

Renu Hot Yoga - Yakima

yakima

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Renu Hot Yoga - Yakima

Renu Hot Yoga Studio: A Haven for All in Yakima, Washington

Located in the heart of Yakima, Washington, Renu Hot Yoga is more than just a yoga studio; it's a community that welcomes everyone, regardless of skill level. With a strong emphasis on **accessibility**, this **women-owned** business prides itself on being **LGBTQ+ friendly** and providing a safe space for all identities, including a **transgender safe space**. The studio features a **wheelchair-accessible entrance** and toilets, ensuring everyone can enjoy their yoga practice.

Service Options and Amenities

Renu Hot Yoga offers a variety of classes, including hot yoga and private reformer sessions. Many students have shared how the instructors, like Karissa and Azalea, create tailored experiences that cater to individual needs, enhancing both physical and mental well-being. From **online classes** to engaging in-person sessions, Renu provides the flexibility that many practitioners are looking for.

The studio is equipped with modern amenities, including **wheelchair-accessible car parks**, comfortable flooring, and **gender-neutral toilets**. After classes, guests are treated to scented cold wash rags, adding an extra touch of relaxation.

A Supportive Community

Feedback from students illustrates that Renu Hot Yoga is not just about yoga; it's about building a community. One review expressed, "I've always felt welcome regardless of my skill level," highlighting the studio's inclusive atmosphere. Another student noted that after recovering from knee replacement surgery, the Renu team sent them a get-well text, showcasing their genuine care and support.

Classes for Every Need

With a wide range of classes, Renu caters to all levels—from beginners to advanced practitioners. The 200 HR YTT (Yoga Teacher Training) program has been praised for its comprehensive curriculum, offering clear communication and hands-on teaching opportunities. Additionally, classes like prenatal yoga ensure that every individual's journey through health and wellness is supported, making it a family-friendly environment.

Accessibility and Inclusivity

Renu Hot Yoga stands out with its commitment to **accessibility** and inclusivity. Students speak highly about feeling safe and accepted, which is essential for anyone beginning their yoga journey. The studio's layout, featuring **wheelchair-accessible** facilities and accommodating schedules, allows for a seamless experience for everyone, including those serving in the **active military**.

Experience Renu Hot Yoga

Whether you're new to yoga or looking to deepen your practice, Renu Hot Yoga offers a clean, modern space where all are welcome. With free Wi-Fi, on-site services, and a vibrant atmosphere, this studio is a fantastic place to explore the transformative power of yoga.

Join the supportive crowd at Renu Hot Yoga, where you'll find not only exceptional instructors but also a community that feels like home. Don't miss out on the opportunity to enhance your physical and mental well-being—visit Renu Hot Yoga today!

Our business is located at

2209 W Nob Hill Blvd, 98902 Yakima, Washington - United States (US)

The contact line of this **Yoga studio** is +1509-367-6161

And if you want to send a WhatsApp, you can do so at +1509-367-6161

You can visit us at the following hours:

