

## Harmony Yoga - Spokane

spokane

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spokane

## Harmony Yoga - Spokane

### Welcome to Harmony Yoga Studio in Spokane, Washington

Located in the heart of Spokane, **Harmony Yoga** is a sanctuary for yoga enthusiasts of all levels. With a dedication to inclusivity and accessibility, this studio offers a variety of **service options** to fit your needs, whether you're a beginner or an experienced practitioner.

### Accessibility Features

Harmony Yoga prides itself on its **wheelchair-accessible entrance** and **wheelchair-accessible car park**. It is essential that everyone in the community feels welcome, and this studio has taken significant steps to ensure **accessibility** for all its guests. Additionally, a **wheelchair-accessible toilet** is available to provide comfort and convenience.

## **Amenities That Enhance Your Experience**

Upon entering the studio, you'll notice the **beautiful space** designed to promote relaxation and mindfulness. The facility is clean, welcoming, and equipped with various amenities, including ample space for classes that can accommodate many students. This attention to detail contributes to an enjoyable yoga experience.

## **Online Classes for Flexibility**

For those who prefer practicing from home, Harmony Yoga also offers **online classes**. This flexibility allows you to maintain your practice regardless of your schedule, making it easier to integrate yoga into your daily life.

## **Why Choose Harmony Yoga?**

Students rave about the quality of instruction at Harmony Yoga. With a diverse team of knowledgeable and dedicated instructors, each brings their unique style, creating an environment that encourages personal growth without pressure. Many express gratitude for the supportive atmosphere that fosters a sense of community among participants.

Whether it's prenatal yoga with the warm and inviting Lauren or early morning sessions designed for those with busy schedules, there is something for everyone. The feedback is overwhelmingly positive, with many referring to the studio as their "yoga haven" where they leave feeling blissful and centered.

## **Join the Harmony Yoga Community**

If you're considering starting yoga or looking for a new studio, look no further than Harmony Yoga. Their commitment to inclusivity, exceptional instructors, and a welcoming environment make it a standout choice. You won't go wrong by trying a class; it's highly recommended by both new and seasoned practitioners alike.

Visit Harmony Yoga today and discover the transformational power of yoga in this amazing Spokane studio. Your journey awaits!

**We are at**

1717 W 6th Ave, 99204 Spokane, Washington - United States (US)

The contact line of this **Yoga studio** is +1509-856-8946

And if you want to send a WhatsApp, you can do so at +1509-856-8946

### **Visit us during the following hours:**

Day Hours  
Monday

*9?AM–8:30?PM*

Tuesday

*9?AM–8:30?PM*

Wednesday

*9?AM–1:45?PM*

Thursday

*9?AM–12:30?PM*

Friday

*5:15–6:30?PM*

Saturday

*9?AM–7?PM*

Sunday

*9?AM–8:30?PM*

The website is Harmony Yoga

If necessary to update any information that you feel is not accurate regarding this web, we ask send us a message and we will handle it as soon as possible. Thank you in advance thanks.

## **Images**



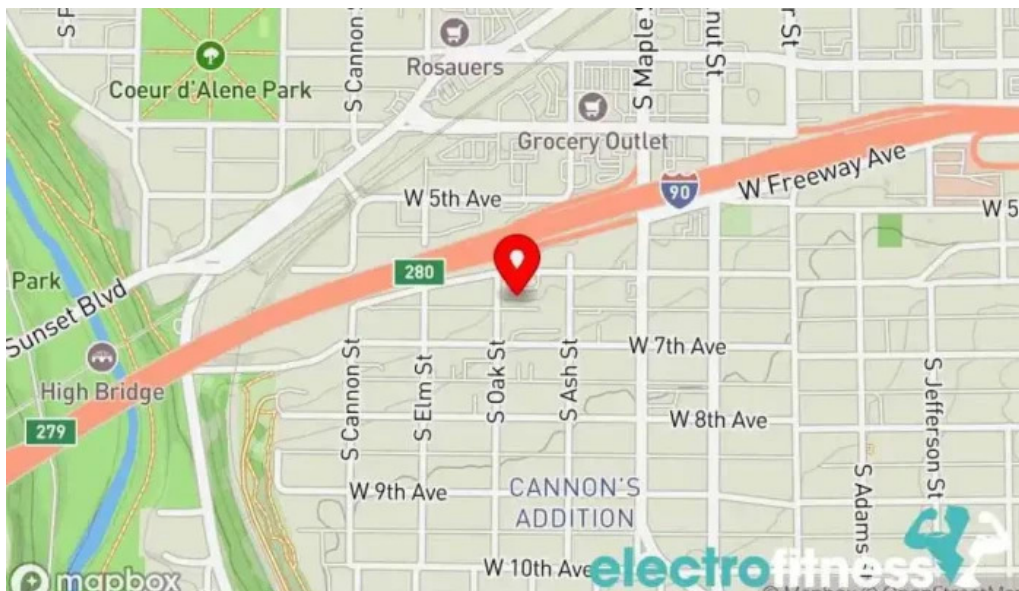
*Harmony yoga yoga*



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*Harmony yoga map*





*Harmony yoga by owner*



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## Tags

*Online classes, Wheelchair-accessible car park, Toilet, Accessibility, Wheelchair-accessible entrance, Service options, Wheelchair-accessible toilet, Amenities*

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<b>5.0 *</b>	<i>Falls River Yoga - Northfield Falls</i>
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<b>4.6 *</b>	<i>True Yoga Vermont - Rutland</i>
<b>5.0 *</b>	<i>Gaia Flow Yoga Addison - Addison</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor

country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school



massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer

supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization