

## Hotworx - Spokane, Wa - North - Spokane

spokane

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## *Hotworx - Spokane, Wa - North - Spokane*

### **Welcome to HOTWORX - Spokane, WA - North**

Located in the heart of Spokane, Washington, **\*\*HOTWORX\*\*** is an innovative fitness studio that combines infrared sauna technology with a variety of high-intensity workouts. This unique environment offers a diverse range of **\*\*on-site services\*\*** perfect for individuals looking to transform their fitness journey.

### **Accessibility and Amenities**

One significant feature that sets HOTWORX apart is its commitment to **accessibility**. The studio provides a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring everyone can enjoy the benefits of the workouts. The **gender-neutral toilets** and **LGBTQ+ friendly** policies further emphasize the studio's inclusivity, making it a **transgender safe space** where all individuals feel welcome and comfortable.

## **Planning Your Visit**

When planning your visit, it's important to note that **appointments are recommended** to secure your spot in the various workout sessions offered. The flexibility of scheduling allows members to fit their workouts into hectic lives, making it a hit among busy professionals and parents alike.

## **Unique Workout Experience**

The essence of HOTWORX lies in its innovative approach to fitness. Members rave about the variety of workouts available, from isolation routines to group classes designed to maximize caloric burn. Moreover, the incorporation of infrared saunas into workouts not only enhances endurance but also aids in recovery, making every session highly effective.

## **Community & Support**

Members commonly mention the supportive atmosphere fostered by the HOTWORX team. Staff members, including manager Kat, are praised for their friendliness and professionalism, creating a welcoming environment that encourages participation. As one member noted, "The staff is amazing, especially Kat; they are all so helpful and nice." The sense of community extends beyond workouts, as the studio frequently hosts incentive programs to motivate members and build camaraderie. Clients appreciate being able to meet new friends while pursuing their fitness goals, making the studio not just a gym, but a community hub.

## **Why Join HOTWORX?**

For those considering membership, it's crucial to understand the value offered. The **membership required** policy aligns with the quality of service and facilities provided:

- **Clean Facilities:** Members consistently commend the cleanliness of the studio, which is maintained daily to ensure a pleasant environment.
- **Affordable Options:** With reasonable fees and flexible contracts, the studio caters to various financial backgrounds while providing top-notch amenities.
- **Variety of Workouts:** From Hot Yoga sessions to weight training in the FX zone, there's something for everyone at HOTWORX. This variety keeps workouts exciting and prevents monotony from setting in.

## **Final Thoughts**

In conclusion, HOTWORX in Spokane is more than just a fitness studio—it's a

sanctuary for those seeking a fresh approach to wellness. With excellent amenities, a strong support system, and a commitment to inclusivity, this gym stands out in a crowded market. Whether you're a veteran fitness enthusiast or just starting, the experiences shared by members highlight that HOTWORX is truly a place to achieve your health and fitness goals. Come sweat it out in one of the most inviting and engaging environments in the area—your first workout awaits!

### **You can find us at**

10409 N Newport Hwy, 99218 Spokane, Washington - United States (US)

The phone number of this **Yoga studio** is +1509-508-4588

And if you want to send a WhatsApp, you can do so at +1509-508-4588

### **We look forward to seeing you at:**

Day	Hours
Monday	11?AM–8?PM
Tuesday	11?AM–8?PM
Wednesday	9?AM–6?PM
Thursday	11?AM–4?PM
Friday	Closed
Saturday	11?AM–8?PM
Sunday	11?AM–8?PM

The website is HOTWORX - Spokane, WA - North

If necessary to adjust any detail that you feel is incorrect about this portal, we urge you to send a message so that we will correct it as soon as possible. In advance we appreciate it.