Day Hours
Monday

8–10:30?AM

Tuesday

6–7?AM 9:30–10:30?AM 2–7?PM

Wednesday

9:30–10:30?AM 2–7?PM

Thursday

6–7?AM 9:30–10:30?AM 2–7?PM

Friday

9:30–10:30?AM 2–7?PM

Saturday

6–7?AM 9:30–10:30?AM 2–7?PM

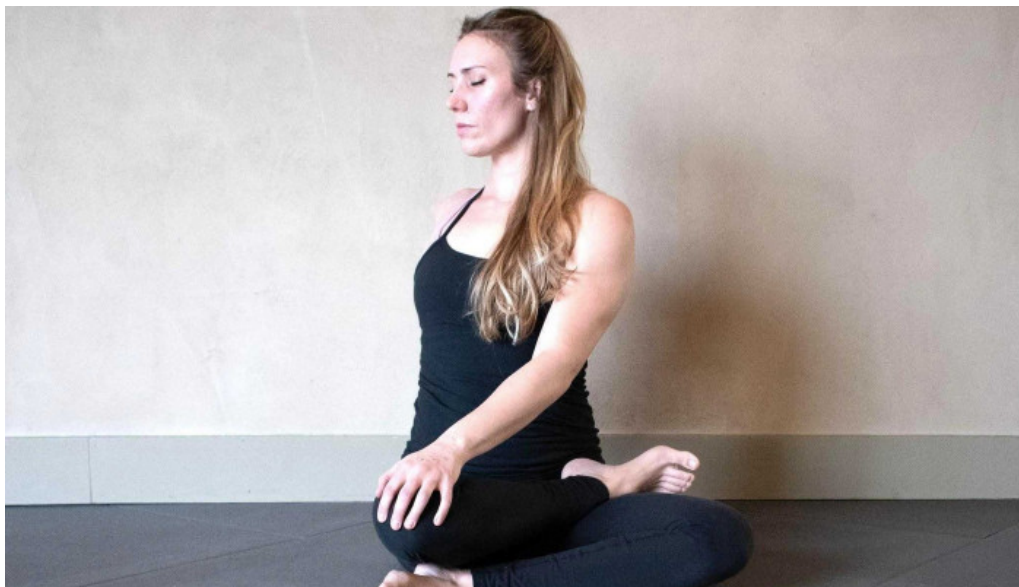
Sunday

8–10:30?AM

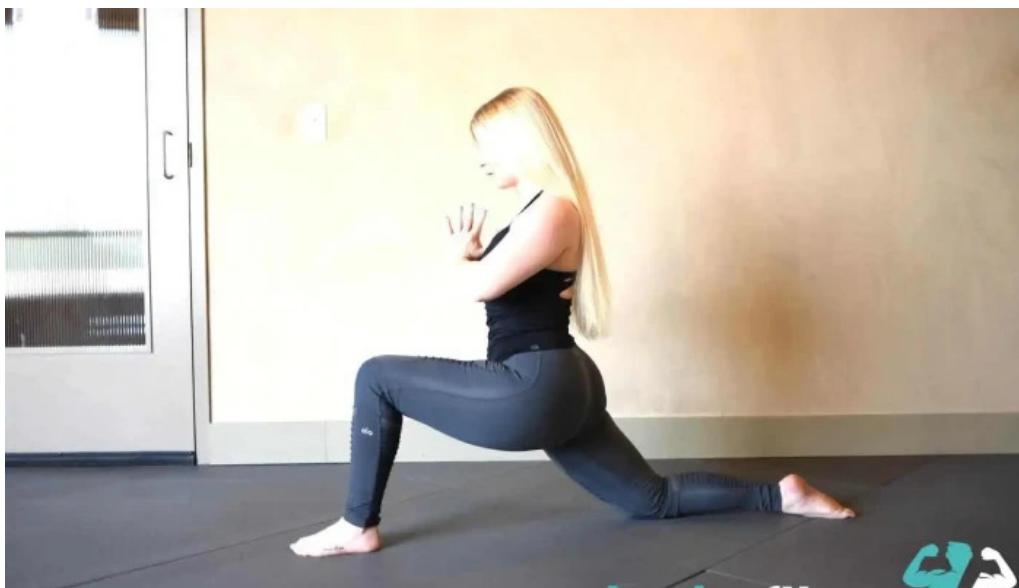
The website is Renu Hot Yoga

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Images



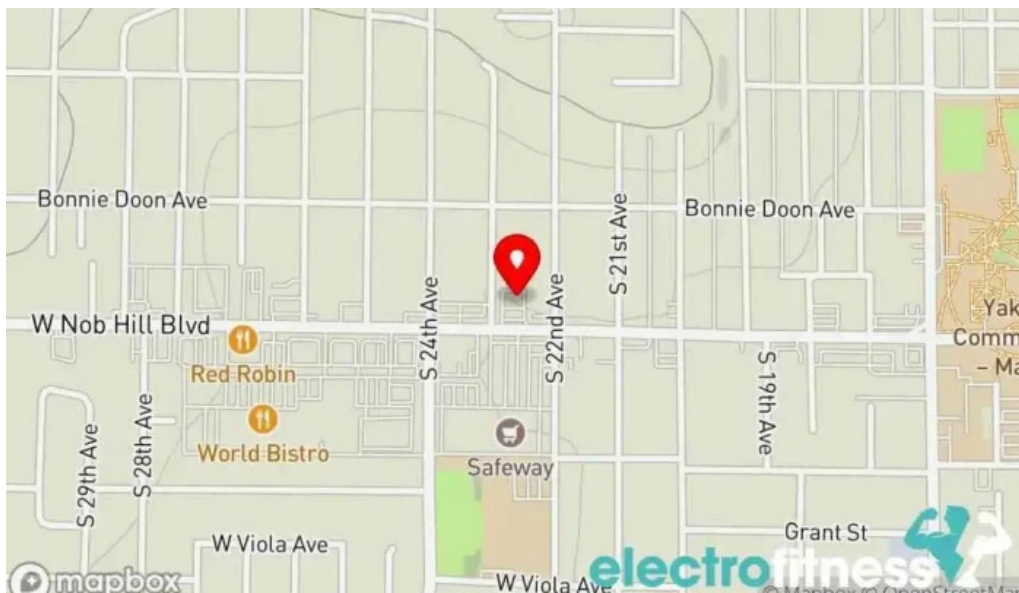
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Renu hot yoga yakima



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Renu hot yoga map



Renu hot yoga by owner



Renu hot yoga all

Tags

Transgender safe space, From the business, On-site services, Service options, Accessibility, Wheelchair-accessible car park, Active military discounts, Toilet, Online classes, Wheelchair-accessible entrance, Crowd, Highlights, Wheelchair-accessible toilet, Amenities, Gender-neutral toilets, Outdoor services, Wi-Fi, LGBTQ+ friendly, Identifies as women-owned

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