

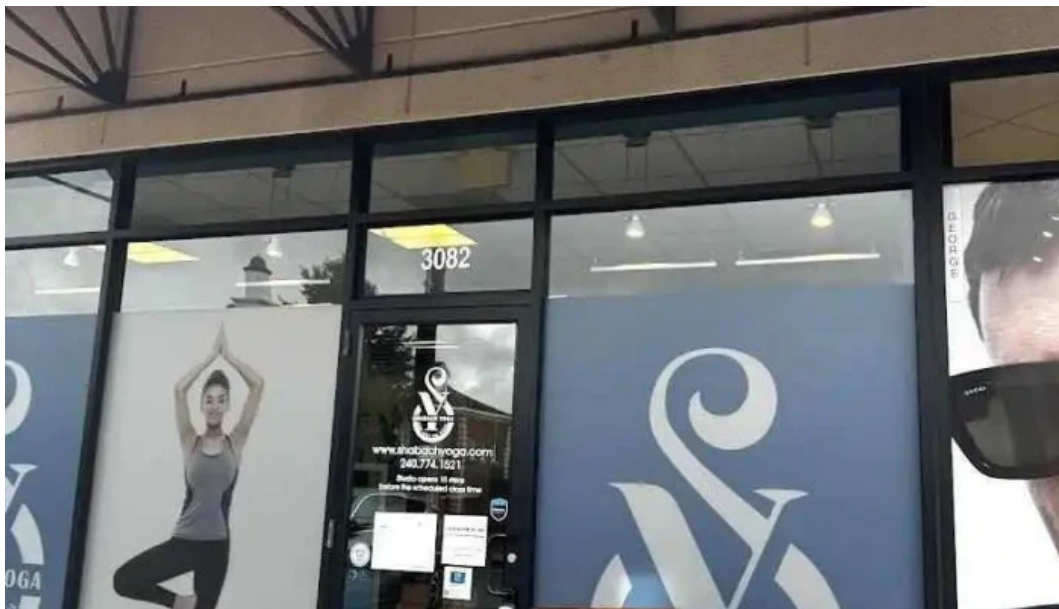
## Shabach Yoga Studio - Waldorf

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|------------------------|--------------|
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### Shabach Yoga Studio - Waldorf

#### Discover Shabach Yoga Studio: A Women-Owned Sanctuary in Waldorf, Maryland

Shabach Yoga Studio is a **women-owned** and **Black-owned** haven for yoga enthusiasts, located in Waldorf, Maryland. With its commitment to inclusivity, Shabach proudly identifies as **LGBTQ+ friendly**, ensuring that every individual feels welcome and supported. Whether you are new to yoga or a seasoned practitioner, this studio offers a variety of classes tailored to meet the needs of all.

## Accessibility Features and Amenities

Planning your visit? Shabach Yoga Studio is designed with **accessibility** in mind. The facility features a **wheelchair-accessible car park**, along with a **wheelchair-accessible toilet**. This commitment to accessibility ensures that everyone can enjoy their wellness journey without barriers.

## Service Options and On-Site Services

Shabach offers an array of **service options**, including both in-person and **online classes**, making it convenient for those with busy schedules or mobility challenges. From private sessions to community classes, you'll find what you need to elevate your practice. Appointments are recommended, allowing the instructors to provide personalized attention and support.

## Community and Supportive Atmosphere

The heart of Shabach Yoga Studio lies in its **sense of community**. Numerous testimonials highlight the welcoming atmosphere, where everyone from beginners to advanced yogis can feel safe and included. One visitor noted how the instructors create a **transgender safe space**, giving all participants the confidence to explore and express themselves freely. The warmth of the staff and members has been described as inviting and encouraging, making it easy to find your yoga tribe.

## Exclusive Offers and Discounts

Shabach values the dedication of the **active military** community by providing exclusive discounts. This appreciation extends to everyone, with a promise of a nurturing environment that prioritizes wellness, healing, and personal growth.

## Highlights of Shabach Yoga Studio

With a focus on creating a **peaceful** and **energetic** environment, Shabach offers various classes such as Hot Yoga, Yin Yoga, and unique sessions like Chakra Balancing. These offerings are complemented by thoughtful **amenities** including mats, blocks, and blankets to enhance your experience. As one satisfied visitor shared, "The atmosphere was totally peaceful," emphasizing the studio's transformative essence.

