, Amenities

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