## **Images**

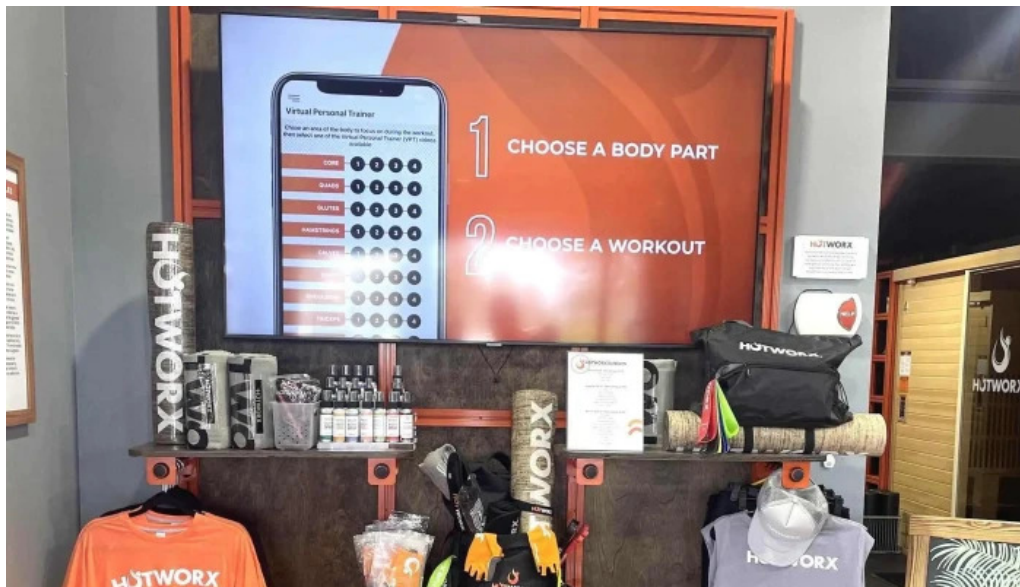


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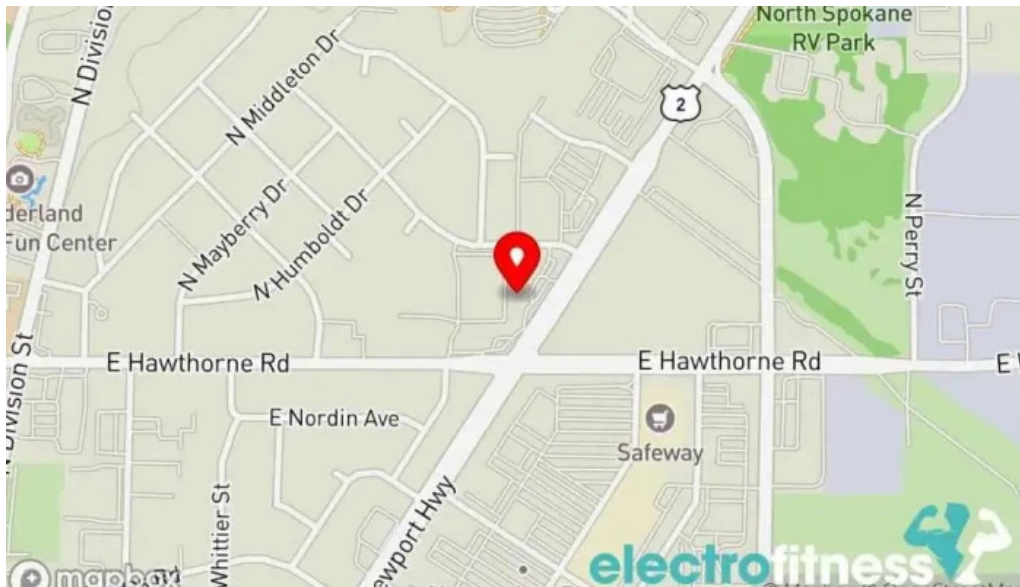


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## Tags

*Service options, LGBTQ+ friendly, Gender-neutral toilets, Identifies as women-owned, On-site services, Amenities, Wheelchair-accessible car park, Appointments recommended, Accessibility, Planning, From the business, Wheelchair-accessible entrance, Membership required, Sauna, Identifies as veteran-owned, Crowd, Toilet, Transgender safe space*

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<b>4.1 *</b>	<i>North Hanover Ymca - Hanover</i>
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basketball club
basketball court
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boot camp
boxing club
boxing gym
boxing ring
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chiropractor
church
club
coffee shop
community center

convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
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golf club
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golf instructor
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karate school
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kickboxing school
kinesiologist
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martial arts school
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medical spa
meditation center
metaphysical supply store
muay thai boxing gym
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nutritionist
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pharmacy
physical fitness program
physical therapist
physical therapy clinic
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shooting range
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