## Join the Shabach Community Today!

If you're ready to embark on your yoga journey in a supportive and vibrant

space, Shabach Yoga Studio is waiting for you! The welcoming team is dedicated to ensuring your experience is fulfilling and enriching. Sign up today for a class or special session and discover what makes Shabach a beloved part of the Waldorf community.

In conclusion, Shabach Yoga Studio not only fosters physical wellness through yoga but also cultivates a strong sense of belonging among its members. Experience the growth that comes from surrendering to your practice in a space designed for rejuvenation and peace.

### **You will find us at**

*3082 Waldorf Market Pl, 20603 Waldorf, Maryland - United States (US)*

The contact phone of said **Yoga studio** is +1240-774-1521

And if you want to send a WhatsApp, you can do so at +1240-774-1521

### **Visit us during the following hours:**

Day Hours

Monday

*10:30?AM–12?PM 1:45–3?PM*

Tuesday

*11:45?AM–1?PM 6:30–8:30?PM*

Wednesday

*5–9?PM*

Thursday

*11:45?AM–1?PM 6:30–9?PM*

Friday

*5–9?PM*

Saturday

*11:45?AM–1:45?PM*

Sunday

*9–11:30?AM*

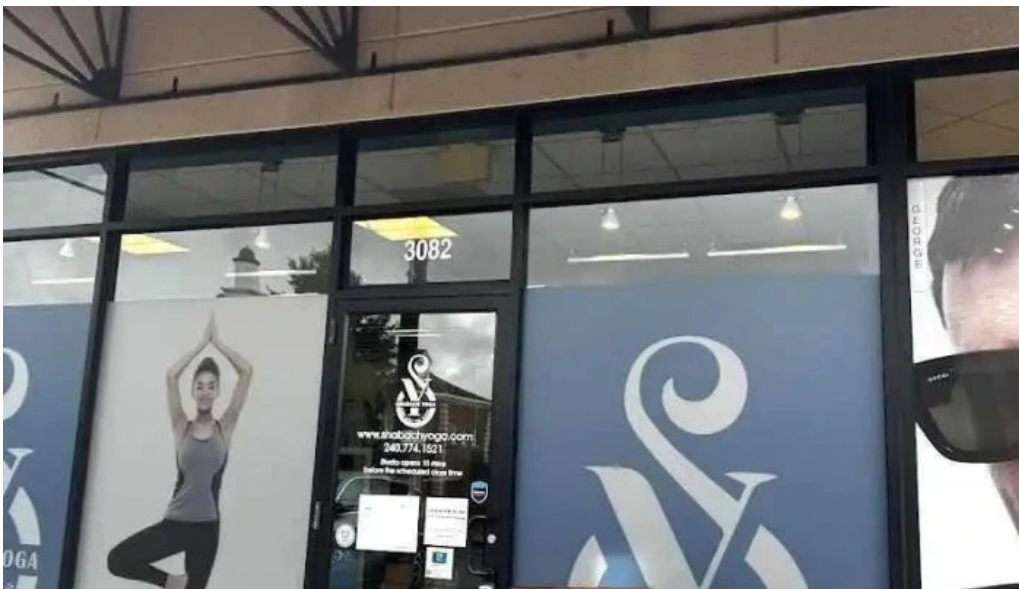
The website is [Shabach Yoga Studio](#)

In case you want to alter any information that you think is incorrect related to this site, we kindly request deliver a message so we can we will handle it as soon as possible. With anticipation thanks for your cooperation.

## **Images**



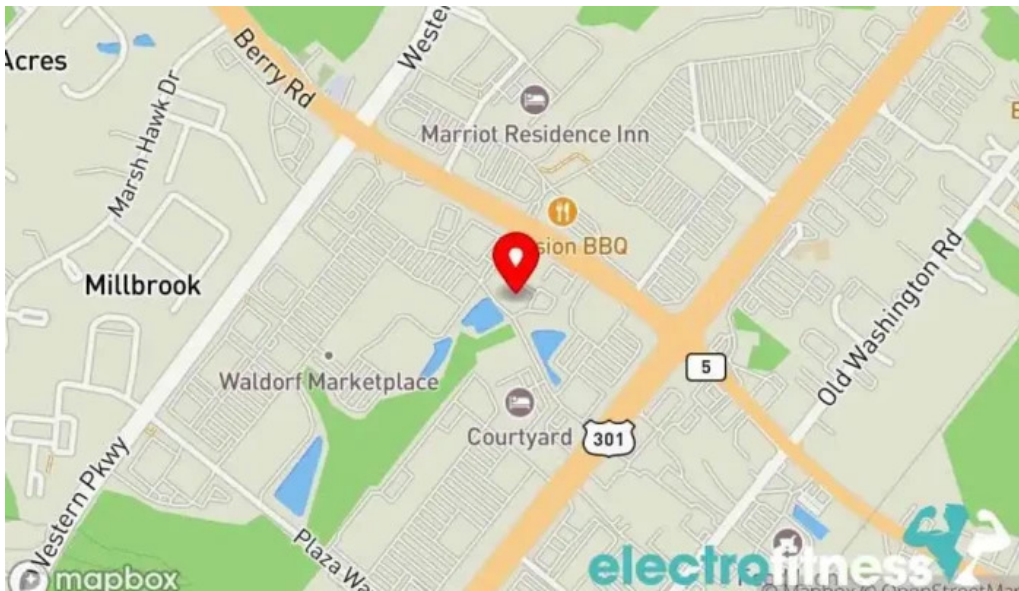
*Shabach yoga studio yoga studio*



*Shabach yoga studio waldorf*



*Shabach yoga studio street view 360deg*



*Shabach yoga studio map*



Shabach yoga studio by owner



Shabach yoga studio all

## Tags

*Appointment required, Wheelchair-accessible toilet, From the business, Transgender safe space, Service options, Accessibility, Appointments recommended, Active military discounts, Amenities, Toilet, Identifies as Black-owned, Planning, Identifies as women-owned, Wheelchair-accessible car park, Crowd, On-site services, LGBTQ+ friendly, Online classes, Highlights*

## Related content

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4.8 \* [GoodWolf Power Yoga Studio - Lafayette](#)

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5.0 \* [Sc Faith Yoga - Abbeville](#)

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5.0 \* [The Space Yoga Studio - Lafayette](#)

|       |  |
|-------|--|
| 4.9 * | <i>Abilene Yoga House + - Abilene</i>                  |
| 4.0 * | <i>Sage Yoga Center - Abilene</i>                      |
| 5.0 * | <i>Hotworx - Southern Pines, Nc - Southern Pines</i>   |
| 5.0 * | <i>Abingdon Yoga Center - Abingdon</i>                 |
| 5.0 * | <i>Inspired Performance Fitness Studio - Lafayette</i> |
| 5.0 * | <i>The Yoga Room - Crown Point</i>                     |
| 5.0 * | <i>Acadiana Yoga &amp; Wellness - Lafayette</i>        |

## Categories

|                            |
|----------------------------|
| amusement park ride        |
| arena                      |
| association / organization |
| athletic club              |
| bar                        |
| body shaping class         |
| boxing gym                 |
| boxing ring                |
| children's party service   |
| chiropractor               |
| church                     |
| coffee shop                |
| community center           |
| convenience store          |
| country club               |
| dance school               |
| dollar store               |
| elementary school          |
| exercise equipment store   |
| fitness center             |
| golf club                  |
| grocery store              |
| gym                        |
| gymnastics center          |
| hair salon                 |
| health consultant          |
| health food restaurant     |

|                                |
|--------------------------------|
| hiking area                    |
| hospital                       |
| hotel                          |
| indoor cycling                 |
| jujitsu school                 |
| karate school                  |
| kickboxing school              |
| kinesiologist                  |
| kinesiotherapist               |
| martial arts club              |
| martial arts school            |
| massage therapist              |
| non-profit organization        |
| park                           |
| personal trainer               |
| physical fitness program       |
| physical therapy clinic        |
| pickleball court               |
| pilates studio                 |
| public educational institution |
| recreation center              |
| rehabilitation center          |
| rock climbing gym              |
| school district office         |
| self defense school            |
| shooting range                 |
| spa and health club            |
| sports club                    |
| sports complex                 |
| sports medicine clinic         |
| sports school                  |
| swimming instructor            |
| tennis club                    |
| thrift store                   |
| vitamin & supplements store    |
| wellness center                |
| wellness program               |
| yoga instructor                |
| yoga studio                    |